



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fall I (09/05-10/23)

Sports & Youth Programs

Arts & Crafts

This class will allow kids to enjoy arts & crafts experiences without a mess at home! Come ready to create!

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Firestone Park YMCA	Thursday (Ages 4-6) 4:15pm - 5:00pm		4-6	\$45.00/\$75.00

Introduction to Youth Boxing

The goal of this program is to help kids build fitness, self-confidence, self-control, discipline, and learn the basics of the sport of boxing and have fun.

Please provide your own boxing gloves and mouth piece.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Kohl Family YMCA	Monday 5:00pm - 6:00pm	Leland	5-17	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Wednesday 5:00pm - 6:00pm	Leland	5-17	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Monday & Wednesday 5:00pm - 6:00p	Leland	5-17	\$80.00/\$140.00

Soccer - Little Kickers (ages 3-5)

Children will learn basic fundamentals through drills and fun games. Skills include kicking, dribbling, passing, shooting and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Kohl Family YMCA	Tuesday 5:00pm-5:45pm		3-5	\$45.00/\$75.00

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Firestone Park YMCA	Tuesday (6th-8th) 6:00pm - 6:45pm		11-14	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Monday (K-2nd) 5:00pm - 5:45pm		5-8	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Monday (3rd-5th) 6:00pm - 6:45pm		8-11	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Saturday (K-2nd) 10:00am - 10:45am		5-8	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Saturday (3rd-5th) 11:00am - 11:45am		8-11	\$45.00/\$75.00

Class runs 6/13-8/8; no class on 6/20 or 7/4

Flag Football Clinic

Children will learn basic fundamentals of football. Throwing, catching, routing running, defense, and more will be taught through fun drills and games.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Firestone Park YMCA	Thursday 6:00 - 6:45 pm		6-10	\$45.00/\$75.00



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Fall I (09/05-10/23)

Sports & Youth Programs

Youth Soccer

Children will learn basic fundamentals of soccer. Skills will include dribbling, passing, shooting, and more.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Firestone Park YMCA	Wednesday 5:00pm - 5:45pm		6-10	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Tuesday 5:45pm - 6:30pm		6-10	\$45.00/\$75.00

Mon. class runs 6/12-7/31; no class on 7/3. Tues. class runs 6/13-8/8; no class on 6/20 or 7/4

Basketball - Lil Dribblers (ages 3-5)

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Firestone Park YMCA	Monday 5:00pm - 5:45pm		3-5	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Wednesday 6:00pm-6:45pm		3-5	\$45.00/\$75.00

Parent participation may be required for some students. Class runs 6/14-8/2; no class on 7/5

Little Sluggers T-Ball

The Little Slugger class will teach the basic fundamentals of T-ball; throwing, catching, hitting and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Firestone Park YMCA	Thursday 5:15pm - 6:00pm		3-5	\$45.00/\$75.00

Parent participation may be required for some students.

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall I	Firestone Park YMCA	Tuesday 5:00pm - 5:45pm		3-5	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Wednesday 5:00pm - 5:45pm		3-5	\$45.00/\$75.00
Fall I	Kohl Family YMCA	Saturday 9:00am - 9:45am		3-5	\$45.00/\$75.00

Parent participation may be required. Monday 9/4 - no class