

# Wadsworth Aquatics \* Winter 1 \* January 4-February 19, 2021

\*\*\*Please Note Changes due to COVID & social distancing are in effect\*\*\*

- All participants ages 6 and up are asked to wear a face mask unless in the water
- Please maintain 6 feet between individuals/families both on land and in water
- Only participants should be in the pool area / no spectators at this time (see swim lessons for exceptions)

## **Lap Pool**

Mon, Wed, Fri Hours: 5:45a-2:30p and 5:30p-7:45p

Tues, Thurs Hours: 6:50a-2:30p and 5:30p-7:45p

Saturday Hours: 8:00a-1:45p

- A minimum of two lap lanes are available at all times for lap swimming and adult water fitness. Swimmers must be age 11 and up (11 & 12 year olds must be "green bands").
- Please return all borrowed equipment to guards for cleaning.
- One lap swimmer per lane unless from same household.
- One hour swim limit when others are waiting.
- No spectators on pool deck /limited use of viewing balcony for swim lesson & swim team parents.
- Please contact [kathyb@akronymca.org](mailto:kathyb@akronymca.org) with questions, or to express interest in Lifeguarding or Recertification courses.

## **Rec Pool**

Weekday Hours: by reservation or class

- YMCA member families may reserve swims in the REC pool (pool capacity is currently 25 people) Please use our online appointment registration to see what is open.
- There is no open swim time during lessons.
- Please maintain social distancing between families and returned borrowed lifejackets for cleaning.
- You are welcome to bring small pool toys (not inflatables, scuba goggles or mono-fins please).

## **Therapy Pool**

Hours: by registered class times

- Monday, Wednesday and Friday Warm Water Open Swims and Arthritis Classes are held at various times throughout the day.
- Tuesday, Thursday and Saturday SUMMA is using the pool for Physical Therapy appointments.

## **Swim Lessons**

Small Group, Private and Family Private Lessons

▪ ALL LESSONS ARE 30 MINUTES LONG

- Parent Child Stage A and B classes for 6 months to Age 3 will continue as previously offered, with a smaller group size. (max 8 kids)
- Preschool Stages 1 & 2 for ages 3-5 will be offered as Parent Child classes for 4 students at a time. Parent must be in a swim suit and able to help their child with skills in the water.
- Preschool Stages 3 & 4 ages 3-5 and Youth Stages 1-6 for ages 6-12 will be offered as instructor only classes as long as swimmer is independent in the water. (One parent welcome to view class)
- *The Parent Child Rules above also apply to Private Swim Lessons at this time.*
- Family Privates are for families with multiple children at different skill levels who desire to have all their kids taught at one time.
- A Private Lesson Request Form is necessary for all private and Family Private Lessons. Private Lessons begin at age 5. Family Privates are for all ages.
- Students will need their own towels. Goggles are recommended to be worn due to COVID (goggles not encouraged till Stage 4 in other circumstances).
- Please arrive dressed to swim no more than 5 minutes early. If possible leave in your swim suit to avoid overcrowding in the locker room areas.
- The Pool area and hallway are limited to the class participants during class, plus one adult if extra assistance is needed.

## **Locker Rooms**

- Main Locker Rooms and Lap Pool Locker Rooms are available as restrooms and changing space. Showers are not available for use at this time.
- Family Changing Rooms are available for your use with showers and baby changing tables.
- Limited lockers are available also.
- Please remember when using common areas to wash/sanitize hands frequently to help prevent the spread of all communicable diseases.