



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OPEN GYM SCHEDULE

DECEMBER 22ND, 2025- JANUARY 2ND, 2025 (THIS SCHEDULE MAY VARY ON DAYS APS HAS NO SCHOOL)

<u>Sunday</u> Closed	<u>Monday</u> Open Gym 6:00a-8:45a	<u>Tuesday</u> Open Gym 6:00a-8:45a	<u>Wednesday</u> Open Gym 6:00a-8:45a	<u>Thursday</u> Open Gym 6:00a-8:45a	<u>Friday</u> Open Gym 6:00a-8:45a	<u>Saturday</u> Open Gym 8a-9a
	Silver Sneakers Classic 8:45a-10:00a	Silver Sneakers Classic 8:45a-10:00a	Silver Sneakers Classic 8:45a-10:00a	Silver Sneakers Classic 8:45a-10:00a	Silver Sneakers Classic 8:45a-10:00a	Zumba 9a-10a
	Childcare 10:15a-11:15p	Childcare 10:15a-11:15p	Childcare 10:15a-11:15p	Childcare 10:15a-11:15p	Childcare 10:15a-11:15p	Open Gym 10:00a-11:00a
	Pickleball 11:15a-12:15p	Bridgestone Pickleball 11:30a-1:00p	Bridgestone Pickleball 11:30a-1:00p	Bridgestone Pickleball 11:30a-1:00p	Pickleball 11:15a-12:15p	Taekwondo 11:00a-12:00p
	Open Gym 12:15p-2:00p	Open Gym 1:00p-2:00p	Open Gym 1:00p-2:00p	Open Gym 1:00p-2:00p	Open Gym 12:15p-2:00p	Open Gym 12:00p-1:50p
	Childcare 2:00p-4:00p	Childcare 2:00p-4:00p	Childcare 2:00p-4:00p	Childcare 2:00p-4:00p	Childcare 2:00p-4:00p	<i>Facility Closes</i> <i>at 2pm</i>
	Open Gym 4:00p-6:00p	Open Gym 4:00p-8:50p	Open Gym 4:00p-5:00p	Open Gym 4:00p-8:50p	Open Gym 4:00p-7:50p	
	Group Exercise Classes 6:00p-8:00p	<i>Facility Closes</i> <i>at 9pm</i>	Taekwondo 5:00p-6:00p	<i>Facility Closes</i> <i>at 9pm</i>	<i>Facility Closes</i> <i>at 8pm</i>	
	Open Gym 8:00p-8:50p		Group Exercise Classes 6:00p-8:00p			
	<i>Facility Closes</i> <i>at 9pm</i>		Open Gym 8:00p-8:50p			
			<i>Facility Closes at</i> <i>9pm</i>			

FIRESTONE PARK YMCA
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(330) 724-1255

akronymca.org

The Y strives to make
programs and membership
available to all. Financial
assistance may be available
to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

