



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Fall I (09/06-10/24)

## Sports & Youth Programs

### Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Session | Branch           | Days & Times          | Instructor Name | Ages | Mem/Program     |
|---------|------------------|-----------------------|-----------------|------|-----------------|
| Fall I  | Kohl Family YMCA | Tuesday 5:00pm-5:45pm |                 | 3-5  | \$50.00/\$80.00 |

### Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Session | Branch              | Days & Times                    | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|---------------------------------|-----------------|------|-----------------|
| Fall I  | Firestone Park YMCA | Fridays (3-5yrs.) 5:00pm-5:45pm |                 | 3-5  | \$50.00/\$80.00 |

### Sporties For Shorties

SportiesforShortieswillintroduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Session | Branch              | Days & Times               | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|----------------------------|-----------------|------|-----------------|
| Fall I  | Firestone Park YMCA | Thursday 5:00pm - 5:45pm   |                 | 3-5  | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Wednesday 5:00pm - 5:45pm  |                 | 3-5  | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Saturday 10:00am - 10:45am |                 | 3-5  | \$50.00/\$80.00 |

### Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

| Session | Branch           | Days & Times           | Instructor Name | Ages | Mem/Program     |
|---------|------------------|------------------------|-----------------|------|-----------------|
| Fall I  | Kohl Family YMCA | Saturday 9:00am-9:45am |                 | 3-5  | \$50.00/\$80.00 |

### Basic Tumbling

Beginlearningthebasics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Session | Branch              | Days & Times                     | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|----------------------------------|-----------------|------|-----------------|
| Fall I  | Firestone Park YMCA | Fridays (6-10yrs.) 6:00pm-6:45pm |                 | 6-10 | \$50.00/\$80.00 |

### Basketball - Clinic

TheBasketballClinicwillfocus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Session | Branch              | Days & Times                       | Instructor Name | Ages  | Mem/Program     |
|---------|---------------------|------------------------------------|-----------------|-------|-----------------|
| Fall I  | Firestone Park YMCA | Tuesday 6:00pm - 6:45pm            |                 | 6-10  | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Monday (K-2nd) 5:00pm - 5:45pm     |                 | 5-8   | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Monday (3rd-5th) 6:00pm - 6:45pm   |                 | 8-11  | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Monday (6th-8th) 7:00pm - 7:45pm   |                 | 11-14 | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Saturday (K-2nd) 11:00am - 11:45am |                 | 5-8   | \$50.00/\$80.00 |

Register Online at [AKRONYMCA.ORG](https://www.AKRONYMCA.ORG)



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## Sports & Youth Programs

### Flag Football Clinic

Children will learn basic fundamentals of football. Throwing, catching, route running, defense, and more will be taught through fun drills and games.

| Session | Branch              | Days & Times            | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall I  | Firestone Park YMCA | Thursday 6:00 - 6:45 pm |                 | 6-10 | \$50.00/\$80.00 |

### Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Session | Branch              | Days & Times               | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|----------------------------|-----------------|------|-----------------|
| Fall I  | Firestone Park YMCA | Tuesday 5:00pm - 5:45pm    |                 | 6-10 | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Tuesday 6:00pm - 6:45pm    |                 | 6-10 | \$50.00/\$80.00 |
| Fall I  | Kohl Family YMCA    | Saturday 12:00pm - 12:45pm |                 | 6-10 | \$50.00/\$80.00 |

### Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

| Session | Branch              | Days & Times                      | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|-----------------------------------|-----------------|------|-----------------|
| Fall I  | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Sept |                 | 6-99 | \$50.00/\$80.00 |
| Fall I  | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Octo |                 | 6-99 | \$50.00/\$80.00 |

### Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

| Session | Branch           | Days & Times                          | Instructor Name | Ages | Mem/Program     |
|---------|------------------|---------------------------------------|-----------------|------|-----------------|
| Fall I  | Kohl Family YMCA | Wednesday 6:00pm - 6:45pm (Bball, Soc |                 | 6-10 | \$50.00/\$80.00 |



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Fall II (11/01-12/19)

## Sports & Youth Programs

### Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Session | Branch           | Days & Times          | Instructor Name | Ages | Mem/Program     |
|---------|------------------|-----------------------|-----------------|------|-----------------|
| Fall II | Kohl Family YMCA | Tuesday 5:00pm-5:45pm |                 | 3-5  | \$50.00/\$80.00 |

### Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Session | Branch              | Days & Times                    | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|---------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Fridays (3-5yrs.) 5:00pm-5:45pm |                 | 3-5  | \$50.00/\$80.00 |

### Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Session | Branch              | Days & Times              | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|---------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Thursday 5:00pm - 5:45pm  |                 | 3-5  | \$45.00/\$70.00 |
| Fall II | Kohl Family YMCA    | Wednesday 5:00pm - 5:45pm |                 | 3-5  | \$50.00/\$80.00 |

### Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

| Session | Branch           | Days & Times                      | Instructor Name | Ages  | Mem/Program      |
|---------|------------------|-----------------------------------|-----------------|-------|------------------|
| Fall II | Kohl Family YMCA | Mondays (K-2nd) 5:00pm - 6:00pm   |                 | 5-8   | \$80.00/\$110.00 |
| Fall II | Kohl Family YMCA | Mondays (3rd-5th) 6:00pm - 7:00pm |                 | 8-11  | \$80.00/\$110.00 |
| Fall II | Kohl Family YMCA | Mondays (6th-8th) 7:00pm - 8:00pm |                 | 11-14 | \$80.00/\$110.00 |

### Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

| Session | Branch              | Days & Times                     | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|----------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Fridays (6-10yrs.) 6:00pm-6:45pm |                 | 6-10 | \$50.00/\$80.00 |

### Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

| Session | Branch              | Days & Times            | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Tuesday 6:00pm - 6:45pm |                 | 6-10 | \$50.00/\$80.00 |



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Fall II (11/01-12/19)

## Sports & Youth Programs

### Flag Football Clinic

Children will learn basic fundamentals of football. Throwing, catching, route running, defense, and more will be taught through fun drills and games.

| Session | Branch              | Days & Times            | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Thursday 6:00 - 6:45 pm |                 | 6-10 | \$45.00/\$70.00 |

### Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Session | Branch              | Days & Times            | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|-------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Tuesday 5:00pm - 5:45pm |                 | 6-10 | \$50.00/\$80.00 |
| Fall II | Kohl Family YMCA    | Tuesday 6:00pm - 6:45pm |                 | 6-10 | \$50.00/\$80.00 |

### Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

| Session | Branch              | Days & Times                     | Instructor Name | Ages | Mem/Program     |
|---------|---------------------|----------------------------------|-----------------|------|-----------------|
| Fall II | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Nov |                 | 6-99 | \$50.00/\$80.00 |
| Fall II | Firestone Park YMCA | Weds 5pm-6pm & Sat 11am-12pm Dec |                 | 6-99 | \$50.00/\$80.00 |

### Ultimate Sports

A program designed for participants to learn and develop skills playing various sports classes each week. This class will help participants learn the fundamentals of each sport played and then we will play games each week!

| Session | Branch           | Days & Times                          | Instructor Name | Ages | Mem/Program     |
|---------|------------------|---------------------------------------|-----------------|------|-----------------|
| Fall II | Kohl Family YMCA | Wednesday 6:00pm - 6:45pm (Bball, Soc |                 | 6-10 | \$50.00/\$80.00 |