



# AQUATICS SCHEDULE

TUESDAY SEPTEMBER 3RD TO  
SUNDAY OCTOBER 13TH

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MONDAY

### Lap swim:

5:00am—6:45pm (6 lanes)  
6:45pm—7:30pm (4 lanes)  
7:30pm—8:30pm (6 lanes)

### Notable activities:

Aqua Zumba 6:00-6:45pm  
Stretch and Tone 6:45pm-7:30pm

### Rec Pool Open:

5:00am-8:30pm

## THURSDAY

### Lap swim:

5:00am—8:30pm (6 lanes)

### Notable activities:

### Rec Pool Open:

5:00am-8:30pm

## TUESDAY

### Lap swim:

5:00am—5:00pm (6 lanes)  
5:00pm—5:30pm (4 lanes)  
5:30pm—6:30pm (2 lanes)  
6:30pm—7:30pm (3 lanes)  
7:30pm—8:30pm (6 lanes)

### Notable activities:

Swim Lessons 5:00pm-7:30pm  
Swim Team 6:30-7:30pm

### Rec Pool Open:

5:00am-5:00pm  
7:30pm-8:30pm

## FRIDAY

### Lap swim:

5:00am—7:30pm (6 lanes)

### Notable activities:

### Rec Pool Open:

5:00am-8:30pm

## WEDNESDAY

### Lap swim:

5:00am—5:30pm (6 lanes)  
5:30pm—6:00pm (3 lanes)  
6:00pm—7:00pm (2 lanes)  
7:00pm—7:30pm (4 lanes)  
7:30pm—8:30pm (6 lanes)

### Notable activities:

Aqua Zumba 6:00-6:45pm  
Stretch and Tone 6:45-7:30pm  
Swim Team 5:30-7:00pm

### Rec Pool Open:

5:00am-8:30pm

## SATURDAY

### Lap swim:

7:00am—9:00am (6 lanes)  
9:00am—11:30am (4 lanes)  
11:30am—4:30pm (6 lanes)

### Notable activities:

Swim Lessons 9am-11:30am

### Rec Pool Open:

7:00am—8:30am  
12:00pm—4:30pm

## SUNDAY

### Lap Swim:

12:15pm—2:00pm (3 lanes)  
2:00pm—4:30pm (6 lanes)

### Notable activities:

Swim Team 12:15-2pm

### Rec Pool Open:

12:15pm-4:30pm

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Kohl Family YMCA (330) 434-9622

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!



