



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAIN LAP POOL SCHEDULE 2/16-3/08

Winter 2026

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

Key:

Family Swim
(Green Boxes)

Lap Swim & Exercise
(White Boxes)

Adult Lap Swim & Exercise
(Purple Boxes)

Adult Lap Swim Only During
YMCA Programming
(Red Boxes)

Closed
(Blue Boxes)

Lap Swim

Please communicate respectfully with fellow lap swimmers in regards to pattern changes. Please try to be courteous & limit lap swim to 60 minutes during busy times.

Adult Lap Swim is for Persons 18 years & older.

Lap swim is for Persons 11 years (must be a Green Band) & older. They may only swim in the lap lanes during "Lap Swim" & with appropriate behavior.

Aquatic Rules & Policies

We have Pool Rules, Aquatic Conduct Policies, Swim Test Policies, and Youth Supervision Policies that are in place and will be enforced going forward. We appreciate your adherence to these in advance for the safety of all. For more info visit our Aquatic Area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-10:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-10:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	Closed
	8:25am-9:45am <u>Adult Lap Swim</u> 2 Lanes		8:25am-9:45am <u>Adult Lap Swim</u> 2 Lanes		8:25am-9:45am <u>Adult Lap Swim</u> 2 Lanes	
	Water Fitness 4 Lanes Closed		Water Fitness 4 Lanes Closed		Water Fitness 4 Lanes Closed	
	9:45am-11:15am Lap Swim 4 Lanes Exercise 2 Lanes	10:25am-1:30pm <u>Adult Lap Swim</u> 1 Lane	9:45am-11:15am Lap Swim 4 Lanes Exercise 2 Lanes	10:25am-1:30pm <u>Adult Lap Swim</u> 1 Lane	9:45am-11:15am Lap Swim 4 Lanes Exercise 2 Lanes	
	11:15am-1:00pm <u>Adult Lap Swim</u> 4 Lanes	YMCA SAW	11:15am-1:30pm YMCA SAW Programming	YMCA SAW	11:15am-1:30pm YMCA SAW Programming	9:00am-12:15pm <u>Adult Lap Swim</u> 1 Lane YMCA YSL Programming
12:15pm-4:30pm <u>Adult Lap Swim</u> 3 Lanes	*Family Swim* 2 Lanes	Programming 5 Lanes Closed	*All Lanes Closed*	Programming 5 Lanes Closed	*All Lanes Closed*	5 Lanes Closed
Family Swim 3 Lanes	Closed 1:00pm-4:00pm	1:30pm-4:45pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes	1:30pm-2:00pm Lap Swim 6 Lanes	1:30pm-4:45pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes	1:30pm-4:00pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes	12:15pm-1:00pm <u>Adult Lap Swim</u> 3 Lanes <u>Adult Exercise</u> 3 Lanes
			Closed 2:00pm-4:00pm			
	4:00pm-4:45pm Lap Swim 4 Lanes Exercise 2 Lanes		4:00pm-4:45pm Lap Swim 4 Lanes Exercise 2 Lanes		4:00pm-4:45pm Lap Swim 4 Lanes Exercise 2 Lanes	1:00pm-4:30pm <u>Adult Lap Swim</u> 3 Lanes *Family Swim* 3 Lanes
4:30pm-4:45pm Lap Swim 3 Lanes Exercise 3 Lanes	4:45pm-7:45pm <u>Adult Lap Swim</u> 1 Lane	4:45pm-7:45pm <u>Adult Lap Swim</u> 1 Lane	4:45pm-7:45pm <u>Adult Lap Swim</u> 3 Lanes	4:45pm-7:45pm <u>Adult Lap Swim</u> 1 Lane	4:45pm-7:00pm <u>Adult Lap Swim</u> 3 Lanes	4:30pm-4:45pm Lap Swim 3 Lanes Exercise 3 Lanes
Closed 4:45pm	YMCA YSL Programming 5 Lanes Closed	YMCA YSL Programming 5 Lanes Closed	*Family Swim* 3 Lanes	YMCA YSL Programming 5 Lanes Closed	*Family Swim* 3 Lanes	Closed
	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:00pm-7:30pm Lap Swim 4 Lanes Exercise 2 Lanes	
					Closed	



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RECREATION POOL SCHEDULE 2/16-3/08

Winter 2 2026

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Key:

Family Swim
(Green Boxes)

Adult Exercise
(Purple Boxes)

Closed for YMCA
Programming
(Red Boxes)

Closed
(Blue Boxes)

Water Features

Typically Available but is subject to change based on pool activities & patron volume.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	Closed	Closed	Closed	Closed	Closed
	9:30am-11:15am <u>Adult Exercise</u>	9:30am-10:25am *Family Swim*	9:30am-11:15am <u>Adult Exercise</u>	9:30am-10:25am *Family Swim*	9:30am-11:15am <u>Adult Exercise</u>	9:00am-1:00pm Closed for YMCA Programming
		10:25am-1:30pm		10:25am-1:30pm		Ask Us About Swim Lessons!
	11:15am-1:00pm *Family Swim*	Closed for YMCA Programming	11:15am-1:30pm Closed for YMCA Programming	Closed for YMCA Programming	11:15am-1:30pm Closed for YMCA Programming	Stop at the Front Desk.
12:15pm-4:30pm *Family Swim*	Closed	1:30pm-4:45pm *Family Swim*	Closed	1:30pm-4:45pm *Family Swim*	1:30pm-4:00pm *Family Swim*	1:00pm-4:30pm *Family Swim*
	1:00pm-4:00pm		1:30pm-4:00pm			
	4:00pm-4:45pm <u>Adult Exercise</u>		4:00pm-4:45pm <u>Adult Exercise</u>		4:00pm-4:45pm <u>Adult Exercise</u>	
	4:45pm-7:45pm	4:45pm-7:45pm	4:45pm-7:45pm	4:45pm-7:45pm	4:45pm-7:00pm	
Closed	Closed for YMCA Programming Ask Us About Swim Lessons! Stop at the Front Desk.	Closed for YMCA Programming Ask Us About Swim Lessons! Stop at the Front Desk.	*Family Swim*	Closed for YMCA Programming Ask Us About Swim Lessons! Stop at the Front Desk.	*Family Swim*	Closed
4:45pm						4:45pm
	7:45pm-8:30pm <u>Adult Exercise</u>	7:45pm-8:30pm <u>Adult Exercise</u>	7:45pm-8:30pm <u>Adult Exercise</u>	7:45pm-8:30pm <u>Adult Exercise</u>	Closed 7:00pm	



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THERAPY POOL SCHEDULE 2/16-3/08

Winter 2026

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Key:

Adult Swim 18+
(Purple Boxes)

Adult & Toddler Swim
(Yellow Boxes)

Open to adults with their children under 6. Must have an adult (18+) in the water within arm's reach for the duration of swim.

Closed for YMCA
Programming
(Red Boxes)

Crystal Clinic
(Magenta Boxes)

Closed
(Blue Boxes)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
Closed	Closed	6:15am-7:45am Adult Swim 18+	Closed	6:15am-7:45am Adult Swim 18+	Closed	Closed		
		Safety Break		Safety Break				
		8:00am-8:45am Adult Swim 18+		8:00am-8:45am Adult Swim 18+				
		Safety Break		Safety Break				
		8:30am-12:00pm Closed for YMCA Programming		9:00am-9:30am Adult & Toddler Swim			8:30am-12:00pm Closed for YMCA Programming	9:00am-9:30am Adult & Toddler Swim
	12:00pm-5:00pm Closed for Crystal Clinic	9:30am-6:15pm Closed for Crystal Clinic	12:00pm-5:00pm Closed for Crystal Clinic	9:30am-6:15pm Closed for Crystal Clinic	12:00pm-5:00pm Closed for Crystal Clinic	9:00am-12:15pm Closed for YMCA Programming		
		Closed for Crystal Clinic		Closed for Crystal Clinic		12:15pm-1:00pm Adult Swim 18+		
	1:00pm-2:30pm Adult & Toddler Swim					1:00pm-2:30pm Adult & Toddler Swim		
	2:30pm-4:30pm Adult Swim 18+	5:00pm-8:00pm Closed for YMCA Programming	Adult Swim 18+	5:00pm-7:30pm Adult Swim 18+	2:30pm-4:30pm Adult Swim 18+			
	Closed 4:30pm	6:15pm-8:00pm Closed for YMCA Programming		6:15pm-8:00pm Closed for YMCA Programming				
		Closed for YMCA Programming		Closed for YMCA Programming		Closed 4:30pm		