

OPEN GYM



Open Gym Hours:

Mondays

6a-8a; 12:15p-2p [Men's BB]; 2p-4:45p; 7p-9p

Tuesdays

6a-8a [Men's BB]; 11a-12:30p; 3:15p-4:15p; 7p-9p

Wednesdays

6a-8a [Men's BB]; 11a-12p;

12:15p-2p [Men's BB]; 2p-4:45p; 7:15p-9p

Thursdays

6a-8a [Men's BB]; 11:30a-12:30p; 3:15p-4:15p; 7p-9p

Fridays

6a-8a; 12:15p-2p [Men's BB]; 2p-8p

Saturdays

7a-8:45a; 11a-2p

Sundays:

12p-3p