



# LAP POOL SCHEDULE

September 3 – October 27, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	<b>5:30a-8:45p</b> Lap Swim	<b>5:30a-2:00</b> and <b>3:00 - 8:45p</b> Lap Swim	<b>5:30a-8:45p</b> Lap Swim	<b>5:30a-2:00</b> and <b>3:00 - 8:45p</b> Lap Swim	<b>5:30a-7:45p</b> Lap Swim	<b>6:30a-3:45p</b> Lap Swim	
5:30							
6 am							
6:30							
7 am							
7:30							
8 am							
8:30	<b>8:30-9:30</b> Aqua Aero - 4 Lap Swim - 4	<b>8:00-9:50</b> Aqua Aero -4 Lap Swim - 4	<b>8:30-9:30</b> Aqua Aero - 4 Lap Swim - 4	<b>8:00-9:50</b> Aqua Aero -4 Lap Swim -4	<b>8:30-9:30</b> Aqua Aero - 4 Lap Swim - 4	<b>9:00-11:30</b> Lap Swim - 4 Lessons - 4	
9 am							
9:30							
10 am							
10:30							
11 am							
11:30							
12 pm							
12:30							
1 pm							
1:30							
2 pm		Closed 2-3p		Closed 2-3p			
2:30							
3 pm							
3:30							
4 pm							
4:30							
5 pm	<b>4:45-7:10</b> Lessons -2/3	<b>4:45-7:10</b> Lessons -2/3	<b>6:00-8:30</b> Swim Team -4/5	<b>4:45-7:10</b> Lessons -3	<b>4:45-7:10</b> Lessons -3	<b>Great Evening For A Family Swim!</b>	
5:30							
6 pm	<b>6:00-8:30</b> Swim Team -4/5	<b>6:00-8:30</b> Swim Team -4/5	<b>6:00-8:30</b> Swim Team -4/5	<b>6:00-8:30</b> Swim Team -4/5	<b>6:00-8:30</b> Swim Team -4/5		
6:30							
6:30	<b>7:15-8:00</b> Aqua Aero -3		<b>7:15-8:00</b> Aqua Aero -3				
7 pm							
7:30							
8 pm							
8:30							

Grey areas indicate the pool is closed

**Pool Schedule & Lane Availability is subject to change.**  
1 or more lanes are available for lap swimming throughout evening programs.

Wadsworth Waves Swim Team Practices Begin September 16<sup>th</sup>: 6:00-8:30pm, Mon-Thurs.  
The Waves will hold a Placement Swim to Evaluate Swimmers on September 9<sup>th</sup>  
Wadsworth Grizzlies High School Swim Team will begin Preseason in late October: 2:45 – 5:30pm  
Home Swim Meets will be posted on the lap pool doors in advance

**WADSWORTH YMCA**  
623 School Drive  
Wadsworth, OH 44281  
P 330 334 9622  
www.akronymca.org/Wadsworth/

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.



# REC POOL SCHEDULE

September 3–October 27, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 am	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;">Water Features will be off during lessons</div> <div style="width: 45%;">Grey areas indicate the pool is closed</div> </div>						
8:30							
9 am						9:00–11:45 Lessons	
9:30							
10 am	10:00–12:30	10:00–12:30	10:00–12:30	10:00–12:30	10:00–7:30		
10:30	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim		
11 am		10:00–12:15 Lessons			11:30–12:15 Lessons		
11:30						11:45–3:30 Open Swim With Features	
12 pm							
12:30	Rec Pool Closed – Please check Lap Pool Hours						12:00–3:30 Open Swim
1 pm							
1:30							
2 pm							
2:30							
3 pm							
3:30	3:30–8:30	3:30–8:30	3:30–8:30	3:30–8:30			
4 pm	Open Swim	Open Swim	Open Swim	Open Swim			
4:30	4:30–7:00 Lessons	4:30–7:00 Lessons		4:30–7:00 Lessons			
5 pm							
5:30	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Please note – during swim lessons in the rec pool, there will be safety breaks between each class and the pool will be cleared.         </div>						
6 pm							
6:30							
7 pm							
7:30							
8 pm							

## SAFE POOLS HAVE RULES

1. Swimming without a lifeguard is prohibited.
2. Prolonged breath-holding activities are not permitted in Y pools.
3. Keep all chairs in their proper locations and against the wall at all times.
4. Shower before you enter the pool.
5. Proper swimming attire must be worn.
6. Running on the deck, locker rooms, showers or hallways is not permitted.
7. Food & Drinks + pop, gum or candies are not permitted in the Aquatics Center. **NO GLASS!**
8. Horseplay of any kind will not be tolerated.
9. Y equipment is reserved for instructor use.
10. Children must pass a swim test before swimming in deep end.
11. Dive only where permitted.
12. Hanging on the float lines, starting block or lap lanes is not permitted.
13. Starting blocks are only to be used with a Y Coach.
14. Enter the water facing forward.
15. Persons with bandages, open cuts and wounds are not allowed in the pool.
16. The lifeguard's word is final.

## Age Policy

Children 5 & under must be accompanied by an adult into the pool. The adult must stay within arm's reach of the child at all times. Children 6–11 years old must have an adult present, on the pool deck or in the water with them, while swimming. Thank you!

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Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

