



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAIN LAP POOL SCHEDULE 9/08-10/04

Fall 1 2026

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

Key:
Family Swim
(Green Boxes)

Lap Swim & Exercise
(White Boxes)

Adult Lap Swim & Exercise
(Purple Boxes)

Adult Lap Swim Only During YMCA Programming
(Red Boxes)

Closed
(Blue Boxes)

Lap Swim

Please communicate respectfully with fellow lap swimmers in regards to pattern changes. Please try to be courteous & limit lap swim to 60 minutes during busy times. Adult Lap Swim is for Persons 18 years & older.

Lap swim is for Persons 11 years (must be a Green Band) & older. They may only swim in the lap lanes during "Lap Swim" & with appropriate behavior.

Aquatic Rules & Policies

We have Pool Rules, Aquatic Conduct Policies, Swim Test Policies, and Youth Supervision Policies that are in place and will be enforced at all times. We appreciate your adherence to these in advance for the safety of all. For more info visit our Aquatic Area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-9:30am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-9:30am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	Closed
	8:25am-9:45am <u>Adult Lap Swim</u> <u>2-3 Lanes</u>		8:25am-9:45am <u>Adult Lap Swim</u> <u>2-3 Lanes</u>		8:25am-9:45am <u>Adult Lap Swim</u> <u>2-3 Lanes</u>	7:30am-8:45am 4 Lanes Lap Swim Exercise 2 Lanes
	Water Fitness 3-4 Lanes Closed	9:30am-1:00pm	Water Fitness 3-4 Lanes Closed	9:30am-12:30pm	Water Fitness 3-4 Lanes Closed	8:45am-12:15pm
	9:45am-11:00am Lap Swim 4 Lanes Exercise 2 Lanes	<u>Adult Lap Swim</u> <u>4 Lanes</u> *Family Swim* 2 Lanes	9:45am-3:00pm Lap Swim 4 Lanes Exercise 2 Lanes	<u>Adult Lap Swim</u> <u>4 Lanes</u> *Family Swim* 2 Lanes	9:45am-11:00am Lap Swim 4 Lanes Exercise 2 Lanes	<u>Adult Lap Swim</u> <u>1 Lane</u> YMCA YSL Programming 5 Lanes Closed
	11:00am-3:00pm				11:00am-1:00pm	
12:15pm-4:30pm	<u>Adult Lap Swim</u> <u>4 Lanes</u> *Family Swim* 3 Lanes	1:00pm-3:00pm CLOSED		12:30pm-3:00pm Lap Swim 4 Lanes Exercise 2 Lanes	<u>Adult Lap Swim</u> <u>3 Lanes</u> *Family Swim* 3 Lanes 1:00pm-5:00pm CLOSED	12:15pm-1:00pm <u>Adult Lap Swim</u> <u>3 Lanes</u> <u>Adult Exercise</u> <u>3 Lanes</u>
	3:00pm-4:45pm Lap Swim 4 Lanes Exercise 2 Lanes	3:00pm-4:45pm <u>Adult Lap Swim</u> <u>4 Lanes</u> *Family Swim* 2 Lanes	3:00pm-5:00pm <u>Adult Lap Swim</u> <u>3 Lanes</u> *Family Swim* 3 Lanes	3:00pm-4:45pm <u>Adult Lap Swim</u> <u>4 Lanes</u> *Family Swim* 2 Lanes		1:00pm-4:30pm <u>Adult Lap Swim</u> <u>3 Lanes</u> *Family Swim* 3 Lanes
4:30pm-4:45pm Lap Swim 3 Lanes Exercise 3 Lanes	4:45pm-7:45pm <u>Adult Lap Swim</u> <u>1 Lane</u>	4:45pm-7:45pm <u>Adult Lap Swim</u> <u>1 Lane</u>	5:00pm-6:15pm <u>Adult Lap Swim</u> <u>3 Lanes</u> Water Fitness 3 Lanes Closed	4:45pm-7:45pm <u>Adult Lap Swim</u> <u>1 Lane</u>	5:00pm-7:00pm <u>Adult Lap Swim</u> <u>3 Lanes</u>	4:30pm-4:45pm Lap Swim 3 Lanes Exercise 3 Lanes
Closed 4:45pm	YMCA YSL Programming 5 Lanes Closed	YMCA YSL Programming 5 Lanes Closed	6:15pm-7:45pm <u>Adult Lap Swim</u> <u>3 Lanes</u> *Family Swim* 3 Lanes	YMCA YSL Programming 5 Lanes Closed	*Family Swim* 3 Lanes	Closed 4:45pm
	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:00pm-7:30pm Lap Swim 4 Lanes Exercise 2 Lanes Closed	



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RECREATION POOL SCHEDULE 9/08-10/04

Fall 1 2026

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Based on staffing issues the
schedule can be adjusted at any
time for safety. Please visit our
branch or our website for up to
date information.

Key:

Family Swim
(Green Boxes)

Adult Exercise
(Purple Boxes)

Closed for YMCA
Programming
(Red Boxes)

Closed
(Blue Boxes)

Water Features

Typically Available but is subject
to change based on pool
activities & patron volume.

Aquatic Rules & Policies

We have Pool Rules,
Aquatic Conduct Policies,
Swim Test Policies, and
Youth Supervision Policies
that are in place and will be
enforced at all times. We
appreciate your adherence
to these in advance for the
safety of all. For more info
visit our Aquatic Area.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	Closed	Closed	Closed	Closed	Closed
	9:30am-11:00am Adult Exercise	9:30am-1:00pm *Family Swim*	9:30am-3:00pm Adult Exercise	9:30am-12:30pm *Family Swim*	9:30am-11:00am Adult Exercise	9:00am-1:00pm Closed for YMCA Programming Ask Us About Swim Lessons! Stop at the Front Desk.
	11:00am-3:00pm *Family Swim*				11:00am-1:00pm *Family Swim*	
	12:15pm-4:30pm *Family Swim*	1:00pm-3:00pm CLOSED		12:30pm-3:00pm Adult Exercise		1:00pm-4:30pm *Family Swim*
	3:00pm-4:45pm Adult Exercise	3:00pm-4:45pm *Family Swim*	3:00pm-5:00pm *Family Swim*	3:00pm-4:45pm *Family Swim*	CLOSED	
Closed 4:45pm	4:45pm-7:45pm Closed for YMCA Programming Ask Us About Swim Lessons! Stop at the Front Desk.	4:45pm-7:45pm Closed for YMCA Programming Ask Us About Swim Lessons! Stop at the Front Desk.	5:00pm-6:15pm Closed for YMCA Programming 6:15pm-7:45pm *Family Swim*	4:45pm-7:45pm Closed for YMCA Programming Ask Us About Swim Lessons! Stop at the Front Desk.	5:00pm-7:00pm *Family Swim*	Closed 4:45pm
	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	Closed 7:00pm	