

# WADSWORTH YMCA REC POOL SCHEDULE

## Spring Session: April 9-June 1, 2024

**Age Policy:** Children 5 & under must be accompanied in the pool, by an adult dressed to swim. The adult must stay within arm's reach of the child at all times. Children 6-10 years old must have a supervising adult on the pool deck or in the water. All swimmers ages 1 through 12 must also wear a swim band on their wrist to identify their swimming ability to the lifeguard.

### Weekday Open Swims:

Monday: 12:00p-7:30p

Tuesday 10:30a-4:30p and 6:30-7:30p

(no spray features in the morning, as swim lessons are held)

(spray features may not be available at 6:30pm)

Wednesday 10:30a-7:30p

Thursday: 10:30a-4:30p and 6:30-7:30p

(spray features may not be available at 6:30pm)

Friday: 10:30a-7:30p (lessons using pool also, 11:30am-12:00)



### Weekend Open Swims:

Saturday: 11:30a – 3:30p

Sunday: 12:15p – 3:30p



### Swim Lessons Only: (open during April 8<sup>th</sup> break week)

Tuesday and Thursday: 4:45-6:30p

Saturday: 9:00-11:30a

### SAFE POOLS HAVE RULES

1. Swimming without a lifeguard is prohibited.
2. Breath-holding activities and horseplay are not permitted in Y pools and will not be tolerated.
3. Use of dive masks that cover the nose, inflatables and mono-fins is prohibited.
4. Keep all chairs in their proper locations and against the wall at all times.
5. **Shower before you enter the pool** / Proper swimming attire must be worn at all times.
6. Running on the deck, locker rooms, showers or hallways is not permitted.
7. **Food, pop, gum or candies are not permitted in the Aquatics Center.**
8. Y equipment is reserved for Y instructor use only. / Starting blocks are only to be used with a Y Coach.
9. Children must pass a swim test before they are permitted in the deep end.
10. Dive only where permitted. Enter the water feet first and facing forward. (NO DIVING IN REC POOL)
11. Hanging on the float lines, starting block or lap lanes is not permitted.
12. Persons with bandages, open cuts and wounds are not allowed in the pool.
13. The lifeguard's word is final.



WADSWORTH YMCA  
623 School Drive  
Wadsworth, OH  
44281  
P 330 334 9622

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

# WADSWORTH YMCA LAP POOL SCHEDULE

## Spring: April 9 – June 1, 2024

- Lap Swimming and Water Fitness is available for all ages. Please limit your workout to an hour if others are waiting to swim / sharing lanes is encouraged
- During open hours, open swimming is available in the open area (Lanes 7 & 8) when no programs are using this space /The Pool Schedule is subject to change/ This is an 8 lane, 25-yard pool.

### Monday - Friday



#### Lap Pool Open 5:45a-8:30p (7:30p Friday)

Water Aerobics (4 lanes) Mon-Thurs 9:30-10:30a, Tues 8:00-9:00a, Fri 8:30-9:30a

High School Gym Class (3 lanes) 1:45-2:15p

Waves Youth Swim Team: Mon & Wed: Through May 8...4 lanes 4:30-7:30pm  
(Summer Swim Team begins May 28)

Tuesday & Thursday: Swim Lessons (3 lanes) 5:30-7:00p

Friday: Homeschool Swim Lessons: (4 lanes) 10:45a-12:45p



### Saturday

#### Lap Pool Open 7:15a - 3:30p

Swim Lessons (2-4 lanes) 9:00a-12:00p

Please watch postings at branch for schedule changes, scuba classes & more.



### Sunday

#### Lap Pool Open 12:15p-3:30p

Lap Swimming Lanes 1-6 & Family Open Swim Lanes 7 & 8  
(Some space may be used for staff training or scuba)

Please contact the Aquatics Office if you have any questions – Enjoy your swim!



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Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!  