Wadsworth YMCA

Fall I (09/08-10/26)

Sports & Youth Programs

Adult Sand Volleyball League

Participants 18+ years or older will have a chance to play sand volleyball. This league is a co-ed league. Game times will take place on Sundays between 12:00 - 4:00pm. Maximum of 6 teams. We will see you on the court!

Ses	Days & Times	Ages	Mem/Program
Fall I	Sunday 12:00 - 4:00pm	18-99	\$250.00/\$250.00

^{*} Registration deadline September 3

Creative Movement

Creative movement is a fun class filled with fun music and continuous movement! Sing, march and jump!

Ses	Days & Times	Ages	Mem/Program
Fall I	Friday 10:00 - 10:45am	3-5	\$30.00/\$60.00

^{*} Parent/child participation class

Indoor Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Ses	Days & Times	Ages	Mem/Program
Fall I	Monday 6:45 - 7:30pm	6-10	\$30.00/\$60.00

Kid's Cycling

This class is a stationary cycling workout. It is designed to promote cardiovascular health and increase stamina. Cycling is led by an instructor and motivates you through fun music.

Ses	Days & Times	Ages	Mem/Program
Fall I	Friday 5:00 - 5:45pm	9-15	\$0.00/\$25.00

Little Dribblers Basketball

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Fall I	Monday 10:00 - 10:45am	3-5	\$30.00/\$60.00

^{*} Parent/child participation class

Little Kickers Soccer

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Ses	Days & Times	Ages	Mem/Program
Fall I	Monday 4:45 - 5:30pm	3-5	\$30.00/\$60.00

^{*} Parent/child participation class

Little Sluggers T-Ball

The Little Slugger class will teach the basic fundamentals of T-ball; throwing, catching, hitting and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Fall I	Tuesday 6:30 - 7:15pm	3-5	\$30.00/\$60.00

^{*} Parent/child participation class

Modern Dance

Modern Dance class will be set to today's music and will teach the basic movements of dance. No experience is required.

Ses	Days & Times	Ages	Mem/Program
Fall I	Saturday 10:45 - 11:30am	8-12	\$30.00/\$60.00

Preschool Arts & Crafts

Children will work on a craft project each week as they learn cutting, painting and other artistic talents. (They will read a book each week and then complete a project associated with that book.)

Ses	Days & Times	Ages	Mem/Program
Fall I	Tuesday 10:15 - 11:00am	3-5	\$30.00/\$60.00

Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Fall I	Monday 5:45 - 6:30pm	3-5	\$30.00/\$60.00
Fall I	Thursday 10:00 - 10:45am	3-5	\$30.00/\$60.00

^{*} Parent/child participation class

Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Fall I	Tuesday 5:30 - 6:15pm	3-5	\$30.00/\$60.00
Fall I	Thursday 5:30 - 6:15pm	3-5	\$30.00/\$60.00

Volleyball Class

Developmental class that allows all skill levels to learn the game of volleyball. This class works on fundamentals, rules, and games for athletes to grow in the game of volleyball.

Ses	Days & Times	Ages	Mem/Program
Fall I	Wednesday 4:15 - 5:15pm	7-12	\$30.00/\$60.00

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Sports & Youth Programs

Wee Arts & Crafts

This parent-child class will enable you to enjoy arts and crafts experiences without a mess at home and with a guide! Bring a "paint shirt" to class each week and come excited to make fun arts and crafts with your child, helping him/her learn scissor skills as well as many other fine motor skills each week! Each class will include a story that relates to the craft and all supplies.

Ses	Days & Times	Ages	Mem/Program
Fall I	Tuesday 9:30 - 10:15am	1-3	\$30.00/\$60.00

^{*} Parent/child participation class

Wee Tumblers

With parental assistance, Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

Ses	Days & Times	Ages	Mem/Program
Fall I	Tuesday 4:30 - 5:15pm	1-3	\$30.00/\$60.00
Fall I	Thursday 4:30 - 5:15pm	1-3	\$30.00/\$60.00

^{*} Parent/child participation class

Youth Basketball

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

Ses	Days & Times	Ages	Mem/Program
Fall I	Wednesday 5:30 - 6:15pm	6-8	\$30.00/\$60.00
Fall I	Wednesday 6:30 - 7:15pm	9-12	\$30.00/\$60.00