



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# OPEN GYM SCHEDULE

SEPTEMBER 7, 2025 – OCTOBER 5, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Open Gym 12:00p-4:50p</b>	<b>Open Gym 6:00a-9:00a</b>	Men's Basketball 6:00a-8:00a	Men's Basketball 6:00a-8:00a	Men's Basketball 6:00a-8:00a	<b>Open Gym 6:00a-9:00a</b>	<b>Open Gym 7:00a-8:45a</b>
<i>Facility Closes at 5 pm</i>	Silver Sneakers Advanced Yoga 9:00a-9:45a	Silver Sneakers Classic 9:00a-9:45a	Senior Core Conditioning 9:00a-9:45a	Silver Sneakers Classic 9:00a-9:45a	Silver Sneakers Yoga 9:00a-9:45a	Taekwondo 9:00a-10:00a
	Silver Sneakers Beginner Yoga 10:00a-10:45a	Bootcamp 10:00a-10:45a	Line Dancing 10:00a-10:45a	<b>Open Gym 9:50a-10:15a</b>	Line Dancing 10:00a-10:45a	<b>Open Gym 10:15a-4:45p</b>
	<b>Open Gym 10:50a-12:15p</b>	<b>Open Gym 10:50a-11:10p</b>	<b>Open Gym 10:50a-12:15p</b>	Wee Movement 10:15a-11:00a	<b>Open Gym 11:00a-12:15p</b>	<i>Facility Closes at 5 pm</i>
	Men's Basketball 12:15p-2:00p	Preschool 11:15a-12:30p	Men's Basketball 12:15p-2:00p	<b>Open Gym 11:00a-12:30p</b>	Men's Basketball 12:15p-2:00p	
	<b>Open Gym 2:00p-8:50p</b>	Pickleball 12:30p-2:30p	<b>Open Gym 2:00p-4:50p</b>	Pickleball 12:30p-2:30p	<b>Open Gym 2:00p-7:50p</b>	
	<i>Facility Closes at 9 pm</i>	<b>Open Gym 2:30p-4:50p</b>	Sporties 4 Shorties & Tiny Tumblers 5:00p-5:45p	<b>Open Gym 2:45p-8:50p</b>	<i>Facility Closes at 8 pm</i>	
		B-BALL Clinic 5:00p-5:45p	Taekwondo 6:00p-7:00p	<i>Facility Closes at 9 pm</i>		
		<b>Open Gym 5:50p-8:50p</b>	<b>Open Gym 7:15p-8:50p</b>			
		<i>Facility Closes at 9 pm</i>	<i>Facility Closes at 9 pm</i>			

## GREEN FAMILY YMCA

3800 Massillon Rd,  
Uniontown, OH 44685  
(330) 899-9622

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

