Green YMCA

Summer (06/08-08/30)

Sports & Youth Programs

Preschool Gym & Swim

This is a specialty class created for parents and their preschoolers to spend some quality time doing different activities in the gym and swimming together. Parents will need to be in the pool with their child

Ses	Days & Times	Ages Mem/Program	
Summe	Gym & Swim Summer I	3-5 \$60.00/\$90.00	
r	Gym & Swim Summer II	3-5 \$60.00/\$90.00	
Summe			

Youth Conditioning

Youth conditioning, focusing on strength, core strength, cardiovascular endurance, and balance.

Summe Speed and Agility - Tues/Thur 3:00 - 3: 9-18 \$60.00/\$90.00 r Speed and Agility - Tues/Thur 3:00 - 3: 9-18 \$60.00/\$90.00	Ses	Days & Times	_	Mem/Program
Juillite	Summe r Summe	Speed and Agility - Tues/Thur 3:00 - 3: Speed and Agility - Tues/Thur 3:00 - 3:		

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times Ages	Mem/Program
Summe r	Tues/Thurs 5:00pm - 5:45pm - ages 3-3-5 Tues/Thurs 5:00pm - 5:45pm - ages 3-3-5	\$60.00/\$90.00 \$60.00/\$90.00
Summe		,

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages N	1em/Program		
Summe r Summe	Tues/Thurs 5:00pm - 5:45pm - Summe Tues/Thurs 5:00pm - 5:45pm - Summer 3	_	\$60.00/\$90.00 \$60.00/\$90.00		
Şummer 1: June 8 - July 12 Summer 2: July 20 - August 23					

Mens Basketball League

An adult men's basketball league for recreational basketball players with some experience on the court.

Ses	Days & Times	Ages Mem/Program
Summer	Men's Summer Basketball League	19-59 \$500.00/\$500.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Ses	Days & Times	Ages Mem/Program
Summe	Tues/Thurs 6:00 - 6:45pm Ages 5 Tues/Thurs 6:00 - 6:45pm Ages 5-10) F 10
Summa	rues/ murs 0.00 - 0.45pm Ages 5-10	\$60.00/\$90.00

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Ses	,	es Mem/Program
Summe r Summe r Summe	Tues/Thurs 4:00 - 4:45 pm ages 6-8 - Strues/Thurs 4:00 - 4:45 pm ages 6-8 - Strues/Thurs 4:00 - 4:45 pm ages 9-12 - 9-12 Tues/Thurs 4:00 - 4:45 pm ages 9-12 - 9-12	6-8

Summer 1: June 8 - July 12 (No class Tuesday, June 17) Summer 2: July 20 - August 23. Summe

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Ses	Days & Times	Ages Mem/Program		
Summe	Wed 6pm-7pm & Sat 9am-10am Jun	5-99	\$40.00/\$55.00	
r	Wed 6pm-7pm & Sat 9am-10am Jul	5-99	\$40.00/\$55.00	
Summe	Wed 6pm-7pm & Sat 9am-10am Aug	5-99	\$40.00/\$55.00	

Summe

r

Green YMCA

Summer (06/08-08/30)

Group Classes

Self Defense Workshop

This is a participation class taught by a law enforcement officer. Techniques in self defense will be taught to fit a variety of situations and circumstances.

Ses	Days & Times	Ages Mem/Program
Summe	Thurs 11:30am - 12:15pm	13-99 \$30.00/\$45.00
r	Thurs 11:30am - 12:15pm	13-99 \$30.00/\$45.00
Summe	Thurs 11:30am - 12:15pm	13-99 \$30.00/\$45.00
r		
Summe		
r		



Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Monday 5:00pm - 6:00pm	Leland Leland	4-17	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Monday 5:00pm - 6:00pm	Leland Leland	4-17	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Friday 5:00pm - 6:00pm	Leland Leland	4-17	\$30.00/\$55.00
Summer	Kohl Family YMCA	SUMMER 2 Friday 5:00pm - 6:00pm		4-17	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Monday & Friday 5:00pm		4-17	\$60.00/\$110.00
Summer	Kohl Family YMCA	SUMMER 2 Monday & Friday 5:00pm		4-17	\$60.00/\$110.00

Teen Basketball League

Contact Jamel: jamelr@akronymca.org or call 330-724-1255 to provide team roster & team name

This Basketball League provides a positive environment where teens grades 9-12 create their own teams and participate in 6 weeks of games every Thursday, with a

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	Thursdays (9th-12th) 6:00pm - 9:00pm		14-18	\$60.00/\$90.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Saturdays (3-5yrs.) 12:30		3-5 3-	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Saturdays (3-5yrs.) 12:30		5	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Saturday 9:00am-9:45am		3-5 3-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Saturday 9:00am-9:45am		5	\$35.00/\$60.00

Summer 1: June 8 - July 12 (No 5pm class Tuesday, June 17) Summer 2: July 20 - August 23.



Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Thursday 5:00pm - 5:45p		3-5 3-	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Thursday 5:00pm - 5:45p		5 3-5	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Wednesday 5:00pm - 5:4		3-5	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Wednesday 5:00pm - 5:4			\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Saturday 10:00am-10:45a		3-5 3-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Saturday 10:00am-10:45a		5	\$35.00/\$60.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Saturday (6-10yrs.) 1:15p		6-10	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Saturday (6-10yrs.) 1:15p		6-10	\$35.00/\$60.00

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Tuesday 6:00pm - 6:45pm		6-10	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Tuesday 6:00pm - 6:45pm		6-10	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Monday (K-2nd) 5:00pm -		5-8 5-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Monday (K-2nd) 5:00pm -		8 8-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Monday (3rd-5th) 6:00pm		11 8-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Monday (3rd-5th) 6:00pm		11	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Friday (6th-8th) 5:00pm -		11-14	\$30.00/\$55.00
Summer	Kohl Family YMCA	SUMMER 2 Friday (6th-8th) 5:00pm -		11-14	\$35.00/\$60.00

Summer 1: June 8 - July 12 (No class Tuesday, June 17) Summer 2: July 20 - August 23.

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Tuesday 5:00pm - 5:45pm		6-10	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Tuesday 5:00pm - 5:45pm		6-10	\$35.00/\$60.00



Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Ma		6-99	\$50.00/\$80.00
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Ju		6-99	\$50.00/\$80.00
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Jul		6-99	\$50.00/\$80.00
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Au		6-99	\$50.00/\$80.00

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Wednesday 6:00pm - 6:4		6-10	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Wednesday 6:00pm - 6:4		6-10	\$35.00/\$60.00



Kohl Family YMCA

Summer (06/08-08/30) Sports & Youth Programs

AgesMem/Program

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, selfconfidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

	Mem/Program
SummerSUMMER 1 Monday 5:00pm - 6:00pm4-17	\$35.00/\$60.00
SummerSUMMER 2 Monday 5:00pm - 6:00pm4-17	\$35.00/\$60.00
SummerSUMMER 1 Friday 5:00pm - 6:00pm4-17	\$30.00/\$55.00
SummerSUMMER 2 Friday 5:00pm - 6:00pm4-17	
SummerSUMMER 1 Monday & Friday 5:00pm -4-17	\$35.00/\$60.00
	\$60.00/\$110.00
SummerSUMMER 2 Monday & Friday 5:00pm -4-17	\$60.00/\$110.00

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Davs & Times	AgesMem/Program
	Davs & Times

SummerSUMMER 1	Saturday	9:00am-9:45am3-5	Sun \$076:030/\$10/01/E 0R	2
Saturday 9:00am-9:45	5am3-5		\$35.00/\$60.00	

Summer 1: June 8 - July 12 (No 5pm class Tuesday, June 17) Sugust 22: July 20 -

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	AgesMem/Program
Summe	rSUMMER 1 Wednesday 5:00pm - 5:	453-5 \$35.00/\$60.00
	rSUMMER 2 Wednesday 5:00pm - 5:453	
Summer	[.] 1: June 8 - July 12 Summer 2: July 20 - A	ugust
23		

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Ses	Days & Times	AgesMem/Program
Summe	erSUMMER 1 Saturday 10):00am-10:45a3-5 Summ @5.0MMER02
Saturda	ay 10:00am-10:45a3-5	\$35.00/\$60.00

Basketball - Clinic

Days & Times

Ses

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

•	_		•
\$350006\$60.00MER 1 Monday (K-2nd)	5:00pm - \$	5-8	·
\$35006600000 (K-2nd)	5:00pm - 5	5-8	
\$350006\$60100MER 1 Monday (3rd-5th) 6:0	00pm 8-11		
SummerSUMMER 2 Monday (3rd-5th) 6:0	00pm 8-11\$	35.00/\$60.00)
SummerSUMMER 1 Friday (6th-8th) 5:00	pm - 11-14	\$30.00/\$55.0	0
SummerSUMMER 2 Friday (6th-8th) 5:00	pm - 11-14	\$35.00/\$60.0	00
Summer 1: June 8 - July 12 (No class Tuesd	ay, June 17)	Summer 2: Ju	ıly 20 - August

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

Ses Days & Times		AgesN	/lem/Program
Summers	SUMMER 1 Wednesday 6:00pm -	6:456-10	\$35.00/\$60.00
Summers	SUMMER 2 Wednesday 6:00pm - 6:4	56-10	\$35.00/\$60.00



Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Monday 5:00pm - 6:00pm	Leland Leland	4-17	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Monday 5:00pm - 6:00pm	Leland Leland	4-17	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Friday 5:00pm - 6:00pm	Leland Leland	4-17	\$30.00/\$55.00
Summer	Kohl Family YMCA	SUMMER 2 Friday 5:00pm - 6:00pm		4-17	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Monday & Friday 5:00pm		4-17	\$60.00/\$110.00
Summer	Kohl Family YMCA	SUMMER 2 Monday & Friday 5:00pm		4-17	\$60.00/\$110.00

Teen Basketball League

Contact Jamel: jamelr@akronymca.org or call 330-724-1255 to provide team roster & team name

This Basketball League provides a positive environment where teens grades 9-12 create their own teams and participate in 6 weeks of games every Thursday, with a

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	Thursdays (9th-12th) 6:00pm - 9:00pm		14-18	\$60.00/\$90.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Saturdays (3-5yrs.) 12:30		3-5 3-	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Saturdays (3-5yrs.) 12:30		5	\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Saturday 9:00am-9:45am		3-5 3-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Saturday 9:00am-9:45am		5	\$35.00/\$60.00

Summer 1: June 8 - July 12 (No 5pm class Tuesday, June 17) Summer 2: July 20 - August 23.



Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Thursday 5:00pm - 5:45p		3-5 3-	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Thursday 5:00pm - 5:45p		5 3-5	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Wednesday 5:00pm - 5:4		3-5	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Wednesday 5:00pm - 5:4			\$35.00/\$60.00

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Saturday 10:00am-10:45a		3-5 3-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Saturday 10:00am-10:45a		5	\$35.00/\$60.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Saturday (6-10yrs.) 1:15p		6-10	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Saturday (6-10yrs.) 1:15p		6-10	\$35.00/\$60.00

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Tuesday 6:00pm - 6:45pm		6-10	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Tuesday 6:00pm - 6:45pm		6-10	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Monday (K-2nd) 5:00pm -		5-8 5-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Monday (K-2nd) 5:00pm -		8 8-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Monday (3rd-5th) 6:00pm		11 8-	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Monday (3rd-5th) 6:00pm		11	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 1 Friday (6th-8th) 5:00pm -		11-14	\$30.00/\$55.00
Summer	Kohl Family YMCA	SUMMER 2 Friday (6th-8th) 5:00pm -		11-14	\$35.00/\$60.00

Summer 1: June 8 - July 12 (No class Tuesday, June 17) Summer 2: July 20 - August 23.

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	SUMMER 1 Tuesday 5:00pm - 5:45pm		6-10	\$35.00/\$60.00
Summer	Firestone Park YMCA	SUMMER 2 Tuesday 5:00pm - 5:45pm		6-10	\$35.00/\$60.00



Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Ma		6-99	\$50.00/\$80.00
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Ju		6-99	\$50.00/\$80.00
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Jul		6-99	\$50.00/\$80.00
Summer	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Au		6-99	\$50.00/\$80.00

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Summer	Kohl Family YMCA	SUMMER 1 Wednesday 6:00pm - 6:4		6-10	\$35.00/\$60.00
Summer	Kohl Family YMCA	SUMMER 2 Wednesday 6:00pm - 6:4		6-10	\$35.00/\$60.00

Lake Anna YMCASummer 1 (06/08-07/12), Summer 2 (07/20-08/23)

Group Classes

Empower

This is a women's weight lifting program lead by a personal trainer designed to build strength and confidence. Class meets in a group setting in our multipurpose room.

Ses	Days & Times	Ages Mem/Program
Summer	1Empower - Beginner	16-99 \$30.00/\$60.00
Summer 1Empower - Intermediate		16-99 \$60.00/\$90.00

Lake Anna YMCASummer 1 (06/08-07/12), Summer 2 (07/20-08/23)

Sports & Youth Programs

Volleyball Clinic

Ses	Days & Times	Ages Mem/Program
Summer	1Fridays (4th-8th) 5:30pm-6:30pm	\$45.00/\$70.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages Mem/Program		
	1Tuesdays (3-5yrs.): 5:15pm-6:00pm 2Tuesdays (3-5yrs.): 5:15pm-6:00pm	3-5	\$35.00/\$60.00	
• • • • • • • • • • • • • • • • • • • •	2. accady (3-5	\$35.00/\$60.00	

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Ses	Days & Times	Ages Mem/Program		
	1Tuesdays (6-8yrs.): 6:15pm-7:00pm	6-8	\$35.00/\$60.00	
Summer	2Tuesdays (6-8yrs.): 6:15pm-7:00pm	6-8	\$35.00/\$60.00	

Riverfront Family YMCA Summer I (06/08-07/07), Summer II (07/13-08/11)

Group Classes

Aqua Barre

Barre utilizes the ballet barre and/or chairs to incorporate simple ballet positioning to provide an effective core exercise experience for strengthening as well as flexibility for the abdomen, back, and

Ses	Days & Times	Ages Mem/Program	
Summer	IWednesday 11:15-12:00pm	16-99	\$15.00/\$55.00
Summer IIWednesday 11:15-12:00pm		16-99 \$	15.00/\$55.00

Aqua Aerobics

Aqua Aerobics (16 years and up) Aqua Aerobics is similar to a Land Aerobics class, but adapted for the unique properties of the water. The water's resistance provides a low-impact, high-intensity workout without the need for swimming skills. Aqua aerobics is held in both shallow and deep parts of the pool.

Ses	Days & Times	Ages M	lem/Program
Summer	IMonday 7:45 - 8:30am	16-99	\$15.00/\$55.00
Summer	IWednesday 7:45 - 8:30am	16-99	\$15.00/\$55.00
Summer	IFriday 7:45 - 8:30am	16-99	\$15.00/\$55.00
Summer	IIMonday 7:45 - 8:30am	16-99	\$15.00/\$55.00
Summer	IIWednesday 7:45 - 8:30am	16-99	\$15.00/\$55.00
Summer IIFriday 7:45 - 8:30am		16-99 \$	15.00/\$55.00



Riverfront Family YMCA

Summer I (06/08-07/07). Summer II (07/13-08/11)

Sports & Youth Programs

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Summer I	Wednesday 5:30pm - 6:15pm	3-4	\$40.00/\$65.00
Summer I	Saturday 9:00am - 9:45am	3-4	\$40.00/\$65.00
Summer I	Saturday 11:30am - 12:15pm	3-4	\$40.00/\$65.00
Summer I	IWednesday 5:30pm - 6:15pm	3-4	\$40.00/\$65.00
Summer I	ISaturday 9:00am - 9:45am	3-4	\$40.00/\$65.00
Summer I	ISaturday 11:30am - 12:15pm	3-4	\$40.00/\$65.00

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

Ses	Days & Times	Ages Mem/Program		
	Monday 5:00pm-5:45pm	1-3	\$40.00/\$65.00	
Summer I	Saturday 10:45am-11:30am	1-3	\$40.00/\$65.00	
	IMonday 5:00pm-5:45pm	1-3	\$40.00/\$65.00	
Summer 1	ISaturday 10:45am-11:30am	1-3	\$40.00/\$65.00	

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Ballet

Ballet is an introduction to simple and basic techniques with carefully graded, rhythmic exercises designed to develop poise, flexibility and grace within young children.

Ses	Days & Times	Ages	Ages Mem/Program		
	ITuesday 7:00 - 7:45pm	3-5	\$35.00/\$60.00		
Summer I	IITuesday 7:00 - 7:45pm	3-5	\$35.00/\$60.00		

Basketball - Youth (ages 6-8)

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

Ses	Days & Times	Ages I	Mem/Program
	Wednesday 7:00 - 7:45pm	6-8	\$35.00/\$60.00
Summer I	Saturday 10:00 - 10:45am	6-8	\$35.00/\$60.00
	IWednesday 7:00 - 7:45pm	6-8	\$35.00/\$60.00
Summer I	ISaturday 10:00 - 10:45am	6-8	\$35.00/\$60.00

Basketball - Youth (ages 9-12)

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Summer	IMonday 8:00 - 8:45pm	9-12	\$35.00/\$60.00
Summer	IIMonday 8:00 - 8:45pm	9-12	\$35.00/\$60.00

Little Beans

This is a great class for your little one to move and have some fun! This class features music, parachute games, bubbles and more. Come and join us to be with others and have a great time! This is a parent/adult child class.

Ses	Days & Times	Ages	Mem/Program
	r IMonday 5:00 - 5:45pm	1-2	\$35.00/\$60.00
Summe	r IIMonday 5:00 - 5:45pm	1-2	\$35.00/\$60.00

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses Da	ys & Times	Ages	Mem/Program
Summer IThu	rsday 6:00 - 6:45pm	3-5	\$35.00/\$60.00
	ırday 9:00 - 9:45am	3-5	\$35.00/\$60.00
	ırsday 6:00 - 6:45pm	3-5	\$35.00/\$60.00
Summer IISat	urday 9:00 - 9:45am	3-5	\$35.00/\$60.00

Wee Play Camp

This is a fun class that will feature many different activities and games for your child to take part in! this class will work on fine motor skills with a variety of movements and items to use and play with. There will also be games that are new to play a

Ses	Days & Times	Ages Mem/Program	
Summer	IMonday 6:00 - 6:45pm	3-4	\$35.00/\$60.00
Summer	IIThursday 5:00 - 5:45pm	3-4	\$35.00/\$60.00



Riverfront Family YMCA

Summer I (06/08-07/07). Summer II (07/13-08/11)

Sports & Youth Programs

Gymnastics - Beginners

The first level of progressive gymnastics classes offered. The first class for all children 5 years old and above who have never taken gymnastics. Beginners is an introduction of basic gymnastics skills, flexibility, and strength on all 4 events (Vault, Bars, Beam, Floor). Skills Taught: running & jumping form (vault), hanging shapes, bar holds & movements (bars), balancing holds, movements, & jumps (beam), jumping shapes, rolls, handstands, cartwheels (floor), strength, flexibility, listening, etc.

Ses	Days & Times	Ag	es	Mem/Program
Summer	IMonday 5:00pm-6:00pm	5-1	17	\$55.00/\$75.00
Summer	IMonday 6:00pm-7:00pm	5-1	17	\$55.00/\$75.00
Summer	IWednesday 4:30pm-5:30pm	5-1	17	\$55.00/\$75.00
Summer	IWednesday 6:30pm-7:30pm	5-1	17	\$55.00/\$75.00
Summer	ISaturday 9:45am-10:45am	5-1		\$55.00/\$75.00
Summer	ISaturday 12:15pm-1:15pm	5-1		\$55.00/\$75.00
Summer	IIMonday 5:00pm-6:00pm	5-1		\$55.00/\$75.00
Summer	IIMonday 6:00pm-7:00pm	5-1		\$55.00/\$75.00
Summer	IIWednesday 4:30pm-5:30pm	5-1		\$55.00/\$75.00
Summer	IIWednesday 6:30pm-7:30pm	5-1		\$55.00/\$75.00
Summer	IISaturday 9:45am-10:45am	5-1		\$55.00/\$75.00
Summer	IISaturday 12:15pm-1:15pm	5-1 5-1		\$55.00/\$75.00
		5	L/	\$55.00/\$75.00

Gymnastics - Intermediate

The second progressive gymnastics class offered. Intermediate is the next step after testing out the Beginners class, unless the gymnast has prior experience from another gym (contact Gymnastics Coordinator to schedule an evaluation for placement). The Intermediate class is an advancement of the basic skills taught in Beginners. The events and skills learned will be progressed in addition to the introduction of new skills on all 4 events. Skills Taught: running & jumping form, vaulting technique and power (vault), hanging shape strength, bar holds, movements & circling skills (bars), advanced balancing holds, jumping shapes, advanced beam movements, handstand intro (beam), jumping shapes, turns, rolls, kick-overs, handstands, cartwheels, round-off intro (floor), strength, flexibility, listening, coachability, etc.

Ses	Days & Times	Ages	Mem/Program
Summer	IMonday 7:00pm - 8:00pm	5-17	\$55.00/\$75.00
Summer	IWednesday 4:30pm - 5:30pm	5-17	\$55.00/\$75.00
	IWednesday 5:30pm - 6:30pm	5-17	\$55.00/\$75.00
Summer	ISaturday 9:45am - 10:45am	5-17	\$55.00/\$75.00
Summer	IIMonday 7:00pm - 8:00pm	5-17	\$55.00/\$75.00
	IIWednesday 4:30pm - 5:30pm	5-17	\$55.00/\$75.00
	IIWednesday 5:30pm - 6:30pm	5-17	\$55.00/\$75.00
Summer	IISaturday 9:45am - 10:45am	5-17	\$55.00/\$75.00

Gymnastics - Advanced

Ses	Days & Times	Ages I	Mem/Program
Summer I	Monday 6:30pm-8:00pm	6-17	\$60.00/\$80.00
Summer I	Saturday 11:00am-12:30pm	6-17	\$60.00/\$80.00
Summer I	IMonday 6:30pm-8:00pm	6-17	\$60.00/\$80.00
Summer I	ISaturday 11:00am-12:30pm	6-17	\$60.00/\$80.00

Gymnastics - Elite

The fourth, and last progressive gymnastics class offered. Elite is the next step after testing out of the Advanced class. The Elite class is a progressed version after the Advanced class where previously learned skills are scaled to be more challenging as the gymnasts learn to refine & polish their skills as well as their independence in performing them. The gymnasts will also learn some additional new skills to introduce and prepare them for the next step, which is Pre-Team.

Skills Taught: gymnastics vaults, drilling, perfecting technique & form (vault), glide swings, pullovers, bigger bar casting, circling, squat-on (bars), jumps & connections, turns & leaps, handstands, dismounts (beam), jump connections, leaps, rolls, handstands, kick-overs, round-offs, backhandspring, increased & maintained strength, flexibility, coachability, concentration, focus, responsibility, etc.

Ses	Days & Times	Ages Mem/Program	
Summer	IWednesday 6:30pm-8:00pm	6-17	\$55.00/\$75.00
Summer	IIWednesday 6:30pm-8:00pm	6-17	\$55.00/\$75.00

Karate - Youth

Karate class is designed for children to learn confidence, selfdiscipline and respect from a Black Belt instructor while in a fun environment. Karate is a unique form of physical activity using movements and exercises that are excellent for personal heal

Ses	Days & Times	Ages	Mem/Program
Summer I	Tuesday 6:00 - 7:00pm	6-12	\$45.00/\$60.00

Rock Wall 101

Ses Days & T	imes	Ages	Mem/Program
Summer IWednesda	y 5:00pm - 5:45pm	4-99	\$0.00/\$25.00
Summer IWednesda	y 6:00pm - 6:45pm	4-99	\$0.00/\$25.00
Summer IWednesda	y 7:00pm - 7:45pm	4-99	\$0.00/\$25.00
Summer ISaturday	9:00am - 9:45am	4-99	\$0.00/\$25.00
Summer ISaturday 3	10:00am - 10:45am	4-99	\$0.00/\$25.00
Summer ISaturday 3	11:00am - 11:45am	4-99	\$0.00/\$25.00
Summer IIWednesda	ay 5:00pm - 5:45pm	4-99	\$0.00/\$25.00
Summer IIWednesda	ay 6:00pm - 6:45pm	4-99	\$0.00/\$25.00
Summer IIWednesda	ay 7:00pm - 7:45pm	4-99	\$0.00/\$25.00
Summer IISaturday	9:00am - 9:45am	4-99	\$0.00/\$25.00
Summer IISaturday	10:00am - 10:45am	4-99	\$0.00/\$25.00
Summer IISaturday 1	l1:00am - 11:45am	4-99	\$0.00/\$25.00

Register Online at AKRONYMCA.ORG

Riverfront Family YMCA Summer I (06/08-07/07), Summer II (07/13-08/11)

Sports & Youth Programs

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Ses	Days & Times	Ages	Mem/Program
Summer 1	Wednesday 6:00 - 6:45pm	3-5	\$35.00/\$60.00
Summer I	Thursday 5:00 - 5:45pm	3-5	\$35.00/\$60.00
	IIMonday 6:00 - 6:45pm	3-5	\$35.00/\$60.00
Summer I	IIWednesday 6:00 - 6:45pm	3-5	\$35.00/\$60.00

Soccer - Youth Indoor (ages 6+)

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Ses	Days & Times	Ages	Mem/Program
	ITuesday 7:15 - 8:00pm	6-9	\$35.00/\$60.00
	IThursday 7:00 - 7:45pm	6-9	\$35.00/\$60.00
	IITuesday 7:15 - 8:00pm	6-9	\$35.00/\$60.00
Summer	IIThursday 7:00 - 7:45pm	6-9	\$35.00/\$60.00



Wadsworth YMCA

Summer (06/08-08/30) Sports & Youth Programs

Arts & Crafts

This parent-child class will enable you to enjoy arts and crafts experiences without a mess at home and with a guide! Bring a "paint shirt" to class each week and come excited to make fun arts and crafts with your child, helping him/her learn scissor skills as well as many other fine motor skills each week! Each class will include a story that relates to the craft and all supplies.

Ses	Days & Times	AgesMem/Program		
Summer	SUMMER 1 Wednesday 11:00 - 11 SUMMER 2 Wednesday 11:00 - 11:45			
Summer 7: Julye 20 - August 23				

Basketball Clinic

The basketball clinic will focus on the fundamentals of basketball through drills, games, and activities that will help your child become a better basketball player.

Ses	Days & Times	Agesl	Mem/Program
Summe	erSUMMER 1 Tuesday 7:00 -	7:45pn9-12	\$35.00/\$60.00
Summe	erSUMMER 2 Tuesday 7:00 - 7:45pr	n 9-12	\$35.00/\$60.00
Summe	r 1: June 8 - July 12 (No class Tuesda	av. June Sun	nmer 2: July 20 -

Beginner Volleyball

17) August 23.

Come practice some gross motor skills, move around, learn the very basics of volleyball, and most of all have fun!

Ses	Days & Times	AgesMem/Program		
	rSUMMER 1 Wednesday 5:30 - 6:15 rSUMMER 2 Wednesday 5:30 - 6:15pm	•		
Summer 7: Julye ²⁸ - August ²³				

Cheerleading

Show us your spirit! This program will teach the basics of cheer. Incorporating elements of dance, basic movements and learning small routines.

Ses	Days & Times	AgesMem/Program	
Summe	rSUMMER 1 Thursday 11:30am rSUMMER 2 Thursday 11:30am -	12:157-12 \$35.00/\$60.00	
Summer 1: June 8 - July 12 Summer 2: July 20 - August 23			

Discovering Art

Children will learn and practice basic art skills related to a variety of artists. Artwork will be taken home with them each week.

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23				
SummerSUMMER 2 Monday 5:30 - 6:15pm	6-12	\$20.00/\$45.00		
SummerSUMMER 1 Monday 5:30 - 6:15pm	6-12	\$20.00/\$45.00		
Ses Days & Times	Ages	Mem/Program		

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days &	Tir	mes Age	sMem/Program
Summers	SUMMER	1	Monday 12:00 - 12:45pm3-5	\$35.00/\$60.00
Summers	SUMMER	2	Monday 12:00 - 12:45pm3-5	\$35.00/\$60.00
Summers	SUMMER	1	Wednesday 12:00 - 12:453-5	\$35.00/\$60.00
Summers	SUMMER	2	Wednesday 12:00 - 12:453-5	\$35.00/\$60.00
Summers	SUMMER	1	Saturday 10:00 - 10:45am3-5	\$35.00/\$60.00
Summers	SUMMER	2 5	Saturday 10:00 - 10:45am3-5	\$35.00/\$60.00
Summer	1: June 8 -	Ju	ly 12 Summer 2: July 20 - August	
23				

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

Ses	Days & 7	Γim	es			Ages	Mem/Program
Summe	rSUMMER	1	Monday	1:00	-	1:45 p ₽n	\$35.00/\$60.00
Summe	rSUMMER	2	Monday	1:00	-	1:4 5 p∕m	\$35.00/\$60.00
Summe	rSUMMER	1	Thursday	5:30	-	6:1 5 p₽n	\$35.00/\$60.00
Summe	rSUMMER	2	Thursday	5:30 -	6:	15pm1-3	\$35.00/\$60.00
Summe	rSUMMER	1 8	Saturday 11	1:00 -	11:	45am1-3	\$35.00/\$60.00
Summe	rSUMMER 2	2 Sa	turday 11:0	0 - 11:4	45a	m1-3	\$35.00/\$60.00
	1: June 8 -	July	12 Summer	2: July	20	- August	
23							

Kid's Strength & Conditioning

Kid's Strength & Conditioning will focus on improving participants body strength, help fitness and conditioning levels, and improve muscle mass. Fundamentals will be taught to develop better posture, speed and overall strength.

Ses	Days & Times	Ages	Mem/Program	
Summe	erSUMMER 1 Monday 5:30 - 6:15pm	8-12	\$20.00/\$45.00	
SummerSUMMER 2 Monday 5:30 - 6:15pm			\$20.00/\$45.00	
Summer 1: June 8 - July 12 Summer 2: July 20 - August 23				



Wadsworth YMCA

Summer (06/08-08/30)
Sports & Youth Programs

Little Dribblers

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Ses	Days & Time	es			Agesl	Mem/Program
Summer	SUMMER 1 Tu	esday 12:00	- 12:45	pm:	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Tu	esday 12:00	- 12:45	pm:	3-5	\$35.00/\$60.00
Ֆ մmmer	SUMMER 1	Tuesday	5:00	-	5:45pm	\$35.00/\$60.00
3 √5mmer	SUMMER 2 Tu	esday 5:00 ·	- 5:45pn	n		\$35.00/\$60.00
Summer 17) Augu	1: June 8 - July st 23.	12 (No 5pm	class T	uesc	lay, June	Summer 2: July 20 -

Little Kickers Soccer

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Ses	Days & Times	AgesMem/Program
Summe	erSUMMER 1 Saturday 12:00	- 12:45pm3-5 Summ &35.0MMEF.02
Saturda	ay 12:00 - 12:45pm3-5	\$35.00/\$60.00

^{*}Parent participation may be required for some students. 6/8/25 - 7/12/25 & 7/20/25 - 8/23/25

Pickleball 101

Pickleball 101 will teach participants the basic skills and knowledge to move forward with confidence in this rapidly growing sport! Pickleball paddles will be provided.

Ses	Days & Times	Agesl	Mem/Program
Summer	SUMMER 1 Monday 6:30 - 7:15pm	8-12	\$35.00/\$60.00
Summer	SUMMER 2 Monday 6:30 - 7:15pm	8-12	\$35.00/\$60.00
_			

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Summer 1: June 8 - July 12 Summer 2: July 20 - August 23

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Summer	SUMMER 1 Monday 12:00 - 12:45pm	3-5	\$35.00/\$60.00
Summer	SUMMER 2 Monday 12:00 - 12:45pm3-{	5	\$35.00/\$60.00
Summer	SUMMER 1 Tuesday 11:00 - 11:45am3-	5	\$35.00/\$60.00
Summer	SUMMER 2 Tuesday 11:00 - 11:45am3-	5	\$35.00/\$60.00
Summer	SUMMER 1 Thursday 6:30 - 7:15pm3-5		\$35.00/\$60.00
\$ u mmer	SUMMER 2 Thursday 6:30 - 7:15pm		\$35.00/\$60.00

Volleyball Class

Developmental class that allows all skill levels to learn the game of volleyball. This class works on fundamentals, rules, and games for athletes to grow in the game of volleyball.

Ses	Days & Times	AgesN	Mem/Program	
Summers	SUMMER 1 Wednesday 6:30 - 7	7:15pm7-12	\$35.00/\$60.00	
SummerSUMMER 2 Wednesday 6:30 - 7:15pm7-12 \$35.00/\$60.00				
Summer 1: June 8 - July 12 Summer 2: July 20 - August 23				

Youth Basketball

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

Ses	Days & Times Age	esMem/Program		
Summe	erSUMMER 1 Tuesday 6:00 - 6:45pr f i-8	\$35.00/\$60.00		
Summe	erSUMMER 2 Tuesday 6:00 - 6:45pm 6-8	\$35.00/\$60.00		
Summer 1: June 8 - July 12 (No class Tuesday, June Summer 2: July 20 -				