University Park YMCA

Lap Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 5:15a – 9:15a	Lap Swim 5:15a – 9:15a	Lap Swim 5:15a – 9:15a	Lap Swim 5:15a – 9:15am	Lap Swim 5:15a – 9:15a	Lap Swim 7:15a – 8:45a	Open Swim 11:15a – 3:45p
Aqua Aerobics 9:30a – 10:30a	Aqua Aerobics 9:30a – 11:30a	Aqua Aerobics 9:30a – 10:30a	Aqua Aerobics 9:30a – 10:30a	Aqua Aerobics 9:30a – 10:30a	**Swim Lessons*** **9:00a – 12:15p**	
Open Swim 10:30a – 5:45p	Open Swim 11:30a – 5:45p	Open Swim 10:30a – 5:45p	Open Swim 11:30a – 5:45p	Open Swim 10:30a – 5:45p	Open Swim 12:15p – 3:45p	
Water Fitness 6:00p – 7:00p	**Swim Lessons*** **6:00p – 7:30p**	Water Fitness 6:00p – 7:00p	**Swim Lessons*** **6:00p – 7:30p**	Water Fitness 6:00p – 7:00p		
Open Swim 7:00p – 8:45p	Open Swim 7:30p – 8:45p	Open Swim 7:00p – 8:45p		Open Swim 7:00p – 8:45p		

***No Lap Swim or Open Swim during Swim Lessons (both pools).**

Leisure Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 5:15a – 8:45p	Open Swim 5:15a – 5:45p	Open Swim 5:15a – 8:45p	Open Swim 5:15a – 5:45p	Open Swim 5:15a – 8:45p	Open Swim 7:15a – 8:45a	Open Swim 11:15a – 3:45p
	Swim Lessons* **6:00p – 7:30p**		**Swim Lessons*** **6:00p – 7:30p**		**Swim Lessons*** **9:00a – 12:15p**	
	Open Swim 7:30p – 8:45p		Open Swim 7:30p – 8:45p		Open Swim 12:15p – 3:45p	

This schedule is subject to change at any time. Please see brochure for age and swim policies.
Contact the University Park YMCA to verify times. 330-434-9622

Revised 5/27/11