

MAIN LAP POOL SCHEDULE after 1/4/21

Summer 2020

The schedule is subject to change. Please visit our branch or our website for up to date information.

Key:

13+ Lap Swim

Adult Exercise

Adult Lap Swim

Closed for YMCA Programming

Reservation Family Swim

Shaded Areas

Indicate pool is closed for programs.

Lap Swim

Please communicate with your fellow lap swimmers in regards to pattern changes. Please try to be courteous and limit lap swim to 60 minutes during busy times. Lap swim is for persons 13 & older.

Flotation Devices

Only Coast Guard approved flotation devices are permitted.

Reservation Family Swim:

- Members ONLY (No Guests)Must register at front desk or
- Must register at front desk of online
- 45 min time slots for use of the Rec Pool/Lap Lane
- No more than 5 people, from the same household, per reservation
- Please social distance (6 feet apart)
- Please bring your own pool toys: No inflatables, mono-fins or scuba masks that cover the nose
- Life jackets are available for use and sanitized after each use
- Please be prompt & courteous with your reservation time
- All families must have an adult (18+) with them at all times
 Children under 5 require an
- Children under 5 require an adult (18+) with them in the water within arm's reach at all times

Pool Closings:

Therapy Pool

Sauna

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------|--------|--|--|---|---|--|--|
| ch | | 6:00am-10:30am Lap Swim 6 Lanes | 6:00am-7:30am Swim Team 2 Lanes | 6:00am-1:00pm Lap Swim 6 Lanes | 6:00am-7:30am Swim Team 2 Lanes | 6:00am-7:30am Swim Team 2 Lanes | Closed |
| | | 10:30am-11:30am Aqua Aerobics 3 Lanes 11:30am-1:00pm Lap Swim 6 Lanes | 7:30am-1:00pm <i>Lap Swim</i> <i>6 Lanes</i> | | 7:30am-1:00pm <i>Lap Swim</i> <i>6 Lanes</i> | 7:30am-10:30am Lap Swim 6 Lanes 10:30-11:30am Aqua Aerobics 3 Lanes | 8:30-9:20am Aqua Aerobics 3 Lanes OPEN 9:30am-11:15am Swim Lessons 4 Lanes 11:30am-1:45pm Swim Team |
| 7 | | | | | | 11:30am-1:00pm Lap Swim 6 Lanes | 2 Lanes OPEN |
| | | | | | | | RESERVED REC SWIM 11:30am-1:45pm |
| - r- | Closed | Closed 1 pm-3:30pm | Closed 1 pm-3:30pm | Closed 1 pm-3:30pm | Closed 1 pm-3:30pm | Closed 1 pm-3:30pm | Closed |
| is e | | 3:30pm-5:15pm Swim Team 2 Lanes OPEN 5:15pm-6:00pm 6 Lanes OPEN | 3:30pm-5:15pm Swim Team 2 Lanes OPEN 5:30pm-6:20pm Aqua Aerobics | 3:30pm-5:15pm Swim Team 2 Lanes OPEN 5:15pm-6:00pm 6 Lanes OPEN | 3:30pm-5:15pm Swim Team 4 Lanes OPEN 5:15pm-6:30pm 6 Lanes | 3:30pm-7:45pm Swim Team 2 Lanes OPEN | |
| I | | 6:00pm-6:45pm Aqua Zumba 3 Lanes OPEN 6:45pm-7:45pm 6 Lanes OPEN RESERVED REC SWIM 4:00pm-7:45pm | 3 Lanes OPEN 6:30pm-7:45pm Swim Team 2 Lanes OPEN RESERVED REC SWIM CLOSED | 6:00pm-6:45pm Aqua Zumba 3 Lanes OPEN 6:45pm-7:45pm 6 Lanes OPEN RESERVED REC SWIM 4:00pm-7:45pm | 6:30pm-7:45pm Swim Team 2 Lanes OPEN RESERVED REC SWIM 4:00pm-7:45pm | RESERVED REC SWIM 4:00pm-7:45pm | |