



NOVEMBER 2020

LONGWOOD BRANCH YMCA



VIRTUAL TURKEY TROT

**Join us for our Virtual Turkey Trot
5k and 10k!**

Registration Fees:

\$20: Donation Registration
\$30: Registration & T-Shirt

*All proceeds go to the Longwood Branch YMCA Annual Campaign; which supports children in the community through scholarships and programming to keep children active and engaged.



HOW TO PARTICIPATE

REGISTER:

Visit our website and fill out registration online at the following link:

<https://www.akronymca.org/events/turkey-trot-virtual>

OR

Fill out the registration form on the back of this flyer and return to the Longwood Branch YMCA.

RUN:


Pick up your run packet with your long sleeve t-shirt the weekend before Thanksgiving. Choose your favorite run spot, put your t-shirt on, and run anytime the week of Thanksgiving.

Track your run on your watch or phone, and be sure to take some photos!

SHARE:

Share photos with us on Facebook, Twitter, or Instagram using **#LongwoodTurkeyTrot**.

You can also tag us in your photos:

 @LongwoodBranchYMCA

 @Longwood_YMCA

 @AkronAreaYMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2020 Turkey Trot Registration Form LONGWOOD BRANCH YMCA

Participant Info

PARTICIPANT'S NAME: _____ GENDER: _____ AGE: _____

ADDRESS: _____

D.O.B.: _____ CITY: _____ STATE / ZIP: _____

PHONE: _____ E-MAIL: _____

Choose Your Package

_____ **\$20 Donation Registration:** Donate \$20 to the Longwood Branch YMCA Annual Campaign and receive a run packet with information from our sponsors.

_____ **\$30 T-Shirt Registration:** Register to run and receive a long sleeve t-shirt with your run packet!

CHOOSE YOUR PACKET PICK UP DATE

_____ FRIDAY, NOVEMBER 20TH: 5pm - 7pm

_____ SATURDAY, NOVEMBER 21ST: 9am - 12pm

CHOOSE YOUR T-SHIRT SIZE

SM _____ MD _____ LG _____

XL _____ 2X _____

*T-Shirt fit based on Unisex sizing

Participant Waiver

Please INITIAL or ANSWER all lines to indicate received written policies / materials and agree to terms with SIGNATURE below

_____ Waiver for Participation (REQUIRED): I understand that Y activities have inherent risks and I hereby assume responsibility for all risks and hazards to me in the participation of these activities. I further waive, release, absolve, and agree to hold harmless the Y, the organizers, volunteers, supervisors, officers, directors, participants from any claims or injury sustained during my use of the facilities or participation in the Y program.

_____ Waiver for Photo / Video / Audio Release (OPTIONAL): I give my consent for any photos, video and/or audio taken of me involved in Y programs to be used for Y promotions, trainings and/or displays.

By signing below, I agree that I have read and understand all of the above information as it relates to LONGWOOD BRANCH YMCA programs.

Parent / Guardian Signature: _____ Date: _____

LONGWOOD BRANCH YMCA

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