



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Summer (06/11-08/05)

Sports & Youth Programs

Basketball Clinic

The basketball clinic will focus on the fundamentals of basketball through drills, games, and activities that will help your child become a better basketball player.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|-------|-----------------|
| Summer | Tuesday 7:00 - 7:45 pm | 10-14 | \$45.00/\$75.00 |

Class runs 6/13-8/8; no class on 6/20 or 7/4

STEM Art

STEM art class will combine the elements of STEM (Science, Technology, Engineering, and Math) and add in an artistic element to create, build, and play.

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Summer | Wednesday 5:30 - 6:15 pm | 5-8 | \$45.00/\$75.00 |
| Summer | Wednesday 6:30 - 7:15 pm | 8-12 | \$45.00/\$75.00 |

Class will run 6/14-8/2; no class on 7/5

Gymnastics - Wee Tumblers

Parent and child interactive class with an open-gym style organization. Wee Tumblers helps the development of gross motor skills and basic motor skills that are formed during early childhood.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Summer | Tuesday 6:00 - 6:45 pm | 1-3 | \$45.00/\$75.00 |
| Summer | Thursday 6:00 - 6:45 pm | 1-3 | \$45.00/\$75.00 |

Parent/child class. For Tues. class, no class on 6/20 or 7/4. For Sat. class, no class on 7/1

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------------|------|-----------------|
| Summer | Tuesday 6:45 - 7:30 pm | 3-5 | \$45.00/\$75.00 |
| Summer | Saturday 10:00 - 10:45 am | 3-5 | \$45.00/\$75.00 |

Tueclassruns 6/13-8/8; no class on 6/20 or 7/4. Sat class runs 6/24-8/12; no class on 7/1

Backyard Sports

A program designed for participants to learn and play kickball, whiffle ball, and soccer. Students will spend two weeks on each sport. Our goal is to have class outside each week.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Summer | Thursday 7:00 - 7:45 pm | 6-10 | \$25.00/\$50.00 |

Class runs 6/15-8/3; no class on 7/6. Class will be held outside, weather permitting.

Beginner Volleyball

Come practice some gross motor skills, move around, learn the very basics of volleyball, and most of all have fun!

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Summer | Wednesday 5:30 - 6:15 pm | 5-8 | \$45.00/\$75.00 |

Class runs 6/14-8/2; no class on 7/5

Discovering Art

Children will learn and practice basic art skills related to a variety of artists. Artwork will be taken home with them each week.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-----------------------|------|-----------------|
| Summer | Monday 6:30 - 7:15 pm | 6-12 | \$45.00/\$75.00 |

Class runs 6/12-7/31; no class on 7/3

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Summer | Monday 5:30 - 6:15 pm | 8-12 | \$45.00/\$75.00 |
| Summer | Tuesday 6:00 - 6:45 pm | 6-10 | \$45.00/\$75.00 |

Mon. class runs 6/12-7/31; no class on 7/3. Tues. class runs 6/13-8/8; no class on 6/20 or 7/4

Kid's Cycling

This class is a stationary cycling workout. It is designed to promote cardiovascular health and increase stamina. Cycling is led by an instructor and motivates you through fun music.

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Summer | Wednesday 6:00 - 6:45 pm | 9-12 | \$45.00/\$75.00 |

Class runs 6/14-8/2; no class on 7/5

Kid's Strength & Conditioning

Kid's Strength & Conditioning will focus on improving participants body strength, help fitness and conditioning levels, and improve muscle mass. Fundamentals will be taught to develop better posture, speed and overall strength.

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Summer | Wednesday 6:45 - 7:30 pm | 8-12 | \$25.00/\$50.00 |

Class runs 6/14-8/2; no class on 7/5

Register Online at AKRONYMCA.ORG



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wadsworth YMCA

Summer (06/11-08/05)

Sports & Youth Programs

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|----------------------------|------|-----------------|
| Summer | Wednesday 10:00 - 10:45 am | 3-5 | \$45.00/\$75.00 |

Parent participation may be required for some students. Class runs 6/14-8/2; no class on 7/5

Little Sluggers T-Ball

The Little Slugger class will teach the basic fundamentals of T-ball; throwing, catching, hitting and teamwork. Kids will spend time working on and improving skills through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Summer | Thursday 6:00 - 6:45pm | 3-5 | \$45.00/\$75.00 |

Parent participation may be required for some students. Class runs 6/22-8/10; no class on 7/6

Running Club

Are you bored with your running routine? Join us for some specific sports drills and fun-filled running. Whether you are a novice or an expert runner, come prepared to sweat.

| Ses | Days & Times | Ages | Mem/Program |
|--------|------------------------|------|-----------------|
| Summer | Thursday 6:00 - 6:45pm | 8-12 | \$25.00/\$50.00 |

Class runs 6/15-8/3; no class on 7/6. Class will be held outside, weather permitting.

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------------|------|-----------------|
| Summer | Monday 5:15 - 6:00 pm | 3-5 | \$45.00/\$75.00 |
| Summer | Thursday 10:30 - 11:15 am | 3-5 | \$45.00/\$75.00 |
| Summer | Thursday 5:30 - 6:15 pm | 3-5 | \$45.00/\$75.00 |

Mon & Thurs. AM class run 6/15-8/3. Thur. PM class runs 6/22-8/10; no class 7/3 or 7/6

Volleyball Class

Developmental class that allows all skill levels to learn the game of volleyball. This class works on fundamentals, rules, and games for athletes to grow in the game of volleyball.

| Ses | Days & Times | Ages | Mem/Program |
|--------|--------------------------|------|-----------------|
| Summer | Wednesday 6:15 - 7:00 pm | 7-12 | \$45.00/\$75.00 |

Class runs 6/14-8/2; no class on 7/5

Youth Basketball

Children will learn basic fundamentals of basketball. Dribbling, passing, and shooting will be taught through fun drills and games.

| Ses | Days & Times | Ages | Mem/Program |
|--------|---------------------------|------|-----------------|
| Summer | Saturday 11:00 - 11:45 am | 6-9 | \$45.00/\$75.00 |

Class runs 6/24-8/12; no class on 7/1

Youth Karate

Karate class is designed for children to learn confidence, self-discipline and respect from a Black Belt instructor while in a fun environment. Karate is a unique form of physical activity using movements and exercises that are excellent for personal health. You will gain strength, stamina, flexibility, quickness, coordination, concentration and balance.

| Ses | Days & Times | Ages | Mem/Program |
|--------|-------------------------|------|-----------------|
| Summer | Thursday 7:00 - 7:45 pm | 8-10 | \$45.00/\$75.00 |

Parent may be present in room during the last 5-10 minutes. Class runs 6/15-8/3; no class on 7/6

Register Online at AKRONYMCA.ORG