

# LONGWOOD BRANCH YMCA



## VIRTUAL TURKEY TROT

# Join us for our Virtual Turkey Trot 5k and 10k!

Registration Fees:

\$20: Donation Registration \$30: Registration & T-Shirt

\*All proceeds go to the Longwood Branch YMCA Annual Campaign; which supports children in the community through scholarships and programming to keep children active and engaged.



### **HOW TO PARTICIPATE**

#### **REGISTER:**

Visit our website and fill out registration online at the following link: https://www.akronymca.org/events/turkey-trot-virtual
OR

Fill out the registration form on the back of this flyer and return to the Longwood Branch YMCA.

#### **RUN:**

Pick up your run packet with your long sleeve t-shirt the weekend before Thanksgiving.

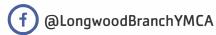
Choose your favorite run spot, put your t-shirt on, and run anytime the week of Thanksgiving.

Track your run on your watch or phone, and be sure to take some photos!

#### **SHARE:**

Share photos with us on Facebook, Twitter, or Instagram using **#LongwoodTurkeyTrot**.

You can also tag us in your photos:



@Longwood\_YMCA



# 2020 Turkey Trot Registration Form LONGWOOD BRANCH YMCA

## **Participant Info**

PARTICIPANT'S NAME:		GENDER:	AGE:
ADDRESS:			
D.O.B.: CITY:	STA	TE / ZIP:	
PHONE: E-MAIL:			
Choose Your Package			
<b>\$20 Donation Registration</b> : Donate \$20 to the Longwood a run packet with information	• =	and receive	
\$30 T-Shirt Registration: Register to run and receive a lo	ng sleeve t-shirt with your run p	oacket!	
CHOOSE YOUR PACKET PICK UP DATE	<u>CI</u>	100SE YOU	R T-SHIRT SIZE
FRIDAY, NOVEMBER 20TH: 5pm - 7pm	SM	MD	LG
SATURDAY, NOVEMBER 21ST: 9am - 12pm		XL	2X
Participant Waiver		*T-Shirt fit ba	ised on Unisex sizing
Please INITIAL or ANSWER all lines to indicate received written policies	/ materials and agree to terms v	vith SIGNATURE b	pelow
Waiver for Participation (REQUIRED): I understand that Y act risks and hazards to me in the participation of these activities. I further organizers, volunteers, supervisors, officers, directors, participants from participation in the Y program.	waive, release, absolve, and agi	ree to hold harmle	ess the Y, the
Waiver for Photo / Video / Audio Release (OPTIONAL): I give in Y programs to be used for Y promotions, trainings and/or displays.	my consent for any photos, vide	eo and/or audio t	aken of me involved
By signing below, I agree that I have read and understand all of the	e above information as it rela	tes to LONGWO	OD BRANCH YMCA
programs.			
Parent / Guardian Signature:	Date:		

#### **LONGWOOD BRANCH YMCA**

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