



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAIN LAP POOL SCHEDULE after 5/9/21

The schedule is subject to change. Please visit our branch or our website for up to date information.

Key:

11+ Lap Swim

Adult Exercise

Adult Lap Swim

Closed for YMCA Programming

Reservation Family Swim

Shaded Areas

Indicate pool is closed for programs.

Lap Swim

Please communicate with your fellow lap swimmers in regards to pattern changes. Please try to be courteous and limit lap swim to 60 minutes during busy times. Lap swim is for persons 13 & older.

Flotation Devices

Only Coast Guard approved flotation devices are permitted.

Reservation Family Swim:

- Members ONLY (No Guests)
- Must register at front desk or online
- 45 min time slots for use of the Rec Pool/Lap Lane
- No more than 5 people, from the same household, per reservation
- Please social distance (6 feet apart)
- Please bring your own pool toys: No inflatables, mono-fins or scuba masks that cover the nose
- Life jackets are available for use and sanitized after each use
- Please be prompt & courteous with your reservation time
- All families must have an adult (18+) with them at all times
- Children under 5 require an adult (18+) with them in the water within arm's reach at all times

Pool Closings:

Therapy Pool

Sauna

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:00am-10:30am Lap Swim 6 Lanes Open	7:30am-1:00pm Lap Swim 6 Lanes Open	6:00am-1:00pm Lap Swim 6 Lanes Open	6:00am-1:00pm Lap Swim 6 Lanes Open	6:00am-1:00pm Lap Swim 6 Lanes Open	Closed
	10:30am-11:30am Aqua Aerobics 3 Lanes Open				10:30am-11:30am Aqua Aerobics 3 Lanes Open	8:05-8:55am Aqua Aerobics 3 Lanes Open
	11:30am-1:00pm Lap Swim 6 Lanes Open				11:30am-1:00pm Lap Swim 6 Lanes Open	9:00am-11:45am Swim Lessons 4 Lanes Open
	Rec Pool Closed Until 4pm	Rec Pool Closed Until 4pm	Rec Pool Closed Until 4pm	Rec Pool Closed Until 4pm	Rec Pool Closed Until 4pm	12:00-1:45pm Lap Swim 6 Lanes Open
12:15-2:45pm Lap Swim 6 Lanes Open	Closed	Closed	Closed	Closed	Closed	RESERVED REC SWIM 12:30pm-1:45pm
Reserved Rec Swim 12:15-2:45pm	1 pm-3:30pm	1 pm-3:30pm	1 pm-3:30pm	1 pm-3:30pm	1 pm-3:30pm	
	3:30pm-6:00pm Lap Swim 6 Lanes Open	3:30pm-5:30pm Lap Swim 6 Lanes Open	3:30pm-6:00pm Lap Swim 6 Lanes Open	3:30pm-5:30pm Lap Swim 6 Lanes Open	3:30pm-6:30pm Lap Swim 6 Lanes Open	
	6:00pm-6:45pm Aqua Zumba 3 Lanes Open	5:30pm-6:20pm Aqua Aerobics 3 Lanes	6:00pm-6:45pm Aqua Zumba 3 Lanes Open	5:30pm-6:30pm Aqua Aerobics 3 Lanes Open	6:30-7:45pm Swim Team 2 Lanes Open	
	6:45pm-8:30pm Lap Swim 6 Lanes Open	6:30pm-7:45pm Swim Team 2 Lanes Open	6:45pm-8:30pm Lap Swim 6 Lanes Open	6:30pm-7:45pm Swim Team 2 Lanes Open		
		7:45pm-8:30pm Lap Swim 6 Lanes Open		7:45pm-8:30pm Lap Swim 6 Lanes OPEN		
	RESERVED Rec Swim 4:00pm-8:30pm	REC POOL CLOSED	RESERVED Rec Swim 4:00pm-8:30pm	RESERVED Rec Swim 4:00pm-8:30pm	RESERVED Rec Swim 4:00pm-7:30pm	