



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM SCHEDULE

EFFECTIVE: AUGUST 28TH- OCTOBER 28TH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Silver Sneakers Classic 9:00a-10:00a	Seniorobics 9:00a-10:00a	Silver Sneakers Classic 9:00a-10:00a	Seniorobics 9:00a-10:00a	Silver Sneakers Classic 9:00a-10:00a	Open Gym 8:15a-12:45p
	Open Gym 10:15a-8:45p	Open Gym 7:00a-5:45p	Open Gym 10:15a-8:45p	Open Gym 7:00a-6:00p	Silver Sneakers Yoga 10:15a-11:00a	
		Boot Camp 6:00p-7:00p		Boot Camp 6:00p-7:00p		
		Open Gym 7:15-8:45p		Open Gym 7:15-8:45p	Open Gym 11:30a-7:45p	
	Facility Closes at 9pm	Facility Closes at 9pm	Facility Closes at 9pm	Facility Closes at 9pm	Facility Closes at 8pm	
			Fun Day: October 4th 10a-12p 2p-4:30p		Fun Day: October 20th 10a-12p 2p-4:30p	

FIRESTONE PARK YMCA
350 E. WILBETH ROAD
AKRON, OHIO 44301
(330) 724-1255

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

