



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

January 4 - February 20

MON	6:00a - 7:50a	8:00a - 8:50a	9:00a - 11:00a	11:00a - 11:50a	12:00p - 1:00p		3:00p - 4:30p	4:30p - 5:30p	5:30p - 7:45p	
	Lap Swim	Silver Sneakers SPLASH	Swim Lessons	Arthritis Exercise	Lap Swim		Swim Team	Swim Team	Swim Team	
Open Lanes	6	2	3	2	6		1	2	1	

TUE	6:00a - 7:50a	8:00a - 8:50a	9:00a - 10:00p	10:00-10:50a	11:00p - 1:00p		3:00p - 4:30p	4:30p - 6:30p	6:00p - 6:50p	7:00p - 7:45p
	Lap Swim	Silver Sneakers SPLASH	Swim Lessons	Aqua Aerobics	Lap Swim		Swim Team	Swim Lessons	Aqua Aerobics	Swim Team
Open Lanes	6	2	3	2	6		1	2	1	1

WED	6:00a - 7:50a	8:00a - 8:50a	9:00a - 11:00a	11:00a - 11:50a	12:00p - 1:00p		3:00p - 4:30p	4:30p - 5:30p	5:30p - 7:45p	
	Lap Swim	Silver Sneakers SPLASH	Swim Lessons	Arthritis Exercise	Lap Swim		Swim Team	Swim Team	Swim Team	
Open Lanes	6	2	3	2	6		1	2	1	

THU	6:00a - 7:50a	8:00a - 8:50a	9:00a - 10:00p	10:00-10:50a	11:00p - 1:00p		3:00p - 4:30p	4:30p - 6:30p	6:00p - 6:50p	7:00p - 7:45p
	Lap Swim	Silver Sneakers SPLASH	Swim Lessons	Aqua Aerobics	Lap Swim		Swim Team	Swim Lessons	Aqua Aerobics	Swim Team
Open Lanes	6	2	3	2	6		1	2	1	1

FRI	6:00a - 7:50a	8:00a - 8:50a	9:00a - 11:00a	11:00a - 11:50a	12:00p - 1:00p		3:00p - 4:30p	4:30p - 5:30p	5:30p - 7:45p	
	Lap Swim	Silver Sneakers SPLASH	Lap Swim	Arthritis Exercise	Lap Swim		Swim Team	Swim Team	Swim Team	
Open Lanes	6	2	6	2	6		1	2	1	

SAT	8:00a - 9:00a	9:00a - 11:45a	12:00p - 1:45p	Pools will close at NOON on 1/16 and 2/6		Our Rec pool is open for Family Swim Reservations				
	Lap Swim	Swim Lessons	Lap Swim							
Open Lanes	6	2	6							