



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Green YMCA

Summer II (07/13-08/11)

Sports & Youth Programs

Preschool Gym & Swim

This is a specialty class created for parents and their preschoolers to spend some quality time doing different activities in the gym and swimming together. Parents will need to be in the pool with their child.

Ses	Days & Times	Ages	Mem/Program
Summer	Mon/Fri 11:30-12:45pm	3-5	\$60.00/\$90.00

Sports Camp

3-Day camp, focusing on fundamentals and skill work, along with technique and player development. This camp will consist of skills and drills, competitions, and games. Age Division's will be split up 6-9yr and 10-12yr.

Ses	Days & Times	Ages	Mem/Program
Summer	Football Camp - July 23-25, 10a-12p	6-12	\$75.00/\$100.00
Summer	Soccer Camp - July 16-18, 10a-12p	6-12	\$75.00/\$100.00

Youth Conditioning

Youth conditioning, focusing on strength, core strength, cardiovascular endurance, and balance.

Ses	Days & Times	Ages	Mem/Program
Summer	Speed and Agility - Tues/Thur 3-3:45p	9-18	\$60.00/\$90.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Ses	Days & Times	Ages	Mem/Program
Summer	Tues/Thurs 5:00pm - 5:45pm	3-5	\$60.00/\$90.00

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Summer	Tues/Thurs 5:00pm - 5:45pm	3-5	\$60.00/\$90.00

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Ses	Days & Times	Ages	Mem/Program
Summer	Tues/Thurs 6:00 - 6:45 pm	6-8	\$60.00/\$90.00
Summer	Tues/Thurs 6:00 - 6:45 pm	9-12	\$60.00/\$90.00

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Ses	Days & Times	Ages	Mem/Program
Summer	Wed 6pm-7pm & Sat 9am-10am	Aug 5-99	\$40.00/\$55.00

Register Online at AKRONYMCA.ORG



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Group Classes

Self Defense Workshop

This is a participation class taught by a law enforcement officer. Techniques in self defense will be taught to fit a variety of situations and circumstances.

Ses	Days & Times	Ages	Mem/Program
Summer	Thurs 11:30am - 12:15pm	13-99	\$30.00/\$45.00

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(330) 899-9622

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