



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAIN LAP POOL SCHEDULE 9/01-9/30

September 2022

The schedule is subject to change. Please visit our branch or our website for up to date information.

Key:

Family Swim
(Green Boxes)

Adult Lap Swim Only During YMCA Programming
(Red Boxes)

Closed
(Blue Boxes)

Lap Swim

Please communicate respectfully with fellow lap swimmers in regards to pattern changes. Please try to be courteous & limit lap swim to 60 minutes during busy times.

Adult Lap Swim is for Persons 18 years & older. Lap swim is for Persons 11 years (must be a Green Band) & older. They may only swim in the lap lanes during "Lap Swim" & with appropriate behavior.

Flotation Devices

Only Coast Guard approved flotation devices are permitted.

Deep Water Test

Must be taken by anyone 12 years of age & under to swim in the deep end. Lifeguards reserve the right to test any swimmer for safety purposes.

For Your Safety

Children under 6 years old must have an adult (18+) in the water within arm's reach at all times.

Ages 6-10 must have an adult (18+) present on the pool deck for the duration of their time in the pool.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--------|---|---|---|---|---|----------|--|
| Closed | Closed | 6am-10am Family Swim 6 Lanes | Closed | Closed | Closed | Closed | |
| | | Closed | | | | | 9am-12:30am Swim Lessons 3 lanes |
| | | Closed | | | | | 12:45am-2pm Free Swim 6 lanes |
| Closed | 3:30pm-5:45pm Free Swim 6 lanes | 3:30pm-8pm Free Swim 6 lanes | 3:30pm-5:45pm Free Swim 6 lanes | 3:30pm-5:45pm Free Swim 6 lanes | 3:30pm-7:30pm Free Swim 6 lanes | Closed | |
| | 6pm-8pm Aqua Zumba & Autism Society 3 lanes | 6pm-6:45pm Aqua Zumba 3 lanes | 6pm-8pm Autism Society 3 lanes | 6pm-8pm Autism Society 3 lanes | | | |
| | | | | | 7pm-8pm Free Swim 6 Lanes | | |