



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LIFEGUARDING

APRIL 4, 5, 6, & 7, 2022 OR APRIL 11, 12, 13, 14, 2022

Become a skilled rescuer with American Red Cross Lifeguard Training. The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies, breathing and cardiac emergencies, injuries, and sudden illnesses until emergency medical services (EMS) personnel take over. A portion of this class is online and must be completed before the first day of class. Attendance is mandatory for **all** class sessions.

- Participant must be 15 years old before the last day of class.
- Must pass pre-test to qualify for class: 300 yard swim, tread water without hands for two minutes, and retrieve a brick from 7 feet depth and return with the brick to the starting point while swimming on your back in a timed swim.

When:

Pre-test: Will be held the first day of class. Bring suit, towel & water bottle.

Training video link and waiver will be provided following pre-test.

Class: Attend all 4 days... 10:00am-3:00pm

Cost:

Y-Member: \$185

Program Member: \$220

- *Full refund if pretest is not passed*

Please contact Kathy Bugajski with questions
330-334-9622, X1613 or kathyb@akronymca.org

*The Akron Area YMCA's are currently hiring
for the summer and year round:*

*swim instructors and lifeguards
apply online at akronymca.org*



WADSWORTH YMCA
623 School Dr
Wadsworth, OH 44281
330 334 9622

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

