



# LAP POOL SCHEDULE

January 2-February 25

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	<b>5:30-8:30</b> Lap Swim	<b>5:30-6:45</b> Lap Swim-3 Swim Team -5	<b>5:30-8:00</b> Lap Swim	<b>5:30-6:45</b> Lap Swim-3 Swim Team -5	<b>5:30-8:30</b> Lap Swim	<b>6:30-8:00</b> Lap Swim -2 Swim Team -6	
5:30							
6 am							
6:30							
7 am							
7:30							
8 am							
8:30	<b>8:30-9:30</b> Aqua Aero - 4 Lap Swim - 4	<b>8-9:50</b> Aqua Aero -4 Lap Swim -4	<b>8:30-9:30</b> Aqua Aero - 4 Lap Swim - 4	<b>8-9:50</b> Aqua Aero -4 Lap Swim -4	<b>8:30-9:30</b> Aqua Aero - 4 Lap Swim - 4	<b>8:00-8:45</b> Swim Team -6 Adult Lesson-1	
9 am							
9:30							
10 am							
10:30	<b>9:30-2:00</b> Lap Swim	<b>10:00-2:00</b> Lap Swim	<b>9:30-2:00</b> Lap Swim	<b>10:00-2:00</b> Lap Swim	<b>9:30-2:00</b> Lap Swim	<b>9:00-11:30</b> Lap Swim - 4 Lessons - 4	
11 am							
11:30							
12 pm	<b>Closed during this time for High School Swim Season</b>					<b>11:30-5:45</b> Lap Swim	<b>See below for Lap Pool Closings due to Swim Meets</b>
12:30							
1 pm							
1:30							
2 pm							
2:30							
3 pm							
3:30							
4 pm							
4:30							
5 pm							
5:30	<b>5:30-7:15</b> Swim Team -4 Lessons -2	<b>5:30-7:15</b> Swim Team -5 Lessons -2	<b>5:30-7:15</b> Swim Team -5	<b>5:30-7:15</b> Swim Team -5 Lessons -2	<b>5:45-8:45</b> Lap Swim		
6 pm							
6:30	<b>7:15-8:00</b> Swim Team - 4 Aqua Aero -3	<b>7:15-8:30</b> Swim Team - 6	<b>7:15-8:00</b> Swim Team - 4 Aqua Aero -3	<b>7:15-8:30</b> Swim Team - 6			<b>Grey areas indicate the pool is closed</b>
7 pm							
7:30							
8 pm							
8:30							

**Pool Schedule & Lane Availability is subject to change.**

**Lap Pool Closings for Swim Meets: January 19 at 11:30 am; January 25 at 2:00 pm**

**WADSWORTH YMCA**  
623 School Drive  
Wadsworth, OH 44281  
P 330 334 9622  
www.akronymca.org/Wadsworth/

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.



# REC POOL SCHEDULE

January 2-February 25

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
8 am											
8:30											
9 am											
9:30						9:00-11:45 Lessons No Features					
10 am						10:00-12:30 Open Swim w/ Features		10:00-11:55 Lessons No Features	10:00-12:30 Open Swim w/ Features	10:00-11:30 Lessons No Features	10:00-12:30 Open Swim w/ Features
10:30								11:55-12:30 Open Swim w/ Features		11:30-12:30 Open Swim w/ Features	
11 am						11:45-5:30 Open Swim w/ Features					
11:30											
12 pm											
12:30							12:00-5:30 Open Swim w/ Features				
1 pm											
1:30											
2 pm											
2:30											
3 pm											
3:30	3:30-4:30 Open Swim w/ Features	3:30-4:30 Open Swim w/ Features		3:30-4:30 Open Swim w/ Features	Please note – during swim lessons in the rec pool, there will be safety breaks between each class and the pool will be cleared.						
4 pm	4:30-7:15 Lessons No Features	4:30-7:15 Lessons No Features		4:30-7:15 Lessons No Features							
4:30											
5 pm				3:30-8:30 Open Swim w/Features							
5:30				3:30-8:30 Open Swim w/Features							
6 pm				3:30-8:30 Open Swim w/Features							
6:30							Grey areas indicate the pool is closed				
7 pm											
7:30											
8 pm											

### SAFE POOLS HAVE RULES

- Swimming without a lifeguard is prohibited.
- Breath-holding activities are not permitted in Y pools.
- Keep all chairs in their proper locations and against the wall at all times.
- Shower before you enter the pool.
- Proper swimming attire must be worn at all times.
- Running on the deck, locker rooms, showers or hallways is not permitted.
- Food, pop, gum or candies are not permitted in the Aquatics Center.
- Horseplay of any kind will not be tolerated.
- Y equipment is reserved for instructor use only.

- Children must pass a swim test before they are permitted in the deep end.
- Dive only where permitted.
- Hanging on the float lines, starting block or lap lanes is not permitted.
- Starting blocks are only to be used with a Y Coach.
- Enter the water facing forward.
- Persons with bandages, open cuts and wounds are not allowed in the pool.
- The lifeguard's word is final.

### Age Policy

Children 5 & under must be accompanied by an adult into the pool. The adult must stay within arm's reach of the child at all times. Children 6-10 years old must have an adult on the pool deck while swimming.

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**Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.**

**Connect with us!**

