



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fall I (09/07-10/25)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Monday 5:00pm - 6:00pm | Leland | 4-17 | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|------------------------------------|-----------------|------|-----------------|
| Fall I | Firestone Park YMCA | Saturdays (3-5yrs.) 12:30pm-1:15pm | | 3-5 | \$50.00/\$80.00 |

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Saturday 9:00am-9:45am | | 3-5 | \$50.00/\$80.00 |

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|---------------------------|-----------------|--------|-----------------|
| Fall I | Firestone Park YMCA | Thursday 5:00pm - 5:45pm | | 3-5 | \$50.00/\$80.00 |
| Fall I Fall | Kohl Family YMCA | Tuesday 5:00pm - 5:45pm | | 3-5 3- | \$50.00/\$80.00 |
| I | Kohl Family YMCA | Wednesday 5:00pm - 5:45pm | | 5 | \$50.00/\$80.00 |

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|--------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Saturday 10:00am-10:45am | | 3-5 | \$50.00/\$80.00 |

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-----------------------------------|-----------------|------|-----------------|
| Fall I | Firestone Park YMCA | Saturday (6-10yrs.) 1:15pm-2:00pm | | 6-10 | \$50.00/\$80.00 |



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Fall I (09/07-10/25)

Sports & Youth Programs

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|------------------------------------|-----------------|-------|-----------------|
| Fall I Fall | Firestone Park YMCA | Tuesday 6:00pm - 6:45pm Monday | | 6-10 | \$50.00/\$80.00 |
| I Fall I | Kohl Family YMCA | (K-2nd) 5:00pm - 5:45pm Monday | | 5-8 | \$50.00/\$80.00 |
| Fall I Fall | Kohl Family YMCA | (3rd-5th) 6:00pm - 6:45pm Monday | | 8-11 | \$50.00/\$80.00 |
| I | Kohl Family YMCA | (6th-8th) 7:00pm - 7:45pm Saturday | | 11-14 | \$50.00/\$80.00 |
| | Kohl Family YMCA | (K-2nd) 11:00am - 11:45am | | 5-8 | \$50.00/\$80.00 |

Flag Football Clinic

Children will learn basic fundamentals of football. Throwing, catching, route running, defense, and more will be taught through fun drills and games.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall I | Firestone Park YMCA | Thursday 6:00 - 6:45 pm | | 6-10 | \$50.00/\$80.00 |

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall I Fall | Firestone Park YMCA | Tuesday 5:00pm - 5:45pm | | 6-10 | \$50.00/\$80.00 |
| I | Kohl Family YMCA | Tuesday 6:00pm - 6:45pm | | 6-10 | \$50.00/\$80.00 |

Tae Kwon Do

YouthTae KwonDo will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|---------------------------------|-----------------|------|-----------------|
| Fall I Fall | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Se | | 6-99 | \$50.00/\$80.00 |
| I | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Oc | | 6-99 | \$50.00/\$80.00 |

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|-------------------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Wednesday 6:00pm - 6:45pm (Bball, S | | 6-10 | \$50.00/\$80.00 |



FOR YOUTH DEVELOPMENT
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Fall II (11/02-12/20)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|------------------------|-----------------|------|-----------------|
| Fall II | Kohl Family YMCA | Monday 5:00pm - 6:00pm | Leland | 4-17 | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|------------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Saturdays (3-5yrs.) 12:30pm-1:15pm | | 3-5 | \$50.00/\$80.00 |

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|-----------------------|-----------------|------|-----------------|
| Fall II | Kohl Family YMCA | Tuesday 5:00pm-5:45pm | | 3-5 | \$50.00/\$80.00 |

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|-----------------------------------|-----------------|-------|------------------|
| Fall II | Kohl Family YMCA | Mondays (K-2nd) 5:00pm - 6:00pm | | 5-8 | \$80.00/\$110.00 |
| Fall II | Kohl Family YMCA | Mondays (3rd-5th) 6:00pm - 7:00pm | | 8-11 | \$80.00/\$110.00 |
| Fall II | Kohl Family YMCA | Mondays (6th-8th) 7:00pm - 8:00pm | | 11-14 | \$80.00/\$110.00 |

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|---------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Thursday 5:00pm - 5:45pm | | 3-5 | \$50.00/\$80.00 |
| Fall II | Kohl Family YMCA | Wednesday 5:00pm - 5:45pm | | 5 | \$50.00/\$80.00 |

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-----------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Saturday (6-10yrs.) 1:15pm-2:00pm | | 6-10 | \$50.00/\$80.00 |



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Fall II (11/02-12/20)
Sports & Youth Programs

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Tuesday 6:00pm - 6:45pm | | 6-10 | \$50.00/\$80.00 |

Flag Football Clinic

Children will learn basic fundamentals of football. Throwing, catching, route running, defense, and more will be taught through fun drills and games.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Thursday 6:00 - 6:45 pm | | 6-10 | \$50.00/\$80.00 |

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Tuesday 5:00pm - 5:45pm | | 6-10 | \$50.00/\$80.00 |
| Fall II | Kohl Family YMCA | Tuesday 6:00pm - 6:45pm | | 6-10 | \$50.00/\$80.00 |

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|---------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm No | | 6-99 | \$50.00/\$80.00 |
| Fall II | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm De | | 6-99 | \$50.00/\$80.00 |

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|-------------------------------------|-----------------|------|-----------------|
| Fall II | Kohl Family YMCA | Wednesday 6:00pm - 6:45pm (Bball, S | | 6-10 | \$50.00/\$80.00 |



FOR YOUTH DEVELOPMENT
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Green YMCA

Fall I (09/06-10/25)

Sports & Youth Programs

Preschool Gym & Swim

This is a specialty class created for parents and their preschoolers to spend some quality time doing different activities in the gym and swimming together. Parents will need to be in the pool with their child.

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------|------|-----------------|
| Fall I | Fri 11:30 - 12:45pm | 3-5 | \$50.00/\$80.00 |

Youth Conditioning

Youth conditioning, focusing on strength, core strength, cardiovascular endurance, and balance.

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------------------|------|-----------------|
| Fall I | Wed 3:15 - 4:00pm Speed/Agility | 9-18 | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------|------|-----------------|
| Fall I | Wed 5:00 - 5:45pm | 3-5 | \$50.00/\$80.00 |

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------|------|-----------------|
| Fall I | Wed 5:00 - 5:45pm | 3-5 | \$50.00/\$80.00 |

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------|------|-----------------|
| Fall I | Mon 5:00 - 5:45pm | 5-10 | \$50.00/\$80.00 |

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Ses | Days & Times | Ages | Mem/Program |
|------|--------------------|------|-----------------|
| Fall | Tues 5:00 - 5:45pm | 6-8 | \$50.00/\$80.00 |
| I | Tues 6:00 - 6:45pm | 9-12 | \$50.00/\$80.00 |

Fall I

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

| Ses | Days & Times | Ages | Mem/Program |
|------|---------------------------------|------|-----------------|
| Fall | Wed 6pm-7pm & Sat 9am-10am Sept | 5-99 | \$40.00/\$55.00 |
| I | Wed 6pm-7pm & Sat 9am-10am Oct | 5-99 | \$40.00/\$55.00 |

Fall I

Wee Movement

Formally "Wee-tumblers". This engaging class focuses on developing children's fine motor skills and sensory abilities through interactive play. Sensory play, including tactile and auditory exercises, further supports sensory processing and exploration in a fun, supportive environment.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-----------------------|------|-----------------|
| Fall I | Thurs 10:15 - 11:00am | 1-3 | \$50.00/\$80.00 |

* Parent/child participation class

Register Online at AKRONYMCA.ORG

(330) 899-9622

3800 Massillon Road, Uniontown, OH 44685



FOR YOUTH DEVELOPMENT
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Green YMCA

Fall I (09/06-10/25)

Group Classes

Self Defense Workshop

This is a participation class taught by a law enforcement officer. Techniques in self defense will be taught to fit a variety of situations and circumstances.

| Ses | Days & Times | Ages | Mem/Program |
|------|---------------------------------|-------|-----------------|
| Fall | Thurs 11:15 - 12:15 - October | 10-99 | \$30.00/\$50.00 |
| I | Thurs 11:15 - 12:15 - September | 10-99 | \$30.00/\$50.00 |
| Fall | | | |
| I | | | |

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3800 Massillon Road, Uniontown, OH 44685



FOR YOUTH DEVELOPMENT
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Fall I (09/07-10/25)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Monday 5:00pm - 6:00pm | Leland | 4-17 | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|------------------------------------|-----------------|------|-----------------|
| Fall I | Firestone Park YMCA | Saturdays (3-5yrs.) 12:30pm-1:15pm | | 3-5 | \$50.00/\$80.00 |

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Saturday 9:00am-9:45am | | 3-5 | \$50.00/\$80.00 |

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|---------------------------|-----------------|--------|-----------------|
| Fall I | Firestone Park YMCA | Thursday 5:00pm - 5:45pm | | 3-5 | \$50.00/\$80.00 |
| Fall I Fall | Kohl Family YMCA | Tuesday 5:00pm - 5:45pm | | 3-5 3- | \$50.00/\$80.00 |
| I | Kohl Family YMCA | Wednesday 5:00pm - 5:45pm | | 5 | \$50.00/\$80.00 |

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|--------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Saturday 10:00am-10:45am | | 3-5 | \$50.00/\$80.00 |

Basic Tumbling

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| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-----------------------------------|-----------------|------|-----------------|
| Fall I | Firestone Park YMCA | Saturday (6-10yrs.) 1:15pm-2:00pm | | 6-10 | \$50.00/\$80.00 |



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Fall I (09/07-10/25)

Sports & Youth Programs

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|------------------------------------|-----------------|-------|-----------------|
| Fall I Fall | Firestone Park YMCA | Tuesday 6:00pm - 6:45pm Monday | | 6-10 | \$50.00/\$80.00 |
| I Fall I | Kohl Family YMCA | (K-2nd) 5:00pm - 5:45pm Monday | | 5-8 | \$50.00/\$80.00 |
| Fall I Fall | Kohl Family YMCA | (3rd-5th) 6:00pm - 6:45pm Monday | | 8-11 | \$50.00/\$80.00 |
| I | Kohl Family YMCA | (6th-8th) 7:00pm - 7:45pm Saturday | | 11-14 | \$50.00/\$80.00 |
| | Kohl Family YMCA | (K-2nd) 11:00am - 11:45am | | 5-8 | \$50.00/\$80.00 |

Flag Football Clinic

Children will learn basic fundamentals of football. Throwing, catching, route running, defense, and more will be taught through fun drills and games.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall I | Firestone Park YMCA | Thursday 6:00 - 6:45 pm | | 6-10 | \$50.00/\$80.00 |

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall I Fall | Firestone Park YMCA | Tuesday 5:00pm - 5:45pm | | 6-10 | \$50.00/\$80.00 |
| I | Kohl Family YMCA | Tuesday 6:00pm - 6:45pm | | 6-10 | \$50.00/\$80.00 |

Tae Kwon Do

YouthTae KwonDo will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|-------------|---------------------|---------------------------------|-----------------|------|-----------------|
| Fall I Fall | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Se | | 6-99 | \$50.00/\$80.00 |
| I | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Oc | | 6-99 | \$50.00/\$80.00 |

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|-------------------------------------|-----------------|------|-----------------|
| Fall I | Kohl Family YMCA | Wednesday 6:00pm - 6:45pm (Bball, S | | 6-10 | \$50.00/\$80.00 |



FOR YOUTH DEVELOPMENT
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Kohl Family YMCA

Fall I (09/07-10/25)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Monday 5:00pm - 6:00pm | 4-17 | \$50.00/\$80.00 |

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Saturday 9:00am-9:45am | 3-5 | \$50.00/\$80.00 |

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------------|------|-----------------|
| Fall I | Tuesday 5:00pm - 5:45pm | 3-5 | \$50.00/\$80.00 |
| Fall I | Wednesday 5:00pm - 5:45pm | 3-5 | \$50.00/\$80.00 |

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Fall I | Saturday 10:00am-10:45am | 3-5 | \$50.00/\$80.00 |

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Ses | Days & Times | Ages | Mem/Program |
|--------|----------------------------------|-----------------------------|----------------------|
| Fall I | Monday (K-2nd) 5:00pm - 5:45pm | 5-8 | \$50.00/\$80.00 8-11 |
| Fall I | Monday (3rd-5th) 6:00pm - 6:45pm | \$50.00/\$80.00 | 11-14 |
| Fall I | Monday (6th-8th) 7:00pm - 7:45pm | \$50.00/\$80.00 | |
| Fall I | Saturday(K-2nd)11:00am - 11:45am | \$50 .00/\$80.00 | |

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Tuesday 6:00pm - 6:45pm | 6-10 | \$50.00/\$80.00 |

Ultimate Sports

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| Ses | Days & Times | Ages | Mem/Program |
|--------|---|-----------------|-------------|
| Fall I | Wednesday 6:00pm - 6:45pm (Bball, S6-10 | \$50.00/\$80.00 | |

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Fall II (11/02-12/20)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

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| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|------------------------|-----------------|------|-----------------|
| Fall II | Kohl Family YMCA | Monday 5:00pm - 6:00pm | Leland | 4-17 | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

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|---------|---------------------|------------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Saturdays (3-5yrs.) 12:30pm-1:15pm | | 3-5 | \$50.00/\$80.00 |

Basketball - Lil Dribblers (ages 3-5)

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| Fall II | Kohl Family YMCA | Tuesday 5:00pm-5:45pm | | 3-5 | \$50.00/\$80.00 |

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|-----------------------------------|-----------------|-------|------------------|
| Fall II | Kohl Family YMCA | Mondays (K-2nd) 5:00pm - 6:00pm | | 5-8 | \$80.00/\$110.00 |
| Fall II | Kohl Family YMCA | Mondays (3rd-5th) 6:00pm - 7:00pm | | 8-11 | \$80.00/\$110.00 |
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Sporties For Shorties (ages 3-5)

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|---------|---------------------|---------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Thursday 5:00pm - 5:45pm | | 3-5 | \$50.00/\$80.00 |
| Fall II | Kohl Family YMCA | Wednesday 5:00pm - 5:45pm | | 5 | \$50.00/\$80.00 |

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-----------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Saturday (6-10yrs.) 1:15pm-2:00pm | | 6-10 | \$50.00/\$80.00 |



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fall II (11/02-12/20)
Sports & Youth Programs

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Tuesday 6:00pm - 6:45pm | | 6-10 | \$50.00/\$80.00 |

Flag Football Clinic

Children will learn basic fundamentals of football. Throwing, catching, route running, defense, and more will be taught through fun drills and games.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Thursday 6:00 - 6:45 pm | | 6-10 | \$50.00/\$80.00 |

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Tuesday 5:00pm - 5:45pm | | 6-10 | \$50.00/\$80.00 |
| Fall II | Kohl Family YMCA | Tuesday 6:00pm - 6:45pm | | 6-10 | \$50.00/\$80.00 |

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|---------------------|---------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm No | | 6-99 | \$50.00/\$80.00 |
| Fall II | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm De | | 6-99 | \$50.00/\$80.00 |

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

| Session | Branch | Days & Times | Instructor Name | Ages | Mem/Program |
|---------|------------------|-------------------------------------|-----------------|------|-----------------|
| Fall II | Kohl Family YMCA | Wednesday 6:00pm - 6:45pm (Bball, S | | 6-10 | \$50.00/\$80.00 |



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Kohl Family YMCA

Fall II(11/02-12/20)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Monday 5:00pm - 6:00pm | 4-17 | \$50.00/\$80.00 |

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Saturday 9:00am-9:45am | 3-5 | \$50.00/\$80.00 |

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------------|------|-----------------|
| Fall I | Tuesday 5:00pm - 5:45pm | 3-5 | \$50.00/\$80.00 |
| Fall I | Wednesday 5:00pm - 5:45pm | 3-5 | \$50.00/\$80.00 |

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Fall I | Saturday 10:00am-10:45am | 3-5 | \$50.00/\$80.00 |

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-----------------------------------|-------|-----------------|
| Fall I | Monday (K-2nd) 5:00pm - 5:45pm | 5-8 | \$50.00/\$80.00 |
| Fall I | Monday (3rd-5th) 6:00pm - 6:45pm | 8-11 | \$50.00/\$80.00 |
| Fall I | Monday (6th-8th) 7:00pm - 7:45pm | 11-14 | \$50.00/\$80.00 |
| Fall I | Saturday(K-2nd) 11:00am - 11:45am | 5-8 | \$50.00/\$80.00 |

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Tuesday 6:00pm - 6:45pm | 6-10 | \$50.00/\$80.00 |

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

| Ses | Days & Times | Ages | Mem/Program |
|--------|---|------|-----------------|
| Fall I | Wednesday 6:00pm - 6:45pm (Bball, S6-10 | 6-10 | \$50.00/\$80.00 |

Register Online at AKRONYMCA.ORG



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lake Anna YMCA

Fall I (09/06-10/25)

Sports & Youth Programs

Cheer Clinic

| Ses | Days & Times | Ages | Mem/Program |
|------|----------------------------------|------|-----------------|
| Fall | Mondays (K-2nd): 5:15pm-6:00pm | | \$50.00/\$80.00 |
| I | Mondays (3rd-5th): 6:15pm-7:00pm | | \$50.00/\$80.00 |

Intermediate Tumbling

This class will work on perfecting cartwheels, bridges and rolls, as we strengthen handstands and round offs. This class will also cover basic drills for walkovers and handspins.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Thursdays 5:15pm-6:00pm | 7-12 | \$50.00/\$80.00 |

Basketball Clinic

The basketball clinic will focus on the fundamentals of basketball through drills, games, and activities that will help your child become a better basketball player.

| Ses | Days & Times | Ages | Mem/Program |
|------|---------------------------------------|------|-----------------|
| Fall | Mondays (K-2nd): 5:00pm-5:45pm | | \$50.00/\$80.00 |
| I | Mondays (3rd-5th): 6:00pm-6:45pm | | \$50.00/\$80.00 |
| Fall | Tuesdays (6th-8th): 5:00pm-7:00pm | | \$50.00/\$80.00 |
| I | Tuesdays (High School): 5:00pm-7:00pm | | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-----------------------------------|------|-----------------|
| Fall I | Tuesdays (3-5yrs.): 5:15pm-6:00pm | 3-5 | \$50.00/\$80.00 |

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-----------------------------------|------|-----------------|
| Fall I | Tuesdays (6-8yrs.): 6:15pm-7:00pm | 6-8 | \$50.00/\$80.00 |

Register Online at AKRONYMCA.ORG

(330) 745-9622

500 W. Hopocan Ave., Barberton, OH 44203



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lake Anna YMCA

Fall III (11/02-12/20)

Sports & Youth Programs

Pickleball League

This league will be played in a round robin format. Participants will sign up individually, no partner required. Skill level of 3.5 or lower are welcome. If you do not know your skill level in DUPR, please select 3.0.

| Ses | Days & Times | Ages | Mem/Program |
|---------|--------------------------------------|-------|-----------------|
| Fall II | - Wednesday 6:00 - 8:30pm - DUPR 2.7 | 18-99 | \$30.00/\$60.00 |
| Fall II | - Thursday 6:00 - 8:30pm - DUPR 3.7- | 18-99 | \$25.00/\$55.00 |

Intermediate Tumbling

This class will work on perfecting cartwheels, bridges and rolls, as we strengthen handstands and round offs. This class will also cover basic drills for walkovers and handspings.

| Ses | Days & Times | Ages | Mem/Program |
|---------|-------------------------|------|-----------------|
| Fall II | Thursdays 5:15pm-6:00pm | 7-12 | \$50.00/\$80.00 |

Cheerleading

Show us your spirit! This program will teach the basics of cheer. Incorporating elements of dance, basic movements and learning small routines.

| Ses | Days & Times | Ages | Mem/Program |
|------|---------------------------------------|------|-----------------|
| Fall | Rookies (K-2nd) Monday 5:15pm - 6:00 | | \$65.00/\$95.00 |
| II | Winners (3rd-5th) Monday 6:00pm - 6:4 | | \$65.00/\$95.00 |
| Fall | | | |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Ses | Days & Times | Ages | Mem/Program |
|---------|-----------------------------------|------|-----------------|
| Fall II | Tuesdays (3-5yrs.): 5:15pm-6:00pm | 3-5 | \$50.00/\$80.00 |

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

| Ses | Days & Times | Ages | Mem/Program |
|---------|---------------------------------------|------|------------------|
| Fall II | Mondays (K-2nd) 5:00pm - 5:45pm | | \$80.00/\$110.00 |
| Fall | Mondays (3rd-5th) 6:00pm - 7:00pm | | \$80.00/\$110.00 |
| II | Tuesdays (6th-8th) 5:00pm - 7:00pm | | \$80.00/\$110.00 |
| Fall II | Tuesdays (High School) 5:00pm - 7:00p | | \$80.00/\$110.00 |
| II | | | |

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Ses | Days & Times | Ages | Mem/Program |
|---------|-----------------------------------|------|-----------------|
| Fall II | Tuesdays (6-8yrs.): 6:15pm-7:00pm | 6-8 | \$50.00/\$80.00 |

Register Online at AKRONYMCA.ORG



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Riverfront Family YMCA

Fall I (09/06-10/25), Fall III (11/02-12/20)

Sports & Youth Programs

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Ses | Days & Times | Ages | Mem/Program |
|--------|----------------------------|------|-----------------|
| Fall I | Wednesday 5:30pm - 6:15pm | 3-4 | \$55.00/\$90.00 |
| Fall I | Thursday 10:30am - 11:15am | 3-4 | \$55.00/\$90.00 |
| Fall I | Saturday 9:00am - 9:45am | 3-4 | \$55.00/\$90.00 |
| Fall I | Saturday 11:30am - 12:15pm | 3-4 | \$55.00/\$90.00 |
| Fall | Wednesday 5:30pm - 6:15pm | 3-4 | \$55.00/\$90.00 |
| II | Thursday 10:30am - 11:15am | 3-4 | \$55.00/\$90.00 |
| Fall | Saturday 9:00am - 9:45am | 3-4 | \$45.00/\$75.00 |
| II | Saturday 11:30am - 12:15pm | 3-4 | \$45.00/\$75.00 |

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Fall I | Monday 4:15pm-5:00pm | 1-3 | \$55.00/\$90.00 |
| Fall I | Tuesday 10:30am-11:15am | 1-3 | \$55.00/\$90.00 |
| Fall I | Saturday 10:45am-11:30am | 1-3 | \$55.00/\$90.00 |
| Fall | Monday 4:15pm-5:00pm | 1-3 | \$55.00/\$90.00 |
| II | Tuesday 10:30am-11:15am | 1-3 | \$55.00/\$90.00 |
| Fall | Saturday 10:45am-11:30am | 1-3 | \$45.00/\$75.00 |

Basketball - Youth (ages 6-8)

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Tuesday 8:00 - 8:45pm | 6-8 | \$50.00/\$80.00 |
| Fall I | Saturday 1:15 - 2:00pm | 6-8 | \$50.00/\$80.00 |
| Fall | Tuesday 8:00 - 8:45pm | 6-8 | \$50.00/\$80.00 |
| II | Saturday 12:30 - 1:15pm | 6-8 | \$50.00/\$80.00 |

Basketball - Youth (ages 9-12)

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Monday 8:00 - 8:45pm | 9-12 | \$50.00/\$80.00 |
| Fall I | Wednesday 7:00 - 7:45pm | 9-12 | \$50.00/\$80.00 |
| Fall | Monday 8:00 - 8:45pm | 9-12 | \$50.00/\$80.00 |
| II | Wednesday 7:00 - 7:45pm | 9-12 | \$50.00/\$80.00 |

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Monday 7:00 - 7:45pm | 3-5 | \$50.00/\$80.00 |
| Fall I | Thursday 7:00 - 7:45pm | 3-5 | \$50.00/\$80.00 |
| Fall | Monday 7:00 - 7:45pm | 3-5 | \$50.00/\$80.00 |
| II | Wednesday 6:00 - 6:45pm | 3-5 | \$50.00/\$80.00 |
| Fall | Thursday 6:00 - 6:45pm | 3-5 | \$50.00/\$80.00 |

Gymnastics - Beginners

The first level of progressive gymnastics classes offered. The first class for all children 5 years old and above who have never taken gymnastics. Beginners is an introduction of basic gymnastics skills, flexibility, and strength on all 4 events (Vault, Bars, Beam, Floor). Skills Taught: running & jumping form (vault), hanging shapes, bar holds & movements (bars), balancing holds, movements, & jumps (beam), jumping shapes, rolls, handstands, cartwheels (floor), strength, flexibility, listening, etc.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|------------------|
| Fall I | Monday 5:00pm-6:00pm | 5-17 | \$75.00/\$105.00 |
| Fall I | Monday 6:00pm-7:00pm | 5-17 | \$75.00/\$105.00 |
| Fall I | Wednesday 4:30pm-5:30pm | 5-17 | \$75.00/\$105.00 |
| Fall I | Wednesday 6:30pm-7:30pm | 5-17 | \$75.00/\$105.00 |
| Fall I | Saturday 9:45am-10:45am | 5-17 | \$75.00/\$105.00 |
| Fall I | Saturday 12:15pm-1:15pm | 5-17 | \$75.00/\$105.00 |
| Fall | Monday 5:00pm-6:00pm | 5-17 | \$75.00/\$105.00 |
| II | Monday 6:00pm-7:00pm | 5-17 | \$75.00/\$105.00 |
| Fall | Wednesday 4:30pm-5:30pm | 5-17 | \$75.00/\$105.00 |
| II | Wednesday 6:30pm-7:30pm | 5-17 | \$75.00/\$105.00 |
| Fall | Saturday 9:45am-10:45am | 5-17 | \$65.00/\$90.00 |
| II | Saturday 12:15pm-1:15pm | 5-17 | \$65.00/\$90.00 |

Register Online at AKRONYMCA.ORG



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Riverfront Family YMCA

Fall I (09/06-10/25), Fall III (11/02-12/20)

Sports & Youth Programs

Gymnastics - Intermediate

The second progressive gymnastics class offered. Intermediate is the next step after testing out the Beginners class, unless the gymnast has prior experience from another gym (contact Gymnastics Coordinator to schedule an evaluation for placement). The Intermediate class is an advancement of the basic skills taught in Beginners. The events and skills learned will be progressed in addition to the introduction of new skills on all 4 events. Skills Taught: running & jumping form, vaulting technique and power (vault), hanging shape strength, bar holds, movements & circling skills (bars), advanced balancing holds, jumping shapes, advanced beam movements, handstand intro (beam), jumping shapes, turns, rolls, kick-overs, handstands, cartwheels, round-off intro (floor), strength, flexibility, listening, coachability, etc.

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------------|------|------------------|
| Fall I | Monday 7:00pm - 8:00pm | 5-17 | \$75.00/\$105.00 |
| Fall I | Wednesday 4:30pm - 5:30pm | 5-17 | \$75.00/\$105.00 |
| Fall I | Wednesday 5:30pm - 6:30pm | 5-17 | \$75.00/\$105.00 |
| Fall I | Saturday 9:45am - 10:45am | 5-17 | \$75.00/\$105.00 |
| Fall | Monday 7:00pm - 8:00pm | 5-17 | \$75.00/\$105.00 |
| II | Wednesday 4:30pm - 5:30pm | 5-17 | \$75.00/\$105.00 |
| Fall | Wednesday 5:30pm - 6:30pm | 5-17 | \$75.00/\$105.00 |
| II | Saturday 9:45am - 10:45am | 5-17 | \$65.00/\$90.00 |

Gymnastics - Advanced

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|------------------|
| Fall I | Monday 6:30pm-8:00pm | 8-17 | \$80.00/\$110.00 |
| Fall I | Saturday 11:00am-12:30pm | 8-17 | \$80.00/\$110.00 |
| Fall | Monday 6:30pm-8:00pm | 8-17 | \$80.00/\$110.00 |
| II | Saturday 11:00am-12:30pm | 6-17 | \$70.00/\$95.00 |

Gymnastics - Elite

The fourth, and last progressive gymnastics class offered. Elite is the next step after testing out of the Advanced class. The Elite class is a progressed version after the Advanced class where previously learned skills are scaled to be more challenging as the gymnasts learn to refine & polish their skills as well as their independence in performing them. The gymnasts will also learn some additional new skills to introduce and prepare them for the next step, which is Pre-Team.

Skills Taught: gymnastics vaults, drilling, perfecting technique & form (vault), glide swings, pullovers, bigger bar casting, circling, squat-on (bars), jumps & connections, turns & leaps, handstands, dismounts (beam), jump connections, leaps, rolls, handstands, kick-overs, round-offs, backhandspring, increased & maintained strength, flexibility, coachability, concentration, focus, responsibility, etc.

| Ses | Days & Times | Ages | Mem/Program |
|---------|-------------------------|------|------------------|
| Fall I | Wednesday 6:30pm-8:00pm | 6-17 | \$80.00/\$110.00 |
| Fall II | Wednesday 6:30pm-8:00pm | 6-17 | \$80.00/\$110.00 |

Karate - Youth

Karate class is designed for children to learn confidence, self-discipline and respect from a Black Belt instructor while in a fun environment. Karate is a unique form of physical activity using movements and exercises that are excellent for personal health.

| Ses | Days & Times | Ages | Mem/Program |
|---------|-----------------------|------|-----------------|
| Fall I | Tuesday 6:00 - 7:00pm | 6-12 | \$65.00/\$85.00 |
| Fall II | Tuesday 6:00 - 7:00pm | 6-12 | \$65.00/\$85.00 |

Rock Wall 101

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------------------|------|----------------|
| Fall I | Wednesday 5:00pm - 5:45pm Fall I | 4-99 | \$0.00/\$35.00 |
| Fall I | Wednesday 6:00pm - 6:45pm Fall I | 4-99 | \$0.00/\$35.00 |
| Fall I | Wednesday 7:00 - 7:45pm Fall I | 4-99 | \$0.00/\$35.00 |
| Fall I | Saturday 9:00am - 9:45am Fall I | 4-99 | \$0.00/\$35.00 |
| Fall I | Saturday 10:00am - 10:45am Fall I | 4-99 | \$0.00/\$35.00 |
| Fall I | Saturday 11:00am - 11:45am Fall I | 4-99 | \$0.00/\$35.00 |
| Fall | Wednesday 5:00pm - 5:45pm Fall II | 4-99 | \$0.00/\$35.00 |
| II | Wednesday 6:00pm - 6:45pm Fall II | 4-99 | \$0.00/\$35.00 |
| Fall | Wednesday 7:00pm - 7:45pm Fall II | 4-99 | \$0.00/\$35.00 |
| II | Saturday 9:00am - 9:45am Fall II | 4-99 | \$0.00/\$35.00 |
| Fall | Saturday 10:00am - 10:45am Fall II | 4-99 | \$0.00/\$35.00 |
| II | Saturday 11:00am - 11:45am Fall II | 4-99 | \$0.00/\$35.00 |

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Wednesday 6:00 - 6:45pm | 3-5 | \$50.00/\$80.00 |
| Fall I | Thursday 6:00 - 6:45pm | 3-5 | \$50.00/\$80.00 |
| Fall | Monday 6:00 - 6:45pm | 3-5 | \$50.00/\$80.00 |
| II | Thursday 7:00 - 7:45pm | 3-5 | \$50.00/\$80.00 |

Soccer - Youth Indoor (ages 6+)

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Tuesday 7:15 - 8:00pm | 6-9 | \$50.00/\$80.00 |
| Fall I | Saturday 12:30 - 1:15pm | 6-9 | \$50.00/\$80.00 |
| Fall | Tuesday 7:15 - 8:00pm | 6-9 | \$50.00/\$80.00 |
| II | Saturday 1:15 - 2:00pm | 6-9 | \$50.00/\$80.00 |

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FOR YOUTH DEVELOPMENT
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FOR SOCIAL RESPONSIBILITY

Riverfront Family YMCA

Fall I (09/06-10/25), Fall III (11/02-12/20)

Group Classes

Aqua Barre

Barre utilizes the ballet barre and/or chairs to incorporate simple ballet positioning to provide an effective core exercise experience for strengthening as well as flexibility for the abdomen, back, and hips.

| Ses | Days & Times | Ages | Mem/Program |
|---------|-------------------------|-------|-----------------|
| Fall I | Wednesday 11:15-12:00pm | 16-99 | \$20.00/\$75.00 |
| Fall II | Wednesday 11:15-12:00pm | 16-99 | \$20.00/\$75.00 |

Register Online at AKRONYMCA.ORG

(330) 923-9622

544 Broad Boulevard, Cuyahoga Falls, OH 44221



FOR YOUTH DEVELOPMENT
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FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Fall I (09/06-10/25)

Sports & Youth Programs

Arts & Crafts

This parent-child class will enable you to enjoy arts and crafts experiences without a mess at home and with a guide! Bring a "paint shirt" to class each week and come excited to make fun arts and crafts with your child, helping him/her learn scissor skills as well as many other fine motor skills each week! Each class will include a story that relates to the craft and all supplies.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Tuesday 9:30 - 10:15am | 1-5 | \$30.00/\$60.00 |

Beginner Volleyball

Come practice some gross motor skills, move around, learn the very basics of volleyball, and most of all have fun!

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Wednesday 5:30 - 6:15pm | 5-8 | \$50.00/\$80.00 |

Cheerleading

Show us your spirit! This program will teach the basics of cheer. Incorporating elements of dance, basic movements and learning small routines.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Thursday 4:30 - 5:15pm | 7-12 | \$50.00/\$80.00 |

Discovering Art

Children will learn and practice basic art skills related to a variety of artists. Artwork will be taken home with them each week.

| Ses | Days & Times | Ages | Mem/Program |
|--------|----------------------|------|-----------------|
| Fall I | Monday 5:30 - 6:15pm | 6-12 | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Ses | Days & Times | Ages | Mem/Program |
|------|-------------------------|------|-----------------|
| Fall | Monday 6:30 - 7:15 pm | 3-5 | \$50.00/\$80.00 |
| I | Tuesday 6:30 - 7:15 pm | 3-5 | \$50.00/\$80.00 |
| Fall | Thursday 6:30 - 7:15 pm | 3-5 | \$50.00/\$80.00 |
| I | | | |

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

| Ses | Days & Times | Ages | Mem/Program |
|------|------------------------|------|-----------------|
| Fall | Tuesday 5:30 - 6:15pm | 1-3 | \$50.00/\$80.00 |
| I | Thursday 5:30 - 6:15pm | 1-3 | \$50.00/\$80.00 |
| Fall | | | |
| I | | | |

Kid's Strength & Conditioning

Kid's Strength & Conditioning will focus on improving participants body strength, help fitness and conditioning levels, and improve muscle mass. Fundamentals will be taught to develop better posture, speed and overall strength.

| Ses | Days & Times | Ages | Mem/Program |
|--------|----------------------|------|-----------------|
| Fall I | Monday 5:30 - 6:15pm | 8-12 | \$30.00/\$60.00 |

Kid's Stretch & Relax

Kids learn to stretch and release tension in a fun and safe environment. We will meditate, balance, breathe, and build strength using yoga type poses.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Tuesday 5:30 - 6:15 pm | 7-12 | \$30.00/\$60.00 |

Little Dribblers

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-----------------------|------|-----------------|
| Fall I | Tuesday 6:30 - 7:15pm | 3-5 | \$50.00/\$80.00 |

Pickleball 101

Pickleball 101 will teach participants the basic skills and knowledge to move forward with confidence in this rapidly growing sport! Pickleball paddles will be provided.

| Ses | Days & Times | Ages | Mem/Program |
|------|------------------------|------|-----------------|
| Fall | Monday 6:30 - 7:15pm | 8-12 | \$50.00/\$80.00 |
| I | Saturday 9:00 - 9:45am | 8-12 | \$50.00/\$80.00 |
| Fall | | | |
| I | | | |

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Ses | Days & Times | Ages | Mem/Program |
|------|-----------------------|------|-----------------|
| Fall | Monday 12:30 - 1:15pm | 3-5 | \$50.00/\$80.00 |
| I | Monday 5:30 - 6:15pm | 3-5 | \$50.00/\$80.00 |
| Fall | Tuesday 5:30 - 6:15pm | 3-5 | \$50.00/\$80.00 |
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Fall
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FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Fall I (09/06-10/25)

Sports & Youth Programs

Volleyball Class

Developmental class that allows all skill levels to learn the game of volleyball. This class works on fundamentals, rules, and games for athletes to grow in the game of volleyball.

| Ses | Days & Times | Ages Mem/Program | |
|--------|-------------------------|------------------|-----------------|
| Fall I | Wednesday 6:30 - 7:15pm | 7-12 | \$50.00/\$80.00 |

Home School Gym Class

Students will be led in various gym class games and sports activities while building friendships and learning about team work.

| Ses | Days & Times | Ages Mem/Program | |
|--------|---------------------------|------------------|-----------------|
| Fall I | Wednesday 11:00 - 11:45am | 5-12 | \$30.00/\$60.00 |

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FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Fall II (11/02-12/20)

Sports & Youth Programs

Arts & Crafts

This parent-child class will enable you to enjoy arts and crafts experiences without a mess at home and with a guide! Bring a "paint shirt" to class each week and come excited to make fun arts and crafts with your child, helping him/her learn scissor skills as well as many other fine motor skills each week! Each class will include a story that relates to the craft and all supplies.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Tuesday 9:30 - 10:15am | 1-5 | \$30.00/\$60.00 |

Beginner Volleyball

Come practice some gross motor skills, move around, learn the very basics of volleyball, and most of all have fun!

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Fall I | Wednesday 5:30 - 6:15pm | 5-8 | \$50.00/\$80.00 |

Cheerleading

Show us your spirit! This program will teach the basics of cheer. Incorporating elements of dance, basic movements and learning small routines.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Fall I | Thursday 4:30 - 5:15pm | 7-12 | \$50.00/\$80.00 |

Discovering Art

Children will learn and practice basic art skills related to a variety of artists. Artwork will be taken home with them each week.

| Ses | Days & Times | Ages | Mem/Program |
|--------|----------------------|------|-----------------|
| Fall I | Monday 5:30 - 6:15pm | 6-12 | \$50.00/\$80.00 |

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Ses | Days & Times | Ages | Mem/Program |
|------|-------------------------|------|-----------------|
| Fall | Monday 6:30 - 7:15 pm | 3-5 | \$50.00/\$80.00 |
| I | Tuesday 6:30 - 7:15 pm | 3-5 | \$50.00/\$80.00 |
| Fall | Thursday 6:30 - 7:15 pm | 3-5 | \$50.00/\$80.00 |
| I | | | |

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

| Ses | Days & Times | Ages | Mem/Program |
|------|------------------------|------|-----------------|
| Fall | Tuesday 5:30 - 6:15pm | 1-3 | \$50.00/\$80.00 |
| I | Thursday 5:30 - 6:15pm | 1-3 | \$50.00/\$80.00 |
| Fall | | | |
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Kid's Strength & Conditioning

Kid's Strength & Conditioning will focus on improving participants body strength, help fitness and conditioning levels, and improve muscle mass. Fundamentals will be taught to develop better posture, speed and overall strength.

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Wadsworth YMCA

Fall II (11/02-12/20)

Sports & Youth Programs

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