

Lake Anna YMCA Gym Schedule

September 8- October 26, 2020

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00 AM	Open Gym 6:00-8:00 am	Open Gym 6:00-8:45 am	Open Gym 6:00-8:00 am	Open Gym 6:00-8:45 am	Open Gym 6:00-8:00 am	
6:30 AM						
7:00 AM						
7:30 AM						
8:00 AM						
8:30 AM						
9:00 AM	Open Gym 9:15 am -6:00 pm					
9:30 AM						
10:00 AM						
10:30 AM						
11:00 AM						
11:30 AM						
12:00 PM						
12:30 PM						
1:00 PM						
1:30 PM						
2:00 PM	Open Gym 12:00-6:00 pm	Open Gym 1:00-6:00 pm	Open Gym 12:00-6:00 pm	Open Gym 1:00-7:45 pm	Open Gym 10:00 am- 1:45 pm	
2:30 PM						
3:00 PM						
3:30 PM						
4:00 PM						
4:30 PM						
5:00 PM						
5:30 PM						
6:00 PM						
6:30 PM						
7:00 PM						
7:30 PM						
8:00 PM						

- *Limit of ONE person (or one family, up to 5 people) per half court
- *One-hour limit per day
- *Social Distancing MUST be observed at all times
- * Gym Schedule is subject to change. Call ahead for latest updates.