



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAIN LAP POOL SCHEDULE 4/22-6/02

## Spring 2024

The schedule is subject to change.  
Based on staffing issues the schedule  
can be adjusted at any time for safety.  
Please visit our branch or our website  
for up to date information.

**Key:**  
**\*Family Swim\***  
(Green Boxes)

Lap Swim & Exercise  
(White Boxes)

Adult Lap Swim & Exercise  
(Purple Boxes)

Adult Lap Swim Only During YMCA  
Programming  
(Red Boxes)

**Closed**  
(Blue Boxes)

**Lap Swim**

Please communicate respectfully with  
fellow lap swimmers in regards to  
pattern changes. Please try to be  
courteous & limit lap swim to 60  
minutes during busy times.

Adult Lap Swim is for Persons 18  
years & older.

Lap swim is for Persons 11 years (must  
be a Green Band) & older. They may  
only swim in the lap lanes during "Lap  
Swim" & with appropriate behavior.

**Flotation Devices**

Only Coast Guard  
approved flotation  
devices are permitted.

**Deep Water Test**

Must be taken by anyone 12 years  
of age & under to swim in the deep  
end. Lifeguards reserve the right to  
test any swimmer for safety  
purposes.

**For Your Safety**

Children under 6 years old must have  
an adult (18+) in the water within  
arm's reach at all times.

Ages 6-10 must have an adult (18+)  
present on the pool deck for the  
duration of their time in the pool.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:15am-8:25am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-9:30am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-8:25am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-9:30am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-8:25am  Lap Swim 4 Lanes  Exercise 2 Lanes	Closed
	8:25am-9:30am  <u>Adult Lap Swim</u> <u>2-3 Lanes</u>  Water Fitness 3-4 Lanes Closed		8:25am-9:30am  <u>Adult Lap Swim</u> <u>2-3 Lanes</u>  Water Fitness 3-4 Lanes Closed		8:25am-9:30am  <u>Adult Lap Swim</u> <u>2-3 Lanes</u>  Water Fitness 3-4 Lanes Closed	7:30am-8:45am  4 Lanes Lap Swim  Exercise 2 Lanes
	9:30am-11:00am  <u>Adult Lap Swim</u> <u>4 Lanes</u>  <u>Adult Exercise</u> <u>2 Lanes</u>	9:30am-4:30pm  <u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes	9:30am-12:30pm  <u>Adult Lap Swim</u> <u>4 Lanes</u>  <u>Adult Exercise</u> <u>2 Lanes</u>	9:30am-4:30pm  <u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes	9:30am-11:00am  <u>Adult Lap Swim</u> <u>4 Lanes</u>  <u>Adult Exercise</u> <u>2 Lanes</u>	8:45am-12:15pm  <u>Adult Lap Swim</u> <u>1 Lane</u>  Swim Lessons 5 Lanes Closed
	12:15pm-4:30pm  <u>Adult Lap Swim</u> <u>3 Lanes</u>  <b>*Family Swim*</b>  3 Lanes	11:00am-4:30pm  <u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes	12:30pm-7:30pm  <u>Adult Lap Swim</u> <u>3 Lanes</u>  <b>*Family Swim*</b> 3 Lanes		11:00am-7:30pm  <u>Adult Lap Swim</u> <u>3 Lanes</u>  <b>*Family Swim*</b> 3 Lanes	12:15pm-1:00pm  <u>Adult Lap Swim</u> <u>3 Lanes</u>  <u>Adult Exercise</u> <u>3 Lanes</u>
Closed  4:45pm	4:30pm-7:45pm  <u>Adult Lap Swim</u> <u>1 Lane</u>  Swim Lessons 5 Lanes Closed	4:30pm-7:45pm  <u>Adult Lap Swim</u> <u>1 Lane</u>  Swim Lessons 5 Lanes Closed		4:30pm-7:45pm  <u>Adult Lap Swim</u> <u>1 Lane</u>  Swim Lessons 5 Lanes Closed		1:00pm-4:30pm  <u>Adult Lap Swim</u> <u>3 Lanes</u>  <b>*Family Swim*</b> 3 Lanes
	7:45pm-8:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	7:45pm-8:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	7:30pm-8:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	7:45pm-8:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	7:30pm-7:45pm  Lap Swim 4 Lanes  Exercise 2 Lanes	Closed  4:45pm
					Closed  7:45pm	



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# RECREATION POOL SCHEDULE 4/22-6/02

## Spring 2024

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

### Key:

\*Family Swim\*  
(Green Boxes)

Adult Exercise  
(Purple Boxes)

Closed for YMCA  
Programming  
(Red Boxes)

Closed  
(Blue Boxes)

## Water Features

Typically Available but is subject to change based on pool activities & patron volume.

## Flotation Devices

Only Coast Guard approved flotation devices are permitted.

## For Your Safety

Children under 6 years old must have an adult (18+) in the water within arm's reach at all times.

Ages 6-10 must have an adult (18+) present on the pool deck for the duration of their time in the pool.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	Closed	Closed	Closed	Closed	Closed
	9:30am-11:00am Adult Exercise	9:30am-4:30pm *Family Swim*	9:30am-12:30pm Adult Exercise	9:30am-4:30pm *Family Swim*	9:30am-11:00am Adult Exercise	9:00am-1:00pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.
	11:00am-4:30pm *Family Swim*				11:00am-7:30pm *Family Swim*	
	12:15pm-4:30pm *Family Swim*		12:30pm-7:30pm *Family Swim*			1:00pm-4:30pm *Family Swim*
Closed 4:45pm	4:30pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.	4:30pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.		4:30pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.		Closed 4:45pm
	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	7:30pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	Closed 7:30pm	