

Wadsworth Aquatics * Fall 1 * September 8 to November 1, 2020

Please Note Changes due to COVID & social distancing are in effect

- All participants ages 10 and up are asked to wear a face mask unless in the water
- Please maintain 6 feet between individuals/families both on land and in water
- Only participants should be in the pool area / no spectators at this time (see swim lessons)

Lap Pool

Weekday Hours: 5:45a-12:45p and 3:00p-7:45p

Saturday Hours: 8:00a-1:45p

- A minimum of two lap lanes are available at all times for lap swimming and adult water fitness. Swimmers must be age 11 and up (11 & 12 year olds must be "green bands").
- Please return all borrowed equipment to guards for cleaning.
- One lap swimmer per lane unless from same household.
- One hour swim limit when others are waiting.
- No spectators on pool deck / viewing balcony closed for general use.
- Please see program listings for water aerobics, swim lessons and swim team.

Rec Pool

Weekday Hours: by reservation or class 10:30a – 7:30p

Saturday Hours 9:00a-1:30p

- YMCA member families may reserve one hour swims in the REC pool (each reservation is for a group of 5/4 groups may reserve during each offered hour) Please use our online program registration to see what is open.
- There is no open swim time during lessons.
- Please maintain social distancing between families and returned borrowed lifejackets for cleaning.
- You are welcome to bring small pool toys (not inflatable, scuba goggles or mono-fins please).

Therapy Pool

Hours: By registered class times

- Monday, Wednesday and Friday Warm Water Open Swims and Arthritis Classes are held at various times throughout the day.
- Tuesday, Thursday and Saturday SUMMA is using the pool for Physical Therapy appointments.

Swim Lessons

Small Group, Private and Family Private Lessons

ALL LESSONS ARE 30 MINUTES LONG

- Parent Child Stage A and B classes for 6 months to Age 3 will continue as previously offered, with a smaller group size.
- Preschool Stages 1-4 for ages 3-5, AND Youth Stages 1-3 for ages 6-12 will be offered as Parent Child classes for 3 students at a time. Parent must be in a swim suit and able to help their child with skills in the water.
- Youth Stages 4-6 for ages 6-12 will be offered as instructor only classes as long as the swimmer is independent in the water.
- *The Parent Child Rules above also apply to Private Swim Lessons at this time.*
- Family Privates are for families with multiple children at different skill levels who desire to have all their kids taught at one time.
- A Private Lesson Request Form is necessary for all private and Family Private Lessons.
- Students will need their own towels, and are recommended to wear goggles.
- Please arrive dressed to swim no more than 5 minutes early. If possible leave in your swim suit to avoid overcrowding in the locker room areas.
- The Pool area and hallway are limited to the class participants during class, plus one adult if extra assistance is needed.

Locker Rooms

- Main Locker Rooms and Lap Pool Locker Rooms are available as restrooms and changing space. Showers are not available for use at this time.
- Family Changing Rooms are available for your use with showers and baby changing tables.
- Limited lockers are available also.
- Please remember when using common areas to wash/sanitize hands frequently to help prevent the spread of all communicable diseases.