

# Lap Pool Schedule | August 25th - October 25th

Please check other side for additional information

Updated 8/22/2025

SUN   Family Swim   Family S	wim Swim Team							
Open Lanes   3   3   3   3   3   5   0   1 (lane w/ steps)   1   5	wim Swim Team							
MON	wim Swim Team							
MON         Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Lap Swim         Pool Closed         Swim Team           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           TUE         6:00 - 8:00am         8:00 - 9:00am         9:00 - 10:00am         10:00 - 11:00am         11:00am - 1:00pm         1:00 - 3:00pm         3:00 - 4:30pm         4:40 - 6:30pm         6:30 - 7:3           TUE         Lap Swim         Silver Sneakers SPLASH         Lap Swim         Aqua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Lessons         Lap Sw           Open Lanes         5         3         3         3         5         0         1 (lane w/ steps)         1         5           WED         6:00 - 9:00am         9:00 - 11:00am         11:00am - 12:00pm         1:00 - 2:00pm         2:00 - 3:00pm         3:00 - 8:30pm         3:00 - 8:30pm           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           THU         Lap Swim         8:00 - 9:00am         9:00 - 10:00am         10:00 - 11:00am         11:00am - 2:00pm         2:00 - 3:00pm         3:00 - 4:30pm         4:40 - 6:30pm	wim Swim Team							
MON         Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Lap Swim         Pool Closed         Swim Team           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           TUE         6:00 - 8:00am         8:00 - 9:00am         9:00 - 10:00am         10:00 - 11:00am         11:00am - 1:00pm         1:00 - 3:00pm         3:00 - 4:30pm         4:40 - 6:30pm         6:30 - 7:3           TUE         Lap Swim         Silver Sneakers SPLASH         Lap Swim         Aqua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Lessons         Lap Sw           Open Lanes         5         3         3         3         5         0         1 (lane w/ steps)         1         5           WED         6:00 - 9:00am         9:00 - 11:00am         11:00am - 12:00pm         1:00 - 2:00pm         2:00 - 3:00pm         3:00 - 8:30pm         3:00 - 8:30pm           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           THU         Lap Swim         8:00 - 9:00am         9:00 - 10:00am         10:00 - 11:00am         11:00am - 2:00pm         2:00 - 3:00pm         3:00 - 4:30pm         4:40 - 6:30pm	wim Swim Team							
Pool Closed   Lap Swim   Arthritis Exercise   SPLASH   Lap Swim   Pool Closed   Swim Team	wim Swim Team							
TUE	wim Swim Team							
TUE         Lap Swim         Silver Sneakers SPLASH         Lap Swim         Aqua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Lessons         Lap Swim           Open Lanes         5         3         3         5         0         1 (lane w/ steps)         1         5           WED         6:00 - 9:00am         9:00 - 11:00am         11:00am - 12:00pm         12:00 - 1:00pm         1:00 - 2:00pm         2:00 - 3:00pm         3:00 - 8:30pm           Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Lap Swim         Pool Closed         Swim Team           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           THU         Lap Swim         Silver Sneakers         Lap Swim         Aqua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Lessons         Lap Swim	wim Swim Team							
TUE         Lap Swim         Silver Sneakers SPLASH         Lap Swim         Aqua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Lessons         Lap Swim           Open Lanes         5         3         3         3         5         0         1 (lane w/ steps)         1         5           WED         6:00 - 9:00am         9:00 - 11:00am         11:00am - 12:00pm         12:00 - 1:00pm         1:00 - 2:00pm         2:00 - 3:00pm         3:00 - 8:30pm           Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Lap Swim         Pool Closed         Swim Team           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           THU         Lap Swim         Silver Sneakers         Lap Swim         Lap Swim         Pool Closed         Swim Team         Swim Lessons         Lap Swim	wim Swim Team							
Cap Swim   SPLASH   Cap Swim   Aqua Aerobics   Cap Swim   Pool Closed   Swim Team   Swim Lessons   Cap Swim   Cap Swim   Swim Lessons   Cap Swim   Cap S								
WED         6:00 - 9:00am         9:00 - 11:00am         11:00am - 12:00pm         12:00 - 1:00pm         1:00 - 2:00pm         2:00 - 3:00pm         3:00 - 8:30pm           Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Lap Swim         Pool Closed         Swim Team           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           THU         6:00 - 8:00am         8:00 - 9:00am         9:00 - 10:00am         10:00 - 11:00am         11:00am - 2:00pm         2:00 - 3:00pm         3:00 - 4:30pm         4:40 - 6:30pm         6:30 - 7:3           THU         Lap Swim         Silver Sneakers         Lap Swim         Agua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Team         Swim Team	1 (lane w/ steps)							
WED         Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Lap Swim         Pool Closed         Swim Team           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           THU         6:00 - 8:00am         8:00 - 9:00am         9:00 - 10:00am         10:00 - 11:00am         11:00am - 2:00pm         2:00 - 3:00pm         3:00 - 4:30pm         4:40 - 6:30pm         6:30 - 7:3           THU         Lap Swim         Silver Sneakers         Lap Swim         Agua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Lessons         Lap Swim								
WED         Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Lap Swim         Pool Closed         Swim Team           Open Lanes         0         3         2         2         5         0         1 (lane w/ steps)           THU         6:00 - 8:00am         8:00 - 9:00am         9:00 - 10:00am         10:00 - 11:00am         11:00am - 2:00pm         2:00 - 3:00pm         3:00 - 4:30pm         4:40 - 6:30pm         6:30 - 7:3           THU         Lap Swim         Silver Sneakers         Lap Swim         Agua Aerobics         Lap Swim         Pool Closed         Swim Team         Swim Te								
Open Lanes         Copen Lanes								
THU Lan Swim Silver Sneakers Lan Swim Agua Aerobics Lan Swim Pool Closed Swim Team Swim Lessons Lan Swim Lan Swim Lessons Lan Swim Lan Swim Lessons Lan Swim Le	Swim Team							
THU Lan Swim Silver Sneakers Lan Swim Agua Aerobics Lan Swim Pool Closed Swim Team Swim Lessons Lan Sw	1 (lane w/ steps)							
THU Lan Swim Silver Sneakers Lan Swim Agua Aerobics Lan Swim Pool Closed Swim Team Swim Lessons Lan Sw								
I I I I I I I I I I I I I I I I I I I	:30pm 7:30 - 8:30pm							
SPLASH SPLASH Lap Swift Adda Acrobics Lap Swift Team Swift Lessons Lap Swift	wim Swim Team							
Open Lanes         5         3         3         3         5         0         1 (lane w/ steps)         1         5	1 (lane w/ steps)							
	6:00 - 7:00pm							
FRI         Pool Closed         Lap Swim         Arthritis Exercise         Silver Sneakers SPLASH         Pool Closed         Swim Team         Lap Swim         Swim Team	Swim Team							
Open Lanes         0         5         2         2         0         1 (lane w/ steps)         5         1 (lane w/	/ steps)							
	12:00 - 3:00pm							
SAT Lap Swim Swim Lessons Family Swim								
Open Lanes         5         1         3								



#### FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## Rec Pool Schedule | August 25th - October 25th

Updated 8/22/2025

\*There will be no open swim on Wednesday 8/27 11:00am-12:45pm.

	12:00 - 4:30pm Family Swim								
SUN							Swim Po		
MON	9:00 - 11:00am In-House Preschool	-House Pool Closed				8:45pm Swim	Swim Bands:  ALL swimmers ages 14 and unde band on before entering the wat		
TUE	9:00 - 10:00am In-House Preschool	10:00 - 11:00am Swim Lessons		- 4:40pm Closed	4:40 - 6:30pm Swim Lessons	7:00 - 8:45pm Open Swim	Please stop at the front desk who your swimmer's white/red, red, of 1:2 adult to child(ren) ratio. If redo not pass height test, they are		
WED	9:00 - 11:00am In-House Preschool	11:00am - 12:45pm *Open Swim			- 8:45pm Closed	Swimmers ages 6 - 14 can test for will be conducted when extra Lift do so.			
THU	9:00 - 10:00am In-House Preschool	10:00 - 11:00am Swim Lessons	12:00 - 12:45pm Open Swim	1:00 - 4:00pm  Pool Closed	4:40 - 6:30pm Swim Lessons	6:30 - 8:45pm  Pool Closed	Supervision: Parents with children ages 5 year the water and within arm's reac must remain where the water g		
FRI	9:00 - 11:00am In-House Preschool	11:00am - 4:00pm  Pool Closed			5:00 - 6:45pm Open Swim	6:45 - 7:00pm  Pool Closed	children ages 6-10 must have a at all times. We strongly recommon-swimmers be in the water		
SAT	9:00am - 12:00pm Swim Lessons		their child, regardless of the child						

### olicies

ler must have a swim ater.

nen you check in and get or green swim band.

ed-banded swimmers e included in the ratio.

for a green band. Testing feguards are available to

ars & under must be in ch of their child. Adult oes no deeper than

parent on the pool deck mend that parents of within arm's reach of ld's age.

### Lap Swim:

Designated time for green-banded swimmers & patrons above the age of 14 to swim laps/excercise

### Lane sharing is required

### Water Play Features:

May not always be operational during Open Swim times

Will be on during Family Swim

It is the Lifeguard's discretion to turn them off for safety reasons or programming

We strive to ensure the accuracy of this schedule. However, open swim schedule is subject to change without notice.