

# WADSWORTH YMCA REC POOL SCHEDULE

## Fall 1: September 6-October 30, 2022

**Age Policy:** Children 5 & under must be accompanied by an adult, dressed to swim, into the pool. The adult must stay within arm's reach of the child at all times. Children 6-10 years old must have a supervising adult on the pool deck or in the water. All swimmers ages 1 through 12 must also wear a swim band on their wrist to identify their swimming ability to the lifeguard.

*Pool Hours Subject to Change as Lifeguards are hired ☺ Would you like to join our team?*



### Weekday Open Swims:

Monday: 3:00pm-8:00pm (features off 5:15-6:30 for Swim Lessons)

Tuesday 10:30am-1:30pm & 3:00-4:40 & 7:00-8:00pm

Wednesday 3:00pm-8:00pm

Thursday: 10:30am-1:30pm & 3:00-4:40 & 7:00-8:00pm

Friday: 10:30am - 7:00pm



### Weekend Open Swims:

Saturday: 11:30am – 3:30pm

Sunday: 12:15pm – 3:30pm



### Swim Lessons Only:

Tuesday and Thursday: 4:45-7:00pm

Saturday: 9:00-11:30am

### SAFE POOLS HAVE RULES

1. Swimming without a lifeguard is prohibited.
2. Breath-holding activities and horseplay are not permitted in Y pools and will not be tolerated.
3. Use of dive masks that cover the nose, inflatables and mono-fins is prohibited.
4. Keep all chairs in their proper locations and against the wall at all times.
5. Shower before you enter the pool / Proper swimming attire must be worn at all times.
6. Running on the deck, locker rooms, showers or hallways is not permitted.
7. Food, pop, gum or candies are not permitted in the Aquatics Center.
8. Y equipment is reserved for Y instructor use only. / Starting blocks are only to be used with a Y Coach.
9. Children must pass a swim test before they are permitted in the deep end.
10. Dive only where permitted. Enter the water feet first and facing forward.
11. Hanging on the float lines, starting block or lap lanes is not permitted.
12. Persons with bandages, open cuts and wounds are not allowed in the pool.
13. The lifeguard's word is final.



WADSWORTH YMCA  
623 School Drive  
Wadsworth, OH  
44281  
P 330 334 9622

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

# WADSWORTH YMCA LAP POOL SCHEDULE

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- Lap Swimming and Water Fitness is available for all ages. Please limit your workout to an hour if others are waiting to swim / sharing lanes is encouraged.
- Open swimming is available in the open area (Lanes 7 & 8) when no programs are using lanes.
- Schedule subject to change /Lap Pool has 8 lanes total.

### Monday - Thursday



**Lap Pool Open 5:45a-12:30p and 1:30p-8:30p**

**Water Aerobics (4 lanes) M-F 9:00-10:00a & Tues/Thurs 8:00-8:50a**

**Water Aerobics: (2 lanes) Mon 6:30-7:15p**

**High School Gym Class (3 lanes) 1:45-2:15p**

**Waves Youth Swim Team: (5-6 Lanes) 6:00-8:15p**

**Tuesday & Thursday: Swim Lessons (2 lanes) 4:45-7:00p**



### Friday

**Lap Pool Open 5:45a-7:00p**

**Swim Lessons (3 lanes) 11:00a-12:15p**

**High School Gym Class (4 lanes) 1:45-2:15p**

**Waves Youth Swim Team (4-6 Lanes) 5:30p-7:00p**



### Saturday

**Lap Pool Open 7:15am - 3:30p**

**Swim Lessons (2-4 lanes) 8:45a-12:00p**

**Please watch for schedule changes for swim meets, scuba rentals, etc.**



### Sunday

**Lap Pool Open 12:15p - 3:30p**

**Family Open Swim Lanes 7 & 8 (all days when classes are not present).**

**Please contact the Aquatics Office if you have any questions – Enjoy your swim!**



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Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!  