



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

P.S. I LOVE YOU 5K

Saturday, September 14, 2019 9:00 AM
@ The Kohl Family YMCA at University Park
477 E. Market St. Akron, OH 44304



Name: _____ Phone: _____

Email: _____ Birth Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Male Female Age on 9/14/2019: _____

T-Shirt Size (Youth M-Adult XXL): _____

___ 5K run \$20 (Early Bird Registration by August 15)

___ 5K run \$25 (Aug.16 through Sep. 13)

___ 5K run \$30 (On-site Registration—cash or check only)

___ 1-Mile Walk/Run \$5 (Early Bird Registration by August 15)

___ 1-Mile Walk/Run \$5 (Aug.16 through day-of registration)

___ Additional T-Shirt(s) \$10/shirt Size(s) requested _____

Make check payable and mail to: Hermes Sports and Events

2425 West 11th St. Suite #2 Cleveland OH 44113

For registration questions please call 216-623-9933

Register for 5K by September 1st to guarantee a shirt
(T-shirt not included in 1-Mile Run/Walk)

Release: In consideration of your acceptance of this entry, I/we hereby, for myself, my heirs, executors, and administrators, waive, release and discharge the YMCA, Hermes Sports and Events, and any additional hosts or sponsors of the PS I Love You 5K Presented by NECA/IBEW, and any agent, representative, or employee or the preceding from any and all claims, demands or causes I/we may have resulting from or arising out of my participation in the event, and I/we agree to indemnify and hold each of them harmless for any and all injuries suffered or alleged to be suffered in connection with such event. I/we also attest that I/we are physically fit and have trained sufficiently to compete in this event. We also grant permission to the Akron Area YMCA to use images of myself and/or family taken at this event for promotional purposes.

Signature (parent/guardian if under 18):

IBEW Local # 306



Akron, OH



Details and Register Online at www.akronymca.org/PSILoveYou