



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Winter I (01/01-02/14)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Kohl Family YMCA	Monday 5:00pm - 6:00pm	Leland	4-17	\$50.00/\$80.00
Winter I	Kohl Family YMCA	Wednesday 5:00pm - 6:00pm	Leland	4-17	\$50.00/\$80.00
Winter I	Kohl Family YMCA	Monday & Wednesday 5:00pm - 6:00pm	Leland	4-17	\$90.00/\$150.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Firestone Park YMCA	Saturdays (3-5yrs.) 12:30pm-1:15pm		3-5	\$43.00/\$68.00

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Kohl Family YMCA	Tuesday 5:00pm-5:45pm		3-5	\$43.00/\$68.00

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Kohl Family YMCA	Mondays (K-2nd) 5:00pm - 6:00pm		5-8	\$80.00/\$110.00
Winter I	Kohl Family YMCA	Mondays (3rd-5th) 6:00pm - 7:00pm		8-11	\$80.00/\$110.00
Winter I	Kohl Family YMCA	Mondays (6th-8th) 7:00pm - 8:00pm		11-14	\$80.00/\$110.00

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Firestone Park YMCA	Thursday 5:00pm - 5:45pm		3-5	\$43.00/\$68.00
Winter I	Kohl Family YMCA	Wednesday 5:00pm - 5:45pm		3-5	\$43.00/\$68.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Firestone Park YMCA	Saturday (6-10yrs.) 1:15pm-2:00pm		6-10	\$43.00/\$68.00



Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Firestone Park YMCA	Tuesday 6:00pm - 6:45pm (Ages 6-8)		6-8	\$43.00/\$68.00
Winter I	Firestone Park YMCA	Thursday 6:00pm - 6:45pm (Ages 9-12)		9-12	\$43.00/\$68.00

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Firestone Park YMCA	Tuesday 5:00pm - 5:45pm		6-10	\$43.00/\$68.00
Winter I	Kohl Family YMCA	Tuesday 6:00pm - 6:45pm		6-10	\$43.00/\$68.00

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Ja		6-99	\$50.00/\$80.00
Winter I	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Fe		6-99	\$50.00/\$80.00

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter I	Kohl Family YMCA	Wednesday 6:00pm - 6:45pm (Bball, S		6-10	\$43.00/\$68.00



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Winter II (02/21-04/13)

Sports & Youth Programs

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Kohl Family YMCA	Monday 5:00pm - 6:00pm	Leland	4-17	\$50.00/\$80.00
Winter II	Kohl Family YMCA	Wednesday 5:00pm - 6:00pm	Leland	4-17	\$50.00/\$80.00
Winter II	Kohl Family YMCA	Monday & Wednesday 5:00pm - 6:00p	Leland	4-17	\$90.00/\$150.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Firestone Park YMCA	Saturdays (3-5yrs.) 12:30pm-1:15pm		3-5	\$50.00/\$80.00

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Kohl Family YMCA	Tuesday 5:00pm-5:45pm		3-5	\$50.00/\$80.00

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Kohl Family YMCA	Mondays (K-2nd) 5:00pm - 6:00pm		5-8	\$80.00/\$110.00
Winter II	Kohl Family YMCA	Mondays (3rd-5th) 6:00pm - 7:00pm		8-11	\$80.00/\$110.00
Winter II	Kohl Family YMCA	Mondays (6th-8th) 7:00pm - 8:00pm		11-14	\$80.00/\$110.00

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Firestone Park YMCA	Thursday 5:00pm - 5:45pm		3-5	\$50.00/\$80.00
Winter II	Kohl Family YMCA	Wednesday 5:00pm - 5:45pm		3-5	\$50.00/\$80.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Firestone Park YMCA	Saturday (6-10yrs.) 1:15pm-2:00pm		6-10	\$50.00/\$80.00



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Winter II (02/21-04/13)

Sports & Youth Programs

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Firestone Park YMCA	Tuesday 6:00pm - 6:45pm (Ages 6-8)		6-8	\$50.00/\$80.00
Winter II	Firestone Park YMCA	Thursday 6:00pm - 6:45pm (Ages 9-12)		9-12	\$50.00/\$80.00

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Firestone Park YMCA	Tuesday 5:00pm - 5:45pm		6-10	\$50.00/\$80.00
Winter II	Kohl Family YMCA	Tuesday 6:00pm - 6:45pm		6-10	\$50.00/\$80.00

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Ma		6-99	\$50.00/\$80.00
Winter II	Firestone Park YMCA	Weds 5pm-6pm & Sat 11am-12pm Ap		6-99	\$50.00/\$80.00

Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Winter II	Kohl Family YMCA	Wednesday 6:00pm - 6:45pm (Bball, S		6-10	\$50.00/\$80.00



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Green YMCA

Winter I (01/01-02/14)

Sports & Youth Programs

Youth Conditioning

Youth conditioning, focusing on strength, core strength, cardiovascular endurance, and balance.

Ses	Days & Times	Ages	Mem/Program
Winter I	Speed & Agility - Wed 3:15-4p	9-18	\$43.00/\$68.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wed 5:00 - 5:45pm	3-5	\$43.00/\$68.00

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Ses	Days & Times	Ages	Mem/Program
Winter I	Kg-1st Grade - Mon 5:15-6:15p	4-6	\$95.00/\$130.00
Winter I	Kg-1st Grade - Tues 5:15-6:15p	4-7	\$95.00/\$130.00
Winter I	2nd-3rd Grade - Mon 6:30-7:30p	7-9	\$95.00/\$130.00
Winter I	2nd-3rd Grade - Thurs 5:15-6:15p	7-9	\$95.00/\$130.00
Winter I	4th-5th Grade - Thurs 6:30-7:30p	9-11	\$95.00/\$130.00
Winter I	4th-5th Grade - Weds 5:00-5:55p	9-11	\$95.00/\$130.00
Winter I	6th-8th Grade - Tues 6:30-7:30p	11-14	\$95.00/\$130.00
Winter I	6th-8th Grade - Weds 7:15-8:15p	11-14	\$95.00/\$130.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wed 5:00 - 5:45pm	5-10	\$43.00/\$68.00

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wed 6-7pm & Sat 9-10am Jan	5-99	\$40.00/\$55.00
Winter I	Wed 6-7pm & Sat 9-10am Feb	5-99	\$40.00/\$55.00

Wee Movement

Formerly "Wee-tumblers". This engaging class focuses on developing children's fine motor skills and sensory abilities through interactive play. Sensory play, including tactile and auditory exercises, further supports sensory processing and exploration in a fun, supportive environment.

Ses	Days & Times	Ages	Mem/Program
Winter I	Thurs 10:15 - 11:00am	1-3	\$43.00/\$68.00

* Parent/child participation class

Register Online at AKRONYMCA.ORG

(330) 899-9622

3800 Massillon Road, Uniontown, OH 44685



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Green YMCA

Winter I (01/01-02/14)

Group Classes

Self Defense Workshop

This is a participation class taught by a law enforcement officer. Techniques in self defense will be taught to fit a variety of situations and circumstances.

Ses	Days & Times	Ages	Mem/Program
Winter I	Thurs 11:15 - 12:15 - February	10-99	\$30.00/\$50.00
Winter I	Thurs 11:15 - 12:15 - January	10-99	\$30.00/\$50.00

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FOR YOUTH DEVELOPMENT
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Green YMCA

Winter II (02/21-04/13)

Sports & Youth Programs

Youth Conditioning

Youth conditioning, focusing on strength, core strength, cardiovascular endurance, and balance.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed Speed and Agility	9-18	\$50.00/\$80.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed 5:00 - 5:45pm	3-5	\$50.00/\$80.00

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Ses	Days & Times	Ages	Mem/Program
Winter II	Kg-1st Grade - Mon 5:15-6:15p	4-6	\$95.00/\$130.00
Winter II	Kg-1st Grade - Tues 5:15-6:15p	4-7	\$95.00/\$130.00
Winter II	2nd-3rd Grade - Mon 6:30-7:30p	7-9	\$95.00/\$130.00
Winter II	2nd-3rd Grade - Thurs 5:15-6:15p	7-9	\$95.00/\$130.00
Winter II	4th-5th Grade - Thurs 6:30-7:30p	9-11	\$95.00/\$130.00
Winter II	6th-8th Grade - Tues 6:30-7:30p	11-14	\$95.00/\$130.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed 5:00 - 5:45pm	5-10	\$50.00/\$80.00

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed 6-7pm & Sat 9-10am Mar	5-99	\$40.00/\$55.00
Winter II	Wed 6pm-7pm & Sat 9am-10am Apr	5-99	\$40.00/\$55.00

Wee Movement

Formerly "Wee-tumblers". This engaging class focuses on developing children's fine motor skills and sensory abilities through interactive play. Sensory play, including tactile and auditory exercises, further supports sensory processing and exploration in a fun, supportive environment.

Ses	Days & Times	Ages	Mem/Program
Winter II	Thurs 10:15 - 11:00am	1-3	\$50.00/\$80.00

* Parent/child participation class

Register Online at AKRONYMCA.ORG

(330) 899-9622

3800 Massillon Road, Uniontown, OH 44685



FOR YOUTH DEVELOPMENT
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Green YMCA

Winter II (02/21-04/13)

Group Classes

Self Defense Workshop

This is a participation class taught by a law enforcement officer. Techniques in self defense will be taught to fit a variety of situations and circumstances.

Ses	Days & Times	Ages	Mem/Program
Winter II	Thurs 11:15 - 12:15 - April	10-99	\$30.00/\$50.00
Winter II	Thurs 11:15 - 12:15 - March	10-99	\$30.00/\$50.00

Register Online at AKRONYMCA.ORG

(330) 899-9622

3800 Massillon Road, Uniontown, OH 44685



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Lake Anna YMCA

Winter I (01/01-02/14), Winter II (02/21-04/13)

Sports & Youth Programs

Volleyball Clinic

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesdays (4th-6th) 4:30pm-5:30pm		\$65.00/\$95.00
Winter II	Wednesdays (4th-6th) 4:30pm-5:30pm		\$65.00/\$95.00

Intermediate Tumbling

This class will work on perfecting cartwheels, bridges and rolls, as we strengthen handstands and round offs. This class will also cover basic drills for walkovers and handspins.

Ses	Days & Times	Ages	Mem/Program
Winter I	Thursdays 5:15pm-6:00pm -	7-12	\$43.00/\$68.00
Winter II	Thursdays 5:15pm-6:00pm	7-12	\$50.00/\$80.00

Cheerleading

Show us your spirit! This program will teach the basics of cheer. Incorporating elements of dance, basic movements and learning small routines.

Ses	Days & Times	Ages	Mem/Program
Winter I	Rookies (K-2nd) Monday 5:15pm - 6:0		\$65.00/\$95.00
Winter I	Winners (3rd-5th) Monday 6:00pm - 6:		\$65.00/\$95.00
Winter II	Rookies (K-2nd) Monday 5:15pm - 6:0		\$65.00/\$95.00
Winter II	Winners (3rd-5th) Monday 6:00pm - 6:		\$65.00/\$95.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Winter I	Tuesdays (3-5yrs.): 5:15pm-6:00pm	3-5	\$43.00/\$68.00
Winter II	Tuesdays (3-5yrs.): 5:15pm-6:00pm	3-5	\$50.00/\$80.00

Ballet

Ballet is an introduction to simple and basic techniques with carefully graded, rhythmic exercises designed to develop poise, flexibility and grace within young children.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesdays (3-6yrs.) 4:00pm-4:45p	3-6	\$43.00/\$68.00
Winter II	Wednesdays (3-6yrs.) 4:00pm-4:45p	3-6	\$50.00/\$80.00

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Ses	Days & Times	Ages	Mem/Program
Winter I	Mondays (K-2nd) 5:00pm - 5:45pm		\$80.00/\$110.00
Winter I	Mondays (3rd-5th) 6:00pm - 7:00pm		\$80.00/\$110.00
Winter I	Tuesdays (6th-8th) 5:00pm - 7:00pm		\$80.00/\$110.00
Winter I	Tuesdays (High School) 5:00pm - 7:00pm		\$80.00/\$110.00
Winter II	Mondays (K-2nd) 5:00pm - 5:45pm		\$80.00/\$110.00
Winter II	Mondays (3rd-5th) 6:00pm - 7:00pm		\$80.00/\$110.00
Winter II	Tuesdays (6th-8th) 5:00pm - 7:00pm		\$80.00/\$110.00
Winter II	Tuesdays (High School) 5:00pm - 7:00pm		\$80.00/\$110.00

Men's 40 & Over Basketball League

Stay active and enroll in our men's basketball league. Leagues are open to all skill levels and provide an opportunity to play in a competitive and professionally managed environment. Players sign up as individuals and teams will be assigned.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 6:00 - 9:00pm	39-99	\$125.00/\$125.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Ses	Days & Times	Ages	Mem/Program
Winter I	Tuesdays (6-8yrs.): 6:15pm-7:00pm	6-8	\$43.00/\$68.00
Winter II	Tuesdays (6-8yrs.): 6:15pm-7:00pm	6-8	\$50.00/\$80.00

Hip Hop

Come and join us for Hip-Hop! Learn some fun ways to dance and learn different dances that will keep you movin' and groovin'. We look forward to having you join us for this dance class!

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesdays (6-9yrs.) 3:15-4:00pm	6-9	\$43.00/\$68.00
Winter II	Wednesdays (6-9yrs.) 3:15-4:00pm	6-9	\$50.00/\$80.00

Register Online at AKRONYMCA.ORG

(330) 745-9622

500 W. Hopocan Ave., Barberton, OH 44203



FOR YOUTH DEVELOPMENT
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Riverfront Family YMCA

Winter I (01/01-02/14), Winter II (02/21-04/13)

Sports & Youth Programs

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 5:30pm - 6:15pm	3-4	\$45.00/\$75.00
Winter I	Thursday 10:30am - 11:15am	3-4	\$45.00/\$75.00
Winter I	Saturday 9:00am - 9:45am	3-4	\$45.00/\$75.00
Winter I	Saturday 11:30am - 12:15pm	3-4	\$45.00/\$75.00
Winter II	Wednesday 5:30pm - 6:15pm	3-4	\$55.00/\$90.00
Winter II	Thursday 10:30am - 11:15am	3-4	\$55.00/\$90.00
Winter II	Saturday 9:00am - 9:45am	3-4	\$55.00/\$90.00
Winter II	Saturday 11:30am - 12:15pm	3-4	\$55.00/\$90.00

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 4:15pm-5:00pm	1-3	\$45.00/\$75.00
Winter I	Tuesday 10:30am-11:15am	1-3	\$45.00/\$75.00
Winter I	Saturday 10:45am-11:30am	1-3	\$45.00/\$75.00
Winter II	Monday 4:15pm-5:00pm	1-3	\$55.00/\$90.00
Winter II	Tuesday 10:30am-11:15am	1-3	\$55.00/\$90.00
Winter II	Saturday 10:45am-11:30am	1-3	\$55.00/\$90.00

Little Dribblers

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Winter I	Saturday 9:00 - 9:45am	3-5	\$43.00/\$68.00
Winter II	Monday 4:00 - 4:45pm	3-5	\$50.00/\$80.00
Winter II	Friday 5:00 - 5:45pm	3-5	\$50.00/\$80.00

Basketball - Youth (ages 6-8)

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 6:00 - 6:45pm	6-8	\$43.00/\$68.00
Winter I	Friday 6:00 - 6:45pm	6-8	\$43.00/\$68.00
Winter I	Saturday 10:00 - 10:45am	6-8	\$43.00/\$68.00

Basketball - Youth (ages 9-12)

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 8:00 - 8:45pm	9-12	\$43.00/\$68.00
Winter I	Wednesday 8:00 - 8:45pm	9-12	\$43.00/\$68.00
Winter I	Saturday 11:00 - 11:45am	9-12	\$43.00/\$68.00

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 6:00 - 6:45pm	3-5	\$43.00/\$68.00
Winter I	Thursday 7:00 - 7:45pm	3-5	\$43.00/\$68.00
Winter I	Friday 5:00 - 5:45pm	3-5	\$43.00/\$68.00
Winter II	Monday 5:00 - 5:45pm	3-5	\$50.00/\$80.00
Winter II	Wednesday 4:00 - 4:45pm	3-5	\$50.00/\$80.00

Gymnastics - Beginners

The first level of progressive gymnastics classes offered. The first class for all children 5 years old and above who have never taken gymnastics. Beginners is an introduction of basic gymnastics skills, flexibility, and strength on all 4 events (Vault, Bars, Beam, Floor).

Skills Taught: running & jumping form (vault), hanging shapes, bar holds & movements (bars), balancing holds, movements, & jumps (beam), jumping shapes, rolls, handstands, cartwheels (floor), strength, flexibility, listening, etc.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 5:00pm-6:00pm	5-17	\$65.00/\$90.00
Winter I	Monday 6:00pm-7:00pm	5-17	\$65.00/\$90.00
Winter I	Wednesday 4:30pm-5:30pm	5-17	\$65.00/\$90.00
Winter I	Wednesday 6:30pm-7:30pm	5-17	\$65.00/\$90.00
Winter I	Saturday 9:45am-10:45am	5-17	\$65.00/\$90.00
Winter I	Saturday 12:15pm-1:15pm	5-17	\$65.00/\$90.00
Winter II	Monday 5:00pm-6:00pm	5-17	\$75.00/\$105.00
Winter II	Monday 6:00pm-7:00pm	5-17	\$75.00/\$105.00
Winter II	Wednesday 4:30pm-5:30pm	5-17	\$75.00/\$105.00
Winter II	Wednesday 6:30pm-7:30pm	5-17	\$75.00/\$105.00
Winter II	Saturday 9:45am-10:45am	5-17	\$75.00/\$105.00
Winter II	Saturday 12:15pm-1:15pm	5-17	\$75.00/\$105.00

Register Online at AKRONYMCA.ORG

(330) 923-9622

544 Broad Boulevard, Cuyahoga Falls, OH 44221



Riverfront Family YMCA

Winter I (01/01-02/14), Winter II (02/21-04/13)

Sports & Youth Programs

Gymnastics - Intermediate

The second progressive gymnastics class offered. Intermediate is the next step after testing out the Beginners class, unless the gymnast has prior experience from another gym (contact Gymnastics Coordinator to schedule an evaluation for placement). The Intermediate class is an advancement of the basic skills taught in Beginners. The events and skills learned will be progressed in addition to the introduction of new skills on all 4 events.

Skills Taught: running & jumping form, vaulting technique and power (vault), hanging shape strength, bar holds, movements & circling skills (bars), advanced balancing holds, jumping shapes, advanced beam movements, handstand intro (beam), jumping shapes, turns, rolls, kick-overs, handstands, cartwheels, round-off intro (floor), strength, flexibility, listening, coachability, etc.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 7:00pm - 8:00pm	5-17	\$65.00/\$90.00
Winter I	Wednesday 4:30pm - 5:30pm	5-17	\$65.00/\$90.00
Winter I	Wednesday 5:30pm - 6:30pm	5-17	\$65.00/\$90.00
Winter I	Saturday 9:45am - 10:45am	5-17	\$65.00/\$90.00
Winter II	Monday 7:00pm - 8:00pm	5-17	\$75.00/\$105.00
Winter II	Wednesday 4:30pm - 5:30pm	5-17	\$75.00/\$105.00
Winter II	Wednesday 5:30pm - 6:30pm	5-17	\$75.00/\$105.00
Winter II	Saturday 9:45am - 10:45am	5-17	\$75.00/\$105.00

Gymnastics - Advanced

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 6:30pm-8:00pm	6-17	\$70.00/\$95.00
Winter I	Saturday 11:00am-12:30pm	6-17	\$70.00/\$95.00
Winter II	Monday 6:30pm-8:00pm	6-17	\$80.00/\$110.00
Winter II	Saturday 11:00am-12:30pm	6-17	\$80.00/\$110.00

Gymnastics - Elite

The fourth, and last progressive gymnastics class offered. Elite is the next step after testing out of the Advanced class. The Elite class is a progressed version after the Advanced class where previously learned skills are scaled to be more challenging as the gymnasts learn to refine & polish their skills as well as their independence in performing them. The gymnasts will also learn some additional new skills to introduce and prepare them for the next step, which is Pre-Team.

Skills Taught: gymnastics vaults, drilling, perfecting technique & form (vault), glide swings, pullovers, bigger bar casting, circling, squat-on (bars), jumps & connections, turns & leaps, handstands, dismounts (beam), jump connections, leaps, rolls, handstands, kick-overs, round-offs, backhandspring, increased & maintained strength, flexibility, coachability, concentration, focus, responsibility, etc.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 6:30pm-8:00pm	6-17	\$70.00/\$95.00
Winter II	Wednesday 6:30pm-8:00pm	6-17	\$80.00/\$110.00

Karate - Youth

Karate class is designed for children to learn confidence, self-discipline and respect from a Black Belt instructor while in a fun environment. Karate is a unique form of physical activity using movements and exercises that are excellent for personal health.

Ses	Days & Times	Ages	Mem/Program
Winter I	Tuesday 6:00 - 7:00pm	6-12	\$55.00/\$73.00
Winter II	Tuesday 6:00 - 7:00pm	6-12	\$65.00/\$85.00

Rock Wall 101

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 5:00pm - 5:45pm	Winter I 4-99	\$0.00/\$30.00
Winter I	Wednesday 6:00pm - 6:45pm	Winter I 4-99	\$0.00/\$30.00
Winter I	Wednesday 7:00pm - 7:45pm	Winter I 4-99	\$0.00/\$30.00
Winter I	Saturday 9:00am - 9:45am	Winter I 4-99	\$0.00/\$30.00
Winter I	Saturday 10:00am - 10:45am	Winter I 4-99	\$0.00/\$30.00
Winter I	Saturday 11:00am - 11:45am	Winter I 4-99	\$0.00/\$30.00
Winter II	Wednesday 5:00pm - 5:45pm	Winter II 4-99	\$0.00/\$35.00
Winter II	Wednesday 6:00pm - 6:45pm	Winter II 4-99	\$0.00/\$35.00
Winter II	Wednesday 7:00pm - 7:45pm	Winter II 4-99	\$0.00/\$35.00
Winter II	Saturday 9:00am - 9:45am	Winter II 4-99	\$0.00/\$35.00
Winter II	Saturday 10:00am - 10:45am	Winter II 4-99	\$0.00/\$35.00
Winter II	Saturday 11:00am - 11:45am	Winter II 4-99	\$0.00/\$35.00

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 7:00 - 7:45pm	3-5	\$43.00/\$68.00
Winter I	Thursday 6:00 - 6:45pm	3-5	\$43.00/\$68.00
Winter II	Wednesday 5:00 - 5:45pm	3-5	\$50.00/\$80.00
Winter II	Friday 4:00 - 4:45pm	3-5	\$50.00/\$80.00

Soccer - Youth Indoor (ages 6+)

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 7:00 - 7:45pm	6-9	\$43.00/\$68.00
Winter I	Thursday 7:00 - 7:45pm	6-9	\$43.00/\$68.00

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 6:30pm-8:00pm	6-17	\$70.00/\$95.00
Winter II	Wednesday 6:30pm-8:00pm	6-17	\$80.00/\$110.00

Register Online at AKRONYMCA.ORG

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544 Broad Boulevard, Cuyahoga Falls, OH 44221



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Winter I (01/01-02/14)

Sports & Youth Programs

Arts & Crafts

This parent-child class will enable you to enjoy arts and crafts experiences without a mess at home and with a guide! Bring a "paint shirt" to class each week and come excited to make fun arts and crafts with your child, helping him/her learn scissor skills as well as many other fine motor skills each week! Each class will include a story that relates to the craft and all supplies.

Ses	Days & Times	Ages	Mem/Program
Winter I	Tuesday 9:30 - 10:15am	1-5	\$26.00/\$51.00

Beginner Volleyball

Come practice some gross motor skills, move around, learn the very basics of volleyball, and most of all have fun!

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 5:30 - 6:15pm	5-8	\$43.00/\$68.00

Creative Movement

Creative movement is a fun class filled with fun music and continuous movement! Sing, march and jump!

Ses	Days & Times	Ages	Mem/Program
Winter I	Friday 10:30 - 11:15am	2-5	\$43.00/\$68.00

**New East Room Policy: Parents may be present in room during the last 5-10 minutes*

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Winter I	Tuesday 6:30 - 7:15 pm	3-5	\$43.00/\$68.00
Winter I	Thursday 6:30 - 7:15 pm	3-5	\$43.00/\$68.00

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 10:00 - 10:45 am	1-3	\$43.00/\$68.00
Winter I	Thursday 5:30 - 6:15pm	1-3	\$43.00/\$68.00
Winter I	Friday 9:30 - 10:15am	1-3	\$43.00/\$68.00

Kid's Strength & Conditioning

Kid's Strength & Conditioning will focus on improving participants body strength, help fitness and conditioning levels, and improve muscle mass. Fundamentals will be taught to develop better posture, speed and overall strength.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 5:30 - 6:15pm	8-12	\$26.00/\$51.00

Little Dribblers

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 6:30 - 7:15pm	3-5	\$43.00/\$68.00

Pickleball 101

Pickleball 101 will teach participants the basic skills and knowledge to move forward with confidence in this rapidly growing sport! Pickleball paddles will be provided.

Ses	Days & Times	Ages	Mem/Program
Winter I	Thursday 5:30 - 6:15pm	8-12	\$43.00/\$68.00

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Winter I	Monday 12:30 - 1:15pm	3-5	\$43.00/\$68.00
Winter I	Monday 5:30 - 6:15pm	3-5	\$43.00/\$68.00
Winter I	Thursday 6:30 - 7:15pm	3-5	\$43.00/\$68.00

Volleyball Class

Developmental class that allows all skill levels to learn the game of volleyball. This class works on fundamentals, rules, and games for athletes to grow in the game of volleyball.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 6:30 - 7:15pm	7-12	\$43.00/\$68.00

Home School Gym Class

Students will be led in various gym class games and sports activities while building friendships and learning about team work.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 10:00 - 10:45 am	5-12	\$26.00/\$51.00

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623 School Drive, Wadsworth, OH 44281



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Winter I (01/01-02/14)

Sports & Youth Programs

Home School Arts and Crafts

These classes are tailored specifically for families with home-schooled children. Children will learn and practice basic art skills related to a variety of artists. Artwork will be taken home with them each week.

Ses	Days & Times	Ages	Mem/Program
Winter I	Wednesday 11:00 - 11:45 am	5-12	\$26.00/\$51.00

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FOR YOUTH DEVELOPMENT
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Wadsworth YMCA

Winter II (02/21-04/13)

Sports & Youth Programs

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Ses	Days & Times	Ages	Mem/Program
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