

Lake Anna YMCA Gym Schedule

6/22 - 7/21/22

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY										
12:00 AM	Open Gym All Day	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-7:00am										
1:00 AM							Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Pickleball 7:00-8:30am (WHOLE GYM)					
2:00 AM													Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am
3:00 AM																	
4:00 AM		Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am											
5:00 AM							Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am						
6:00 AM												Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	
7:00 AM																	Open Gym 12:00-8:00am
8:00 AM		Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am											
8:30 AM							Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am						
9:00 AM												Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	
9:30 AM																	Open Gym 12:00-8:00am
10:00 AM		Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am											
10:30 AM							Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am						
11:00 AM												Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	
11:30 AM																	Open Gym 12:00-8:00am
12:00 PM		Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am											
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1:30 PM																	Open Gym 12:00-8:00am
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2:30 PM							Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am						
3:00 PM												Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	
3:30 PM																	Open Gym 12:00-8:00am
4:00 PM	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am												
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6:30 PM						Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am							
7:00 PM											Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am		
7:30 PM																Open Gym 12:00-8:00am	Open Gym 12:00-8:00am
8:00 PM	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am												
8:30 PM						Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am							
9:00 PM											Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am		
9:30 PM																Open Gym 12:00-8:00am	Open Gym 12:00-8:00am
10:00 PM	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am												
11:00 PM						Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am	Open Gym 12:00-8:00am							
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* Gym Schedule is subject to change. Call ahead for latest updates.

* This schedule represents our 24/7 hours. 24/7 access is for members 18+ only.

* All members must still exit gym 15 minutes before business hour closing.

*Schedule may change last-minute if space is needed for our summer day camp program.