

RIVERFRONT YMCA AQUATICS SCHEDULE

AUGUST
EFFECTIVE 8/18-8/31



MONDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

7:10-7:40am

Aqua Aerobics
7:45-8:30am

OPEN / LAP SWIM
8:30-9:00am

Safety Break - 10 Minutes

9:10-10:00am

Safety Break - 10 Minutes

10:10-11:00am

Safety Break - 10 Minutes

11:10-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:45pm

POOL CLOSED
7:45pm

TUESDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

OPEN / LAP SWIM
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-10:00am

Safety Break - 10 Minutes

10:10-11:00am

Safety Break - 10 Minutes

11:10-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

POOL CLOSED
7:00pm

WEDNESDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

7:10-7:40am

Aqua Aerobics
7:45-8:30am

OPEN / LAP SWIM
8:30-9:00am

Safety Break - 10 Minutes

9:10-10:00am

Safety Break - 10 Minutes

Swim Lessons
10:00-11:00am

Safety Break - 10 Minutes

Aqua Barre
11:15-12:00pm

Safety Break - 10 Minutes

OPEN / LAP SWIM
12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Swim Lessons
5:00-6:55pm

Safety Break - 10 Minutes

OPEN / LAP SWIM
7:00-7:45pm

POOL CLOSED
7:45pm

THURSDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

OPEN / LAP SWIM
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-10:00am

Safety Break - 10 Minutes

10:10-11:00am

Safety Break - 10 Minutes

11:10-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

POOL CLOSED
7:00pm

FRIDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

7:10-7:40am

Aqua Aerobics
7:45-8:30am

OPEN / LAP SWIM
8:30-9:00am

Safety Break - 10 Minutes

9:10-10:00am

Safety Break - 10 Minutes

10:10-11:00am

Safety Break - 10 Minutes

11:10-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:45pm

POOL CLOSED
7:45pm

SATURDAY

Swim Lessons
9:00-11:00am

OPEN / LAP SWIM
11:10-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

POOL CLOSED
1:00pm

SUNDAY

Swim Lessons
12:15-2:00pm

Safety Break - 10 Minutes

OPEN / LAP SWIM
2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-4:45pm

POOL CLOSED
4:45pm

NOTES:

No Open / Lap Swim
during any programs:

Swim Team
Day Camp / Fun Days
Swim Lessons
Aqua Aerobics / Barre
SAW (Safety Around Water)
Pool Parties / Rentals

10 minute safety break at the top of each hour during open / lap swimming when there is only 1 lifeguard on duty. This does NOT apply to program times.
The lifeguard on duty reserves the right to forego safety breaks under special circumstances.

Thank you for helping us keep our pool, swimmers, and staff safe!

RIVERFRONT FAMILY YMCA
(330) 923-9622
akronymca.org
The YMCA strives to make programs and membership available to all. Financial assistance may be available to those who qualify.