



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Summer (06/08-08/30)

Aquatics

Summer Splash

Youth ages 5-13 are invited to this multi-level swim lesson, that combines a half hour of class (in the lap pool) with a half hour of play (in the rec pool). Great for families with children at different levels. We will divide swimmers up into groups for lessons.

Ses	Days & Times	Ages	Mem/Program
Summer	Tuesdays 11:15am-12:15	Summer Spl 5-13	\$70.00/\$130.00
Summer	Thursdays 11:15am-12:15	Summer Sp 5-13	\$70.00/\$130.00
Summer	Tuesdays 3:00-4:00pm	Summer Splas 5-13	\$70.00/\$130.00
Summer	Thursdays 3:00-4:00pm	Summer Spla 5-13	\$70.00/\$130.00

7-week class beginning Tues. 6/10 or Thur, 6/12 (No PM class Tues, June 17 or Thur, July 3)

Parent/Child Stage A Water Discovery

Parents accompany children in stage A, which introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Wed 9:00-9:30AM	Max 3	\$45.00/\$85.00
Summer	Summer 2 Wed 9:50-10:20am A&B	Max 3	\$45.00/\$85.00
Summer	Summer 1 Wed 5:00-5:30PM	Max 3	\$45.00/\$85.00
Summer	Summer 2 Wed 5:00-5:30PM	Max 3	\$45.00/\$85.00
Summer	Summer 1 Sat 9:00-9:30AM	Max 3	\$45.00/\$85.00
Summer	Summer 2 Sat 9:00-9:30AM	Max 3	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No class Saturday, July 5) Summer 2: July 20 - August 23

Parent/Child Stage B Water Exploration

In stage B, parents work with their children to explore body positions, floating, blowing bubbles, and fundamental safety and aquatic skills.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Wed 9:45-10:15AM	Max 3	\$45.00/\$85.00
Summer	Summer 1 Wed 5:35-6:05PM	Max 3	\$45.00/\$85.00
Summer	Summer 2 Wed 5:35-6:05PM	Max 3	\$45.00/\$85.00
Summer	Summer 1 Sat 9:40-10:10AM	Max 3	\$45.00/\$85.00
Summer	Summer 2 Sat 9:40-10:10AM	Max 3	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No class Saturday, July 5) Summer 2: July 20 - August 23

Preschool Stage 1 Water Acclimation

Students develop comfort with underwater exploration and learn to safely exit in the event of falling into a body of water. This stage lays the foundation that allows for a student's future progress in swimming.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tues 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Tues 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Tues 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Tues 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 9:00-9:30AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 9:45-10:15am	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 6:10-6:40PM Parent/C	2-3	\$45.00/\$85.00
Summer	Summer 2 Wed 6:10-6:40PM Parent/C	2-3	\$45.00/\$85.00
Summer	Summer 1 Thurs 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Thurs 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Thurs 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Thurs 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 9:00-9:30AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 9:00-9:30AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 10:20-10:50AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 10:20-10:50AM	3-5	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Preschool Stage 2 Water Movement

Students focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tues 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Tues 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Tues 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Tues 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 9:00-9:30AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 9:45-10:15AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Wed 11:10-11:40AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Thurs 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Thurs 5:15-5:45PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Thurs 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Thurs 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 9:40-10:10AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 9:40-10:10AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 10:20-10:50AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 10:20-10:50AM	3-5	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

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Wadsworth YMCA

Summer (06/08-08/30)

Aquatics

Preschool Stage 3 Water Stamina

Students learn how to swim to safety from a longer distance than in previous stages in the event of falling into a body of water. This stage also introduces rhythmic breathing and integrated arm and leg action.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tues 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Tues 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Tues 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Tues 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 9:45-10:15AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 10:30-11:00	3-5	\$45.00/\$85.00
Summer	Summer 1 Thurs 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Thurs 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Thurs 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Thurs 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 9:40-10:10AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 9:40-10:10AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 10:20-10:50AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 10:20-10:50AM	3-5	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Preschool Stage 4 Stroke Introduction

Students develop stroke technique in front crawl and back crawl and learn the breaststroke kick and butterfly kick. Water safety is reinforced through treading water and elementary backstroke.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tues 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Tues 4:40-5:10PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Wed 10:30-11:00AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Thurs 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 2 Thurs 5:55-6:25PM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 9:55-10:25AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 9:55-10:25AM	3-5	\$45.00/\$85.00
Summer	Summer 1 Sat 10:45-11:15AM	3-5	\$45.00/\$85.00
Summer	Summer 2 Sat 10:45-11:15AM	3-5	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Youth Stage 1 Water Acclimation

Students develop comfort with underwater exploration and learn to safely exit in the event of falling into a body of water. This stage lays the foundation that allows for a student's future progress in swimming.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tuesday 5:15-5:45 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Tuesday 5:15-5:45PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Wednesday 9:00-9:30AM	6-12	\$45.00/\$85.00
Summer	Summer 1 Thursday 5:15-5:45PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Thursday 5:15-5:45PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 9:00-9:30AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 9:00-9:30AM	6-12	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Youth Stage 2 Water Movement

Students focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tuesday 4:40-5:10 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Tuesday 4:40-5:10 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Tuesday 5:55-6:25PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Tuesday 5:55-6:25PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Thursday 4:40-5:10PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Thursday 4:40-5:10PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Thursday 5:15-5:45 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Thursday 5:15-5:45 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 9:55-10:25 AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 9:55-10:25 AM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 10:45-11:15 AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 10:45-11:15 AM	6-12	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

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Aquatics

Youth Stage 3 Water Stamina

Students learn how to swim to safety from a longer distance than in previous stages in the event of falling into a body of water. This stage also introduces rhythmic breathing and integrated arm and leg action.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tuesday 5:15-5:45 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Tuesday 5:15-5:45 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Thursday 4:40-5:10 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Thursday 4:40-5:10 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 9:55-10:25 AM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 9:55-10:25 AM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 10:45-11:15 AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 10:45-11:15 AM	6-12	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Youth Stage 4 Stroke Introduction

Students develop stroke technique in front crawl and back crawl and learn the breaststroke kick and butterfly kick. Water safety is reinforced through treading water and elementary backstroke.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tuesday 5:55-6:40 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Tuesday 5:55-6:40 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Thursday 5:55-6:40 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Thursday 5:55-6:40 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 9:55-10:40 AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 9:55-10:40 AM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 10:45-11:30 AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 10:45-11:30 AM	6-12	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Youth Stage 5 Stroke Development

Students work on stroke technique and learn all major competitive strokes. The emphasis on water safety continues through treading water and sidestroke.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tuesday 4:40-5:25 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Tuesday 4:40-5:25 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Thursday 5:30-6:15 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Thursday 5:30-6:15 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 9-9:45 AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 9-9:45 AM	6-12	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Youth Stage 6 Stroke Mechanics

Students refine stroke technique on all major competitive strokes, learn about competitive swimming, and discover how to incorporate swimming into a healthy lifestyle.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tuesday 5:30-6:15 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Tuesday 5:30-6:15 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Thursday 4:40-5:25 PM	6-12	\$45.00/\$85.00
Summer	Summer 2 Thursday 4:40-5:25 PM	6-12	\$45.00/\$85.00
Summer	Summer 1 Saturday 9-9:45 AM	6-12	\$45.00/\$85.00
Summer	Summer 2 Saturday 9-9:45 AM	6-12	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class 6/17 & 7/3 and no class 7/5) Summer 2: July 20 - August 23

Pathways Completed All Stages

Must have completed all previous swim lesson stages 1-6. Classes provide opportunities for leadership development and advanced stroke work. Schedules and age requirements may be specific to the class.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Sat 9:00-11:00 AM JR GUA	12-15	\$45.00/\$85.00
Summer	Summer 2 Sat 9:45-10:45 am Games	12-15	\$35.00/\$70.00
Summer	Summer 1 Sat 9:00-9:45 AM Enduranc	10-15	\$45.00/\$85.00
Summer	Summer 2 Sat 9:00-10:30 AM JR INST	11-15	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No class Saturday, July 5) Summer 2: July 20 - August 23

Drew Howell Adaptive Swim Program

This parent/child swim session is designed for parents to swim with their child in a warm water setting. Parents will have the opportunity to work with their child under the guidance of an instructor.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Tues 7:00-7:30 pm Parent/C	4-10	\$45.00/\$85.00
Summer	Summer 2 Tues 7:00-7:30 pm Parent/C	4-10	\$45.00/\$85.00
Summer	Summer 1 Wed 10:30-11:00 am Parent	6-12	\$45.00/\$85.00
Summer	Summer 2 Wed 10:30-11:00 am Parent	6-12	\$45.00/\$85.00

Summer 1: June 8 - July 12 (No PM class Tuesday, June 17) Summer 2: July 20 - August 23

Teen/Adult Group Swim Lessons

Introduction to swim skills for teens and adults.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Thursday 6:20-6:50 pm	13-99	\$60.00/\$115.00
Summer	Summer 2 Thursday 6:20-6:50 pm	13-99	\$60.00/\$115.00

Summer 1: June 8 - July 12 (No PM class Thursday, July 3) Summer 2: July 20 - August 23

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Aquatics

Aqua Aerobics

Aqua Aerobics (16 years and up) Aqua Aerobics is similar to a Land Aerobics class, but adapted for the unique properties of the water. The water's resistance provides a low-impact, high-intensity workout without the need for swimming skills. Aqua aerobics is held in both shallow and deep parts of the pool.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Mon 9:00 - 9:50am	16-99	\$15.00/\$55.00
Summer	Summer 2 Mon 9:00 - 9:50am	16-99	\$15.00/\$55.00
Summer	Summer Mon 6:30-7:15pm Grizzly Poo	16-99	\$40.00/\$100.00
Summer	Summer 1 Tues 8:00 - 8:50am	16-99	\$15.00/\$55.00
Summer	Summer 2 Tues 8:00 - 8:50am	16-99	\$15.00/\$55.00
Summer	Summer 1 Wed 9:00 - 9:50am	16-99	\$15.00/\$55.00
Summer	Summer 2 Wed 9:00 - 9:50am	16-99	\$15.00/\$55.00
Summer	Summer 1 Thurs 7:30-8:20am	16-99	\$15.00/\$55.00
Summer	Summer 2 Thurs 7:30-8:20am	16-99	\$15.00/\$55.00
Summer	Summer 1 Fri 8:30-9:20am HIIT Class	16-99	\$15.00/\$55.00
Summer	Summer 2 Fri 8:30-9:20a HIIT Class	16-99	\$15.00/\$55.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Deep Water Aqua Aerobics

A very-low impact aerobic exercise class held in the deep end of the lap pool. Participants are invited to bring a flotation belt or borrow one of ours. This class finishes up in the shallow end of the pool with stretching and flexibility exercises.

Ses	Days & Times	Ages	Mem/Program
Summer	ummer 1 Tues 9:00 - 9:50 am	16-99	\$15.00/\$55.00
Summer	Summer 2 Tues 9:00 - 9:50 am	16-99	\$15.00/\$55.00
Summer	Summer 1 Thurs 9:00 - 9:50 am	16-99	\$15.00/\$55.00
Summer	Summer 2 Thurs 9:00 - 9:50 am	16-99	\$15.00/\$55.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Warm Water Arthritis Class

Instructor led exercise in the warm water therapy pool.

Please arrive no more than 10 minutes before class, dressed to swim, to avoid overcrowding the changing rooms. Family changing rooms are available for use as needed.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Monday 8:00 - 8:45 am	18-99	\$20.00/\$65.00
Summer	Summer 2 Monday 8:00-8:45 am	18-99	\$20.00/\$65.00
Summer	Summer 1 Monday 9:00 - 9:45 am	18-99	\$20.00/\$65.00
Summer	Summer 2 Monday 9:00-9:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Monday 10:00 - 10:45 am	18-99	\$20.00/\$65.00
Summer	Summer 2 Monday 10:00-10:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Monday 11:00 - 11:45 am	18-99	\$20.00/\$65.00
Summer	Summer 2 Monday 11:00-11:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Monday 7:00-7:45pm	18-99	\$20.00/\$65.00
Summer	Summer 2 Monday 7:00-7:45pm	18-99	\$20.00/\$65.00
Summer	Summer 1 Wednesday 8:00-8:45am	18-99	\$20.00/\$65.00
Summer	Summer 2 Wednesday 8:00-8:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Wednesday 9:00-9:45am	18-99	\$20.00/\$65.00
Summer	Summer 2 Wednesday 9:00-9:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Wednesday 10:00-10:45am	18-99	\$20.00/\$65.00
Summer	Summer 2 Wednesday 10:00-10:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Wednesday 11:00-11:45am	18-99	\$20.00/\$65.00
Summer	Summer 2 Wednesday 11:00-11:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Wednesday 7:00-7:45pm	18-99	\$20.00/\$65.00
Summer	Summer 2 Wednesday 7:00-7:45pm	18-99	\$20.00/\$65.00
Summer	Summer 1 Friday 8:00-8:45am	18-99	\$20.00/\$65.00
Summer	Summer 2 Friday 8:00-8:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Friday 9:00-9:45am	18-99	\$20.00/\$65.00
Summer	Summer 2 Friday 9:00-9:45am	18-99	\$20.00/\$65.00
Summer	Summer 1 Friday 10:00-10:45am	18-99	\$20.00/\$65.00
Summer	26 Summer 2 Friday 10:00-10:45am	18-99	\$20.00/\$65.00
Summer	27 Summer 1 Friday 11:00-11:45am	18-99	\$20.00/\$65.00
Summer	28 Summer 2 Friday 11:00-11:45am	18-99	\$20.00/\$65.00

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Aquatics

Warm Water Open Swim

Independent exercise time in the warm water therapy pool. Please arrive no more than 10 minutes before class, dressed to swim, to avoid overcrowding the changing rooms. Family changing rooms are available for use as needed.

Ses	Days & Times	Ages	Mem/Program
Summer	Summer 1 Monday 12:00-12:45pm	18-99	\$10.00/\$30.00
Summer	Summer 2 Monday 12:00-12:45 pm	18-99	\$10.00/\$30.00
Summer	Summer 1 Monday 6:00-6:45pm	18-99	\$10.00/\$30.00
Summer	Summer 2 Monday 6:00-6:45pm	18-99	\$10.00/\$30.00
Summer	Summer 1 Wednesday 12:00-12:45 p	18-99	\$10.00/\$30.00
Summer	Summer 2 Wednesday 12:00-12:45 p	18-99	\$10.00/\$30.00
Summer	Summer 1 Friday 12:00-12:45 pm	18-99	\$10.00/\$30.00
Summer	Summer 2 Friday 12:00-12:45 pm	18-99	\$10.00/\$30.00
Summer	Summer 1 Saturday 12:00 - 12:45 pm	18-99	\$10.00/\$30.00
Summer	Summer 2 Saturday 12:00-12:45pm	18-99	\$10.00/\$30.00

Summer 1: June 8 - July 12 (No class Saturday, 7/5) Summer 2: July 20 - August 23

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Summer (06/08-08/30)

Sports & Youth Programs

Arts & Crafts

This parent-child class will enable you to enjoy arts and crafts experiences without a mess at home and with a guide! Bring a "paint shirt" to class each week and come excited to make fun arts and crafts with your child, helping him/her learn scissor skills as well as many other fine motor skills each week! Each class will include a story that relates to the craft and all supplies.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Wednesday 11:00 - 11:45	1-5	\$20.00/\$45.00
Summer	SUMMER 2 Wednesday 11:00 - 11:45	1-5	\$20.00/\$45.00

Summer 1: June 8 - July 5 Summer 2: July 20 - August 23

Basketball Clinic

The basketball clinic will focus on the fundamentals of basketball through drills, games, and activities that will help your child become a better basketball player.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Tuesday 7:00 - 7:45pm	9-12	\$35.00/\$60.00
Summer	SUMMER 2 Tuesday 7:00 - 7:45pm	9-12	\$35.00/\$60.00

Summer 1: June 8 - July 12 (No class Tuesday, June 17) Summer 2: July 20 - August 23.

Beginner Volleyball

Come practice some gross motor skills, move around, learn the very basics of volleyball, and most of all have fun!

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Wednesday 5:30 - 6:15pm	5-8	\$35.00/\$60.00
Summer	SUMMER 2 Wednesday 5:30 - 6:15pm	5-8	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Cheerleading

Show us your spirit! This program will teach the basics of cheer. Incorporating elements of dance, basic movements and learning small routines.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Thursday 11:30am - 12:15	7-12	\$35.00/\$60.00
Summer	SUMMER 2 Thursday 11:30am - 12:15	7-12	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Discovering Art

Children will learn and practice basic art skills related to a variety of artists. Artwork will be taken home with them each week.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Monday 5:30 - 6:15pm	6-12	\$20.00/\$45.00
Summer	SUMMER 2 Monday 5:30 - 6:15pm	6-12	\$20.00/\$45.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Monday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Monday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 1 Wednesday 12:00 - 12:45	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Wednesday 12:00 - 12:45	3-5	\$35.00/\$60.00
Summer	SUMMER 1 Saturday 10:00 - 10:45am	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Saturday 10:00 - 10:45am	3-5	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Monday 1:00 - 1:45pm	1-3	\$35.00/\$60.00
Summer	SUMMER 2 Monday 1:00 - 1:45pm	1-3	\$35.00/\$60.00
Summer	SUMMER 1 Thursday 5:30 - 6:15pm	1-3	\$35.00/\$60.00
Summer	SUMMER 2 Thursday 5:30 - 6:15pm	1-3	\$35.00/\$60.00
Summer	SUMMER 1 Saturday 11:00 - 11:45am	1-3	\$35.00/\$60.00
Summer	SUMMER 2 Saturday 11:00 - 11:45am	1-3	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Kid's Strength & Conditioning

Kid's Strength & Conditioning will focus on improving participants body strength, help fitness and conditioning levels, and improve muscle mass. Fundamentals will be taught to develop better posture, speed and overall strength.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Monday 5:30 - 6:15pm	8-12	\$20.00/\$45.00
Summer	SUMMER 2 Monday 5:30 - 6:15pm	8-12	\$20.00/\$45.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Register Online at AKRONYMCA.ORG



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Summer (06/08-08/30)

Sports & Youth Programs

Little Dribblers

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Tuesday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Tuesday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 1 Tuesday 5:00 - 5:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Tuesday 5:00 - 5:45pm	3-5	\$35.00/\$60.00
<i>Summer 1: June 8 - July 12 (No 5pm class Tuesday, June 17) Summer 2: July 20 - August 23.</i>			

Little Kickers Soccer

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Saturday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Saturday 12:00 - 12:45pm	3-5	\$35.00/\$60.00

**Parent participation may be required for some students. 6/8/25 - 7/12/25 & 7/20/25 - 8/23/25*

Pickleball 101

Pickleball 101 will teach participants the basic skills and knowledge to move forward with confidence in this rapidly growing sport! Pickleball paddles will be provided.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Monday 6:30 - 7:15pm	8-12	\$35.00/\$60.00
Summer	SUMMER 2 Monday 6:30 - 7:15pm	8-12	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Monday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Monday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 1 Tuesday 11:00 - 11:45am	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Tuesday 11:00 - 11:45am	3-5	\$35.00/\$60.00
Summer	SUMMER 1 Thursday 6:30 - 7:15pm	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Thursday 6:30 - 7:15pm	3-5	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Volleyball Class

Developmental class that allows all skill levels to learn the game of volleyball. This class works on fundamentals, rules, and games for athletes to grow in the game of volleyball.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Wednesday 6:30 - 7:15pm	7-12	\$35.00/\$60.00
Summer	SUMMER 2 Wednesday 6:30 - 7:15pm	7-12	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Youth Basketball

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Tuesday 6:00 - 6:45pm	6-8	\$35.00/\$60.00
Summer	SUMMER 2 Tuesday 6:00 - 6:45pm	6-8	\$35.00/\$60.00

Summer 1: June 8 - July 12 (No class Tuesday, June 17) Summer 2: July 20 - August 23.

Register Online at [AKRONYMCA.ORG](https://www.AKRONYMCA.ORG)