



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN GYM SCHEDULE

APRIL 21ST, 2025- MAY 31ST, 2025 (THIS SCHEDULE MAY VARY ON DAYS APS HAS NO SCHOOL)

| <u>Sunday</u> | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
|---------------|--|--|--|--|--|---|
| Closed | Open Gym 6:00a-8:45a | Open Gym 6:00a-8:45a | Open Gym 6:00a-8:45a | Open Gym 6:00a-8:45a | Open Gym 6:00a-8:45a | Open Gym 8a-9a |
| | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Zumba 9a-10a |
| | Pickleball 10:00a-12:00p | Open Gym 10:00a-11:30a | Open Gym 10:00a-11:30a | Open Gym 10:00a-11:30a | Pickleball 10:00a-12:00p | Open Gym 10:00a-11:00a |
| | Open Gym 12:00p-3:00p | Bridgestone Bball 11:30a-12:30p | Bridgestone Bball 11:30a-12:30p | Bridgestone Bball 11:30a-12:30p | Open Gym 12:00p-3:00p | Taekwondo 11:00a-12:00p |
| | After School Care 3:00p-5:00p | Open Gym 12:30p-3:00p | Open Gym 12:30p-3:00p | Open Gym 12:30p-3:00p | After School Care 3:00p-6:00p | Tumbling 12:30p-2:00p |
| | Open Gym 5:00p-5:45p | After School Care 3:00p-5:00p | After School Care 3:00p-5:00p | After School Care 3:00p-5:00p | Open Gym 6:00p-7:50p | 1/2 Open Gym 12:00p-1:50p |
| | Group Exercise Classes 6:00p-8:00p | Youth Sports Classes 5:00p-7:00p | Taekwondo 5:00p-6:00p | Youth Sports Classes 5:00p-6:00p | <i>Facility Closes at 8pm</i> | <i>Facility Closes at 2pm</i> |
| | Open Gym 8:00p-8:50p | Open Gym 7:00p-8:50p | Group Exercise Classes 6:00p-8:00p | Open Gym 6:00p-8:50p | | |
| | <i>Facility Closes at 9pm</i> | <i>Facility Closes at 9pm</i> | Open Gym 8:00p-8:50p | <i>Facility Closes at 9pm</i> | | |
| | | | <i>Facility Closes at 9pm</i> | | | |

FIRESTONE PARK YMCA
350 E. WILBETH ROAD
AKRON, OHIO 44301
(330) 724-1255

akronymca.org

The Y strives to make
programs and membership
available to all. Financial
assistance may be available
to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

