

RIVERFRONT YMCA AQUATICS SCHEDULE

SEPTEMBER

EFFECTIVE 9/1-9/30



MONDAY

TIGERSHARK HS
Practice (2-3 lanes)
6:00-7:00am (Starts 9/8)

LAP SWIM
6:00-7:35am

Safety Break - 10 Minutes

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN / LAP SWIM
8:40-9:30am

Swim Lessons
9:30-10:30am

OPEN / LAP SWIM
10:30-12:00pm

POOL CLOSED
12:00-3:00pm

OPEN / LAP SWIM
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

TIGERSHARK SWIM TEAM
6:00-7:30pm
STARTS 9/22

POOL CLOSED
7:30pm

TUESDAY

TIGERSHARK HS
Practice (2-3 lanes)
6:00-7:00am (Starts 9/9)

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

OPEN / LAP SWIM
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-9:30am

Swim Lessons
9:30-10:30am

OPEN / LAP SWIM
10:30-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

TIGERSHARK SWIM TEAM
6:00-7:30pm
STARTS 9/23

POOL CLOSED
7:30pm

WEDNESDAY

TIGERSHARK HS
Practice (2-3 lanes)
6:00-7:00am (Starts 9/10)

LAP SWIM
6:00-7:35am

Safety Break - 10 Minutes

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN / LAP SWIM
8:40-9:30am

Swim Lessons
9:30-11:00am

Safety Break - 10 Minutes

Aqua Barre
11:10-12:00pm

POOL CLOSED
12:00-3:00pm

OPEN / LAP SWIM
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

TIGERSHARK SWIM TEAM
6:00-7:30pm
STARTS 9/24

POOL CLOSED
7:30pm

THURSDAY

TIGERSHARK HS
Practice (2-3 lanes)
6:00-7:00am (Starts 9/11)

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

OPEN / LAP SWIM
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-9:30am

Swim Lessons
9:30-10:30am

OPEN / LAP SWIM
10:30-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:45pm

POOL CLOSED
7:45pm

FRIDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

7:10-7:45am

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN / LAP SWIM
8:40-9:30am

Swim Lessons
9:30-10:30am

POOL CLOSED
10:30-3:00pm

OPEN / LAP SWIM
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:45pm

POOL CLOSED
7:45pm

SATURDAY

Swim Lessons
9:00-11:00am

OPEN / LAP SWIM
11:10-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

POOL CLOSED
1:00pm

SUNDAY

Swim Lessons
12:15-2:00pm

Safety Break - 10 Minutes

OPEN / LAP SWIM
2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-4:45pm

POOL CLOSED
4:45pm

NOTES:

No Open / Lap Swim
during any programs:

Swim Team

Day Camp / Fun Days

Swim Lessons

Aqua Aerobics / Barre

SAW (Safety Around Water)

Pool Parties / Rentals

10 minute safety break at the top of each hour during open / lap swimming when there is only 1 lifeguard on duty. This does NOT apply to program times.
The lifeguard on duty reserves the right to forego safety breaks under special circumstances.

Thank you for helping us keep our pool, swimmers, and staff safe!

RIVERFRONT FAMILY YMCA
(330) 923-9622
akronymca.org
The YMCA strives to make programs and membership available to all. Financial assistance may be available to those who qualify.