



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THERAPY POOL SCHEDULE 1/05-2/15

## Winter 1 2026

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

### Key:

Adult Swim 18+  
(Purple Boxes)

Adult & Toddler Swim  
(Yellow Boxes)

Open to adults with their children under 6. Must have an adult (18+) in the water within arm's reach for the duration of swim.

Closed for YMCA Programming  
(Red Boxes)

Crystal Clinic  
(Magenta Boxes)

Closed  
(Blue Boxes)

Aquatic Rules & Policies

We have Pool Rules, Aquatic Conduct Policies, Swim Test Policies, and Youth Supervision Policies that are in place and will be enforced going forward. We appreciate your adherence to these in advance for the safety of all. For more info visit our Aquatic Area.

### CLOSINGS:

The Aquatic Center, including the Sauna, will be Closed for Swim Meets on the following Wednesdays from 3:00pm-7:45pm:

1/07/26  
1/14/26  
1/28/26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	6:15am-7:45am Adult Swim 18+ Safety Break 8:00am-8:45am Adult Swim 18+ Safety Break	Closed	6:15am-7:45am Adult Swim 18+ Safety Break 8:00am-8:45am Adult Swim 18+ Safety Break	Closed	7:30am-8:45am Adult Swim 18+
		8:30am-12:00pm <u>Closed for YMCA Programming</u>	9:00am-9:30am <u>Adult &amp; Toddler Swim</u>	8:30am-12:00pm <u>Closed for YMCA Programming</u>	9:00am-9:30am <u>Adult &amp; Toddler Swim</u>	8:30am-12:00pm <u>Closed for YMCA Programming</u>
		12:00pm-5:00pm <u>Closed for Crystal Clinic</u>	9:30am-6:15pm <u>Closed for Crystal Clinic</u>	12:00pm-5:00pm <u>Closed for Crystal Clinic</u>	9:30am-6:15pm <u>Closed for Crystal Clinic</u>	8:45am-12:15pm <u>Closed for YMCA Programming</u>
		12:15pm-1:00pm Adult Swim 18+	5:00pm-8:00pm	5:00pm-7:30pm Adult Swim 18+	5:00pm-7:30pm Adult Swim 18+	12:15pm-1:00pm Adult Swim 18+
		1:00pm-2:30pm <u>Adult &amp; Toddler Swim</u>			5:00pm-7:30pm <u>Adult &amp; Toddler Swim</u>	1:00pm-2:30pm <u>Adult &amp; Toddler Swim</u>
		2:30pm-4:30pm Adult Swim 18+	6:15pm-8:00pm <u>Closed for YMCA Programming</u>	6:15pm-8:00pm <u>Closed for YMCA Programming</u>	6:15pm-8:00pm <u>Closed for YMCA Programming</u>	2:30pm-4:30pm Adult Swim 18+
		Closed 4:30pm				Closed 4:30pm