



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARDING

RED CROSS CERTIFICATION * MARCH 2021

Become a skilled rescuer with American Red Cross Lifeguard Training. The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies, breathing and cardiac emergencies, injuries, and sudden illnesses until emergency medical services (EMS) personnel take over. A portion of this class is online and must be completed before the first day of class. Attendance is mandatory for all class sessions.

- Participant must be 15 years old before the last day of class.
- Must pass pre-test to qualify for class: 300 yard swim, tread water without hands for two minutes, and retrieve a brick from 7 feet depth and return with the brick to the starting point while swimming on your back in a timed swim.
- All COVID safety practices must be followed throughout class.

When:

Pre-test: Held on first day of class. Bring suit and towel, water & snacks.

Training video link and waiver will be provided before first class.

Please email Kathy Bugajski upon registration –

kathyb@akronymca.org – plan to watch before arrive.

Class: Attend all 3 days...

March 7, 14 & 21 from noon to 6:00pm

Cost:

Y-Member: \$185

Program Member: \$220

- *Full refund if pretest is not passed*



Please contact Kathy Bugajski with questions
330-334-9622, X1613

The Wadsworth YMCA is currently accepting applications for year round, part-time employment as swim instructors and lifeguards.

WADSWORTH YMCA
623 School Dr
Wadsworth, OH 44281
330 334 9622

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

