



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAIN LAP POOL SCHEDULE 4/21-4/30

## Spring 1 2025

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

**Key:**  
**\*Family Swim\***  
(Green Boxes)

Lap Swim & Exercise  
(White Boxes)

Adult Lap Swim & Exercise  
(Purple Boxes)

Adult Lap Swim Only During YMCA Programming  
(Red Boxes)

**Closed**  
(Blue Boxes)

**Lap Swim**

Please communicate respectfully with fellow lap swimmers in regards to pattern changes. Please try to be courteous & limit lap swim to 60 minutes during busy times.

Adult Lap Swim is for Persons 18 years & older.

Lap swim is for Persons 11 years (must be a Green Band) & older. They may only swim in the lap lanes during "Lap Swim" & with appropriate behavior.

### Flotation Devices

Only Coast Guard approved flotation devices are permitted.

### Deep Water Test

Must be taken by anyone 12 years of age & under to swim in the deep end. Lifeguards reserve the right to test any swimmer of any age for safety purposes.

### For Your Safety

**Children under 6 years old must have an adult (18+) in the water within arm's reach at all times.**

**Ages 6-10 must have an adult (18+) present on the pool deck for the duration of their time in the pool.**

### Safety Breaks

Will be taken On the :50 of each hour as needed. We will call Safety Breaks with a long whistle blast & everyone under the age of 18 or those adults in the least used Pool will be required to exit the pool until the Safety Break ends. People will not be permitted to re-enter the Pool until the Lifeguards call the end of the Safety Break with a long whistle blast.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:15am-8:25am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-10:00am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-8:25am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-10:00am  Lap Swim 4 Lanes  Exercise 2 Lanes	6:15am-8:25am  Lap Swim 4 Lanes  Exercise 2 Lanes	Closed
	8:25am-9:45am <u>Adult Lap Swim</u> <u>2-3 Lanes</u>		8:25am-9:45am <u>Adult Lap Swim</u> <u>2-3 Lanes</u>		8:25am-9:45am <u>Adult Lap Swim</u> <u>2-3 Lanes</u>	7:30am-8:45am  4 Lanes Lap Swim  Exercise 2 Lanes
	Water Fitness 3-4 Lanes Closed		Water Fitness 3-4 Lanes Closed		Water Fitness 3-4 Lanes Closed	8:45am-12:15pm <u>Adult Lap Swim</u> <u>1 Lane</u>
	9:45am-11:00am  Lap Swim 4 Lanes  Exercise 2 Lanes	10:00am-4:45pm <u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes	9:45am-12:00pm  Lap Swim 4 Lanes  Exercise 2 Lanes  Exercise 2 Lanes	10:00am-4:45pm <u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes	9:45am-11:00am  Lap Swim 4 Lanes  Exercise 2 Lanes  Exercise 2 Lanes	Swim Lessons 5 Lanes Closed
	11:00am-4:45pm				11:00am-7:00pm	12:15pm-1:00pm <u>Adult Lap Swim</u> <u>3 Lanes</u>
	12:15pm-4:30pm <u>Adult Lap Swim</u> <u>3 Lanes</u>  <b>*Family Swim*</b>  3 Lanes	<u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes	12:00pm-7:45pm <u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes		<u>Adult Lap Swim</u> <u>4 Lanes</u>  <b>*Family Swim*</b> 2 Lanes	Adult Exercise 3 Lanes
						1:00pm-4:30pm <u>Adult Lap Swim</u> <u>3 Lanes</u>  <b>*Family Swim*</b> 3 Lanes
	4:30pm-4:45pm  Lap Swim 4 Lanes  Exercise 2 Lanes	4:45pm-7:45pm <u>Adult Lap Swim</u> <u>1 Lane</u>  Swim Lessons 5 Lanes Closed	4:45pm-7:45pm <u>Adult Lap Swim</u> <u>1 Lane</u>  Swim Lessons 5 Lanes Closed	4:45pm-7:45pm <u>Adult Lap Swim</u> <u>1 Lane</u>  Swim Lessons 5 Lanes Closed		4:30pm-4:45pm  Lap Swim 4 Lanes  Exercise 2 Lanes
	Closed 4:45pm	7:45pm-8:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	7:45pm-8:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	7:45pm-8:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	7:00pm-7:30pm  Lap Swim 4 Lanes  Exercise 2 Lanes	Closed 4:45pm
					Closed 7:30pm	



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# RECREATION POOL SCHEDULE 4/21-4/30

## Spring 2025

The schedule is subject to change.  
Based on staffing issues the  
schedule can be adjusted at any  
time for safety. Please visit our  
branch or our website for up to  
date information.

### Key:

\*Family Swim\*  
(Green Boxes)

Adult Exercise  
(Purple Boxes)

Closed for YMCA  
Programming  
(Red Boxes)

Closed  
(Blue Boxes)

### Water Features

Typically Available but is subject  
to change based on pool  
activities & patron volume.

### Flotation Devices

Only Coast Guard  
approved flotation  
devices are permitted.

## For Your Safety

Children under 6  
years old must have  
an adult (18+) in  
the water within  
arm's reach at all  
times.

Ages 6-10 must  
have an adult (18+)  
present on the pool  
deck for the dura-  
tion of their time in  
the pool.

### Safety Breaks

Will be taken On the :50 of each  
hour as needed. We will call  
Safety Breaks with a long whistle  
blast & everyone under the age  
of 18 or those adults in the least  
used Pool will be required to exit  
the pool until the Safety Break  
ends. People will not be  
permitted to re-enter the Pool  
until the Lifeguards call the end  
of the Safety Break with a long  
whistle blast.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	Closed	Closed	Closed	Closed	Closed
	9:30am-11:00am Adult Exercise	10:00am-4:45pm *Family Swim*	9:30am-12:00pm Adult Exercise	10:00am-4:45pm *Family Swim*	9:45am-11:00am Adult Exercise	9:00am-1:00pm Closed for YMCA Swim Lessons  Ask Us About Swim Lessons!  Stop at the Front Desk.
	11:00am-4:45pm *Family Swim*		12:00pm-7:45pm *Family Swim*		11:00am-4:45pm *Family Swim*	1:00pm-4:30pm *Family Swim*
	12:15pm-4:30pm *Family Swim*					
Closed 4:45pm	4:45pm-7:45pm Closed for YMCA Swim Lessons  Ask Us About Swim Lessons!  Stop at the Front Desk.	4:45pm-7:45pm Closed for YMCA Swim Lessons  Ask Us About Swim Lessons!  Stop at the Front Desk.		4:45pm-7:45pm Closed for YMCA Swim Lessons  Ask Us About Swim Lessons!  Stop at the Front Desk.		Closed 4:45pm
	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	Closed 7:00pm	