WADSWORTH YMCA LAP POOL SCHEDULE

October 5 - December 18, 2021

- Lap Swimming and Water Fitness is available for all ages.
- Open swimming is available in the open area (Lanes 7 & 8) when there are no programs scheduled.
- Please limit your workout to an hour if others are waiting to swim.
- Schedule subject to change / now hiring for opening and day lifeguards.

Monday & Wednesday



Lap Pool Open 5:45a 2:30p and 5:30p-8:30p

Water Aerobics (4 lanes) 9:00-10:00a and (2 lanes) 6:00-6:45p

Swim Lessons: Mondays 4:45pm-6:00p / High School Gym Class (3 lanes) 1:45-2:15p

Waves Youth Swim Team (4-6 Lanes) 5:45p-8:00p

High School Swim Team begins November 4th: 2:30p-5:30p

Tuesday & Thursday



Lap Pool Open 5:35a-2:30p and 5:30p-8:30p

Water Aerobics (4 lanes) 8:00-10:00a

Swim Lessons (2 lanes) 4:45-7:00p High School Gym Class (4 lanes) 1:45-2:15p

Waves Youth Swim Team(4-6 Lanes) 5:45p-8:00p

High School Swim Team: 5:30-7:00a & 2:30-5:30p

Friday



Lap Pool Open 5:45a-2:30-7:30pm

Swim Lessons (3 lanes) 11:30-12:15 High School Gym Class (3 lanes) 1:45-2:15pm

Waves Youth Swim Team (4-5 Lanes) 5:45p-8:00p

High School Swim Team: 2:30-5:30p

Saturday



Lap Pool Open 8:00am - 2:45pm

High School Swim Team: 6:00a-8:00a

Swim Lessons (2-4 lanes) 8:30a-12:00p

Please watch for schedule changes for swim meets, scuba rentals, etc.

Sunday



Lap Pool Open 12:15p - 2:45p Family Open Swim Lanes 7 & 8



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WADSWORTH YMCA REC POOL SCHEDULE

October 5 – December 18, 2021

Age Policy: Children 5 & under must be accompanied by an adult, dressed to swim, into the pool. The adult must stay within arm's reach of the child at all times. Children 6-10 years old must have a supervising adult on the pool deck or in the water. All swimmers ages 1 through 12 must also wear a swim band on their wrist to identify their swimming ability to the lifeguard.

Pool Hours Subject to Change as Lifeguards are hired[®] Would you like to join our team?



Monday & Wednesday

Open Swim Monday: 3:00-4:45p and 7:00 - 8:00p

Open Swim Wednesday: 3:00 - 7:00p (8:00 when possible/subject to change)

Swim Lessons: Monday 4:45-7:00p



Tuesday & Thursday

Open Swim: 10:30a-1:00p & 3:00-4:45p & 7:00-8:00p

Swim Lessons: 4:45p-7:00p & Tuesday 10:30a-11:00a



Friday

Open Swim: 10:00a-7:00p (no spray features 10:00-11:30)

Swim Lessons: 10a-11:30a



Saturday

Open Swim: 11:30a-2:30p Swim Lessons: 9:00a-11:30p



Sunday

Open Swim: 12:15-2:30p

SAFE POOLS HAVE RULES

- 1. Swimming without a lifequard is prohibited.
- 2. Breath-holding activities and horseplay are not permitted in Y pools and will not be tolerated.
- 3. Use of dive masks that cover the nose, inflatables and mono-fins is prohibited.
- 4. Keep all chairs in their proper locations and against the wall at all times.
- 5. Shower before you enter the pool / Proper swimming attire must be worn at all times.
- 6. Running on the deck, locker rooms, showers or hallways is not permitted.
- 7. Food, pop, gum or candies are not permitted in the Aquatics Center.
- 8. Y equipment is reserved for Y instructor use only. / Starting blocks are only to be used with a Y Coach.
- 9. Children must pass a swim test before they are permitted in the deep end.
- 10. Dive only where permitted. Enter the water feet first and facing forward.
- 11. Hanging on the float lines, starting block or lap lanes is not permitted.
- 12. Persons with bandages, open cuts and wounds are not allowed in the pool.
- 13. The lifequard's word is final.



WADSWORTH YMCA 623 School Drive Wadsworth, OH 44281 P 330 334 9622

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programs and membership available to all, Financial assistance may be available