

Gym Schedule Winter II Session February 22 - April 11 (THIS SCHEDULE IS SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 7:00am-8:45am	Open Gym 11:00am-3:45pm
Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Gym Closed 9:00am-2:00pm	
Wildcard Workout 10:00am-11:00am	Open Gym 10:00am-12:00pm	Wildcard Workout 10:00am-11:00am	Open Gym 10:00am-12:00pm	Wildcard Workout 10:00am-11:00am	Open Gym 1:00pm-3:45pm	
Open Gym 11:00am-4:45pm	Pickleball 12:00pm-2:00pm	Open Gym 11:00am-8:45pm	Pickleball 12:00pm-2:00pm	Open Gym 11:00am-7:45pm		
Gym Closed 4:45pm-8:00pm	Open Gym 2:00pm-4:45pm		Open Gym 2:00pm-8:45pm			
Open Gym 8:00pm-8:45pm	1/2 Gym Closed 4:45pm-7:00pm		Pickleball 1/2 Gym 6:00pm-8:45pm			
	Open Gym 7:00pm-8:45pm					

***Members are responsible for setting up nets during Open Pickleball Time (Ask Staff If You Need Assistance)**

***1/2 Gym Closed For Private Rental 3/12/26**