

OPEN GYM SCHEDULE

JULY 21, 2025- AUGUST 23RD, 2025 (CAMP HAS PRIORTIY SCHEDULE MAY VARY BASED UPON CAMP)

| <u>Sunday</u> Closed | <u>Monday</u> Open Gym 6:00a-7:00a | <u>Tuesdav</u> Open Gym 6:00a-7:00a | <u>Wednesday</u> Open Gym 6:00a-7:00a | <u>Thursday</u> Open Gym 6:00a-7:00a | <u>Friday</u> Open Gym 6:00a-7:00a | <u>Saturday</u> Open Gym 8a-9a |
|---|--|--|---|--|--|--|
| | Camp 7:00a-8:30a | Camp 7:00a-8:30a | Camp 7:00a-8:30a | Camp 7:00a-8:30a | Camp 7:00a-8:30a | Zumba 9a-10a |
| | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Silver Sneakers Classic 8:45a-10:00a | Open Gym 10:00a- 11:00a |
| | Pickleball 10:00a-12:00p | Open Gym 10:00a-5:00p | Open Gym 10:00a-5:00p | Open Gym 10:00a-5:00p | Pickleball 10:00a-12:00p | Taekwondo 11:00a- |
| | Open Gym 12:00p-5:00p | Camp 5:00p-6:00p | Taekwondo 5:00p-6:00p | Camp 5:00p-6:00p | Open Gym 12:00p-5:00p | 12:00p Tumbling 12:30p- 2:00p |
| | Camp 5:00p-6:00p | Open Gym 6:00p-8:50p | Group Exercise Classes 6:00p-8:00p | Open Gym 6:00p-8:50p | Camp 5:00p-6:00p | |
| | Group Exercise Classes 6:00p-8:00p | Facility Closes at 9pm | Open Gym 8:00p-8:50p | Facility Closes at 9pm | Open Gym 6:00p-7:50p | 1/2 Open Gym 12:00p- |
| | Open Gym 8:00p-8:50p | | Facility Closes at 9pm | | Facility Closes at 8pm | 1:50p Facility |
| | Facility Closes at 9pm | | , | | | Closes at 2pm |
| | | | | | | |
| | | | | | ine Y strives to make | |
| FIRESTONE PARK YMCA 350 E. WILBETH ROAD AKRON, OHIO 44301 (330) 724-1255 | | | | | | ial |

