University Park YMCA

Lap Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 4:45a – 9:15a	Lap Swim 4:45a – 9:15a	Lap Swim 4:45a – 9:15a	Lap Swim 4:45a – 9:15a	Lap Swim 4:45a – 9:15a	Lap Swim 7:15a – 8:45a	Open Swim 11:15a – 2:30p
Aqua Aerobics 9:30a – 10:30a	Water Yoga 11:15a-12:00p	Aqua Aerobics 9:30a – 10:30a	Water Yoga 11:15a-12:00p	Aqua Aerobics 9:30a – 10:30a	**Swim Lessons*** **9:00a – 12:15p**	CFYN Swim Practice 2:30p – 4:30p
Open Swim 10:30a – 3:15p	Open Swim 11:30a – 5:45p	Open Swim 10:30a – 3:15p	Open Swim 10:30a – 5:45p	Open Swim 10:30a – 5:15p	Open Swim 12:15p – 6:45p	Open Swim 4:30p – 6:45p
Tallmadge Practice 3:15p-5:15p	Tallmadge Practice 3:15p-5:15p	Tallmadge Practice 3:15p-5:15p	Tallmadge Practice 3:15p-5:15p	Tallmadge Practice 3:15p-5:15p		
Water Fitness 5:30p – 6:30p	**Swim Lessons*** **6:00p – 7:30p**	Water Fitness 5:30p – 6:30p	**Swim Lessons*** **6:00p – 6:45p**	Water Fitness 5:30p – 6:30p		
CFYN Swim Practice 6:30p – 8:30p	Open Swim 7:30p – 9:45p	CFYN Swim Practice 6:30p – 8:30p	Open Swim 6:45p – 9:45p	CVCA Swim Practice 6:30p-8:30p		
Open Swim 8:30 -9:45p		Open Swim 8:30 – 9:45		Open Swim 6:30p – 9:45p		

***No Lap Swim or Open Swim during Swim Lessons (both pools).**

Leisure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 4:45a – 9:45p	Open Swim 4:45a – 5:45p	Open Swim 4:45a – 9:45p	Open Swim 4:45a – 5:45p	Open Swim 4:45a – 9:45p	Open Swim 7:15a – 8:45a	Open Swim 11:15a – 6:45p
	Swim Lessons* **6:00p – 7:30p**		**Swim Lessons*** **6:00p – 6:45p**		**Swim Lessons*** **9:00a – 12:15p**	
	Open Swim 7:30p – 9:45p		Open Swim 6:45p– 9:45p		Open Swim 12:15p – 6:45p	

This schedule is subject to change at any time. Please see brochure for age and swim policies.

Contact the University Park YMCA to verify times. 330-434-9622

Revised 11/2/11