

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

MAIN LAP POOL SCHEDULE 9/07-10/31

			JUIL		5/0/	10/3	
Fall 1 2021	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The schedule is subject		6:15am-8:25am	6:15am-9:55am	6:15am-8:25am	6:15am-9:55am	6:15am-8:25am	
to change. Please visit our branch or our		Lap Swim 4 Lanes	Lap Swim 4 Lanes	Lap Swim 4 Lanes	Lap Swim 4 Lanes	Lap Swim 4 Lanes	7:30am-8:45am
website for up to date information.		Exercise	Exercise	Exercise	Exercise	Exercise	Lap Swim
Key:		2 Lanes	2 Lanes	2 Lanes	2 Lanes	2 Lanes	4 Lanes
Family Swim (Green Boxes)	Closed	8:25am-9:30am		8:25am-9:30am		8:25am-9:30am	Exercise 2 Lane
Lap Swim & Exercise (White Boxes)		Adult Lap Swim 1 Lane		Adult Lap Swim 1 Lane		Adult Lap Swim 1 Lane	8:45am-12:00pm
<u>Adult Lap Swim & Exercise</u> (Purple Boxes)		9:30am-11:50am		9:30am-11:50am		9:30am-11:50am	Adult Lap Swim 2 Lanes
Adult Lap Swim Only During YMCA Programming (Red Boxes)		<u>Adult Lap Swim</u> <u>4 Lanes</u>	9:55am-11:30am	<u>Adult Lap Swim</u> <u>4 Lanes</u>	9:55am-11:30am	<u>Adult Lap Swim</u> <u>4 Lanes</u>	
Closed (Blue Boxes)		Adult Exercise <u>2 Lanes</u>	Adult Lap Swim 4 Lanes	Adult Exercise <u>2 Lanes</u>	Adult Lap Swim 4 Lanes	Adult Exercise <u>2 Lanes</u>	12:00pm-12:45pm
Lap Swim			11:30am-1:00pm		11:30am-1:00pm		
Please communicate respectfully with fellow lap swimmers in regards		11:50am-1:30pm	Adult Lap Swim 4 Lanes	11:50am-1:30pm	Adult Lap Swim 4 Lanes	11:50am-1:30pm	<u>Adult Lap Swim</u> <u>3 Lanes</u>
<i>to pattern changes.</i> <i>Please try to be</i> <i>courteous & limit lap</i>	12:15pm-2:45pm	Adult Lap Swim 4 Lanes	*Family Swim* 2 Lanes	Adult Lap Swim 4 Lanes	*Family Swim* 2 Lanes	Adult Lap Swim 4 Lanes	Adult Exercise <u>3 Lanes</u>
swim to 60 minutes during busy times.	Adult Lap Swim 3 Lanes	*Family Swim* 2 Lanes		*Family Swim* 2 Lanes		*Family Swim* 2 Lanes	12:45pm-2:45pm
Adult Lap Swim is for Persons 18 years & older.	*Family Swim* 3 Lanes						Adult Lap Swim 3 Lanes
Lap swim is for Persons 11 years (must be a Green Band) & older. They may		1:30pm-3:00pm	Closed	1:30pm-3:00pm	Closed	1:30pm-3:00pm	*Family Swim* 3 Lanes
only swim in the lap lanes during "Lap Swim" & with appropriate behavior.		<u>Adult Lap Swim</u> <u>4 Lanes</u>	1:00pm-3:00pm	<u>Adult Lap Swim</u> <u>4 Lanes</u>	1:00pm-3:00pm	<u>Adult Lap Swim</u> <u>4 Lanes</u>	
Flotation Devices		<u>Adult Exercise</u> <u>2 Lanes</u>		<u>Adult Exercise</u> <u>2 Lanes</u>		<u>Adult Exercise</u> <u>2 Lanes</u>	
Only Coast Guard approved flotation		3:00pm-4:45pm	3:00pm-4:45pm	3:00pm-5:00pm	3:00pm-4:45pm	3:00pm-5:00pm	
devices are permitted.		Adult Lap Swim 4 Lanes	Lap Swim 4 Lanes	Adult Lap Swim 4 Lanes	Lap Swim 4 Lanes	Adult Lap Swim 4 Lanes	
Deep Water Test Must be taken by anyone 12 years of		*Family Swim* 2 Lanes	Exercise 2 Lanes	*Family Swim* 2 Lanes	Exercise 2 Lanes	*Family Swim* 2 Lanes	
age & under to swim in		4:45pm-7:45pm	4:45pm-7:00pm	5:00pm-6:30pm	4:45pm-7:45pm	5:00pm-6:30pm	
the deep end. Life- guards reserve the		Adult Lap Swim 2 Lanes	Adult Lap Swim 2 Lanes	<u>Adult Lap Swim</u> 4 Lanes	Adult Lap Swim 2 Lanes	<u>Adult Lap Swim</u> 4 Lanes	
right to test any swimmer for safety purposes.	Closed	2 Lanes	2 Lanes	Adult Exercise	2 Lanes	Adult Exercise	Closed
For Your Safety				<u>2 Lanes</u>		<u>2 Lanes</u>	
Children under 6 years old must have an adult (18+)			700745	6:30pm-7:45pm Adult Lap Swim		6:30pm-7:45pm Adult Lap Swim	
in the water within arm's reach at all times.			7:00pm-7:45pm	4 Lanes		4 Lanes	
Ages 6–10 must have an			Adult Lap Swim 1 Lane	*Family Swim* 2 Lanes		*Family Swim* 2 Lanes	
adult (18+) present on the pool deck for the duration		7:45pm-8:30pm	7:45pm-8:30pm	7:45pm-8:30pm	7:45pm-8:30pm		
of their time in the pool.		Lap Swim 4 Lanes	Lap Swim 4 Lanes	Lap Swim 4 Lanes	Lap Swim 4 Lanes		
		Exercise	Exercise	Exercise	Exercise		
		2 Lanes	2 Lanes	2 Lanes	2 Lanes		