



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAIN LAP POOL SCHEDULE 9/19-10/30

Fall 1 2022

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

Key:

Family Swim
(Green Boxes)

Lap Swim & Exercise
(White Boxes)

Adult Lap Swim & Exercise
(Purple Boxes)

Adult Lap Swim Only During YMCA Programming
(Red Boxes)

Closed
(Blue Boxes)

Lap Swim
Please communicate respectfully with fellow lap swimmers in regards to pattern changes. Please try to be courteous & limit lap swim to 60 minutes during busy times.
Adult Lap Swim is for Persons 18 years & older. Lap swim is for Persons 11 years (must be a Green Band) & older. They may only swim in the lap lanes during "Lap Swim" & with appropriate behavior.

Flotation Devices
Only Coast Guard approved flotation devices are permitted.

Deep Water Test
Must be taken by anyone 12 years of age & under to swim in the deep end. Lifeguards reserve the right to test any swimmer for safety purposes.

For Your Safety
Children under 6 years old must have an adult (18+) in the water within arm's reach at all times. Ages 6-10 must have an adult (18+) present on the pool deck for the duration of their time in the pool.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------|---|--|---|--|--|--|
| Closed | 6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes | Closed | Closed | Closed | 6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes | 7:30am-8:45am 4 Lanes Lap Swim Exercise 2 Lanes |
| | 8:25am-9:30am <u>Adult Lap Swim</u> 1 Lane | 8:30am-10:30am Lap Swim 4 Lanes Exercise 2 Lanes | 8:30am-9:30am <u>Adult Lap Swim</u> 1 Lane | 8:30am-10:30am Lap Swim 4 Lanes Exercise 2 Lanes | 8:25am-9:30am <u>Adult Lap Swim</u> 1 Lane | 8:45am-12:00pm <u>Adult Lap Swim</u> 2 Lanes |
| | 9:30am-1:00pm <u>Adult Lap Swim</u> 4 Lanes <u>Adult Exercise</u> 2 Lanes | 10:30am-1:00pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes | 9:30am-1:00pm <u>Adult Lap Swim</u> 4 Lanes <u>Adult Exercise</u> 2 Lanes | 10:30am-1:00pm <u>Adult Lap Swim</u> 4 Lanes <u>Adult Exercise</u> 4 Lanes | 9:30am-1:00pm <u>Adult Lap Swim</u> 4 Lanes <u>Adult Exercise</u> 2 Lanes | 12:00pm-1:00pm <u>Adult Lap Swim</u> 3 Lanes <u>Adult Exercise</u> 3 Lanes |
| | 12:15pm-4:45pm <u>Adult Lap Swim</u> 3 Lanes *Family Swim* 3 Lanes | Closed 1:00pm-3:00pm 3:00pm-4:45pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes | Closed 1:00pm-3:00pm 3:00pm-4:45pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes | Closed 1:00pm-3:00pm 3:00pm-5:00pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes | Closed 1:00pm-3:00pm 3:00pm-4:45pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes | Closed 1:00pm-3:00pm 3:00pm-5:00pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes |
| Closed 4:45pm | 4:45pm-7:45pm <u>Adult Lap Swim</u> 2 Lanes | 4:45pm-7:45pm <u>Adult Lap Swim</u> 2 Lanes | 5:00pm-6:30pm Lap Swim 4 Lanes Exercise 2 Lanes 6:30pm-8:15pm <u>Adult Lap Swim</u> 4 Lanes *Family Swim* 2 Lanes | 4:45pm-7:45pm <u>Adult Lap Swim</u> 2 Lanes | 5:00pm-6:30pm Lap Swim 4 Lanes Exercise 2 Lanes | Closed 4:45pm |
| | 7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes | 7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes | 8:15pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes | 7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes | Closed 6:30pm | |
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FOR YOUTH DEVELOPMENT®
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RECREATION POOL SCHEDULE 9/06-10/30

Fall 1 2022

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

Key:

Family Swim
(Green Boxes)

Adult Exercise
(Purple Boxes)

Closed for YMCA Programming
(Red Boxes)

Closed
(Blue Boxes)

Water Features

Typically Available but is subject to change based on pool activities & patron volume.

Flotation Devices

Only Coast Guard approved flotation devices are permitted.

For Your Safety

Children under 6 years old must have an adult (18+) in the water within arm's reach at all times.

Ages 6-10 must have an adult (18+) present on the pool deck for the duration of their time in the pool.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|--|--|----------------------------------|--|----------------------------------|---|
| Closed | Closed | Closed | Closed | Closed | Closed | Closed |
| | 9:30am-12:00pm Adult Exercise | 9:30am-10:30am Adult Exercise | 9:30am-12:00pm Adult Exercise | 9:30am-10:30am Adult Exercise | 9:30am-12:00pm Adult Exercise | 9:00am-12:00pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk. |
| | 12:00pm-1:00pm *Family Swim* | 10:30am-1:00pm *Family Swim* | 12:00pm-1:00pm *Family Swim* | 10:30am-1:00pm *Family Swim* | 12:00pm-1:00pm *Family Swim* | 12:00pm-1:00pm Adult Exercise |
| | 12:15pm-4:45pm *Family Swim* | Closed 1:00pm-3:00pm | Closed 1:00pm-3:00pm | Closed 1:00pm-3:00pm | Closed 1:00pm-3:00pm | Closed 1:00pm-3:00pm |
| | 3:00pm-4:45pm *Family Swim* | 3:00pm-4:45pm *Family Swim* | 3:00pm-5:00pm *Family Swim* | 3:00pm-4:45pm *Family Swim* | 3:00pm-5:00pm *Family Swim* | |
| Closed 4:45pm | 4:45pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk. | 4:45pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk. | 5:00pm-6:30pm Adult Exercise | 4:45pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk. | 5:00pm-6:30pm Adult Exercise | Closed 4:45pm |
| | 7:45pm-8:15pm Adult Exercise | 7:45pm-8:15pm Adult Exercise | 6:30pm-8:15pm *Family Swim* | 7:45pm-8:15pm Adult Exercise | Closed 6:30pm | |
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