



AQUATICS SCHEDULE

TUESDAY SEPTEMBER 25TH TO
SUNDAY OCTOBER 13TH

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY

Lap swim:

5:00am—6:45pm (6 lanes)
6:45pm—7:30pm (4 lanes)
7:30pm—8:30pm (6 lanes)

Notable activities:

Aqua Zumba 6:00-6:45pm
Stretch and Tone 6:45pm-7:30pm

Rec Pool Open:

5:00am-8:30pm

THURSDAY

Lap swim:

5:00am—5:00pm (6 lanes)
5:00pm—8:30pm (2 lanes)

Notable activities:

Swim Team 5pm-8:30pm

Rec Pool Open:

5:00am-8:30pm

TUESDAY

Lap swim:

5:00am—5:00pm (6 lanes)
5:00pm—7:30pm (4 lanes)
7:30pm—8:30pm (2 lanes)

Notable activities:

Swim Lessons 5:00pm-7:30pm
Swim Team 7:30pm-8:30pm

Rec Pool Open:

5:00am-5:00pm
7:30pm-8:30pm

FRIDAY

Lap swim:

5:00am—7:30pm (6 lanes)

Notable activities:

Rec Pool Open:

5:00am-7:30pm

WEDNESDAY

Lap swim:

5:00am—5:30pm (6 lanes)
5:30pm—6:00pm (3 lanes)
6:00pm—7:00pm (2 lanes)
7:00pm—7:30pm (4 lanes)
7:30pm—8:30pm (6 lanes)

Notable activities:

Aqua Zumba 6:00-6:45pm
Stretch and Tone 6:45-7:30pm
Swim Team 5:30-7:00pm

Rec Pool Open:

5:00am-8:30pm

SATURDAY

Lap swim:

7:00am—9:00am (6 lanes)
9:00am—11:30am (4 lanes)
11:30am—4:30pm (6 lanes)

Notable activities:

Swim Lessons 9am-11:30am

Rec Pool Open:

7:00am—8:30am
12:00pm—4:30pm

SUNDAY

Lap Swim:

12:15pm—2:00pm (3 lanes)
2:00pm—4:30pm (6 lanes)

Notable activities:

Swim Team 12:15-2pm

Rec Pool Open:

12:15pm-4:30pm

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Kohl Family YMCA (330) 434-9622

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!



