



## **OPEN GYM SCHEDULE**

SEPTEMBER 8<sup>TH</sup>, 2025- OCTOBER 25<sup>TH</sup>, 2025 (THIS SCHEDULE MAY VARY ON DAYS APS HAS NO SCHOOL)

Sunday Closed	Monday Open Gym 6:00a-8:45a	Tuesday Open Gym 6:00a-8:45a	Wednesday Open Gym 6:00a-8:45a	Thursday Open Gym 6:00a-8:45a	Friday Open Gym 6:00a-8:45a	Saturday Open Gym 8a-9a
	Silver Sneakers Classic 8:45a-10:00a  Pickleball 10:00a-12:00p	Silver Sneakers Classic 8:45a-10:00a  Open Gym 10:00a-3:00p	Silver Sneakers Classic 8:45a-10:00a  Open Gym 10:00a-3:00p	Silver Sneakers Classic 8:45a-10:00a  Open Gym 10:00a-3:00p	Silver Sneakers Classic 8:45a-10:00a Pickleball 10:00a-12:00p	Zumba 9a-10a  Open Gym 10:00a-11:00a
	Open Gym 12:00p-3:00p  After School	After School Care 3:00p-5:00p	After School Care 3:00p-5:00p	After School Care 3:00p-5:00p	Open Gym 12:00p-3:00p  After School	Taekwondo 11:00a-12:00p  Tumbling 12:30p-2:00p  1/2 Open Gym 12:00p-1:50p  Facility Closes at 2pm
	Care 3:00p-5:00p	Youth Sports Classes 5:00p-6:00p  Open Gym 6:00p-8:50p  Facility Closes at 9pm	Taekwondo 5:00p-6:00p	Open Gym 5:00p-8:50p	Care 3:00p-6:00p  Open Gym 6:00p-7:50p  Facility Closes at 8pm	
	Open Gym 5:00p-5:45p		Group Exercise Classes 6:00p-8:00p  Open Gym 8:00p-8:50p	Facility Closes at 9pm		
	Group Exercise Classes 6:00p-8:00p					
	Open Gym 8:00p-8:50p		Facility Closes at 9pm			
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akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.