



## **OPEN GYM SCHEDULE**

**OCTOBER 6, 2025 - NOVEMBER 2, 2025** 

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	Wednesday	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Open Gym 12:00p-4:50p	Open Gym 6:00a-9:00a	Men's Basketball 6:00a-8:00a	Men's Basketball 6:00a-8:00a	Men's Basketball 6:00a-8:00a	Open Gym 6:00a-9:00a	Open Gym 7:00a-8:45a
Facility Closes at 5 pm	Silver Sneakers Advanced Yoga 9:00a-9:45a	Silver Sneakers Classic 9:00a-9:45a	Senior Core Conditioning 9:00a-9:45a	Silver Sneakers Classic 9:00a-9:45a	Silver Sneakers Yoga 9:00a-9:45a	Taekwondo 9:00a-10:00a
	Silver Sneakers Beginner Yoga	Bootcamp 10:00a-10:45a	Line Dancing 10:00a-10:45a	Open Gym 9:50a-10:15a	Line Dancing 10:00a-10:45a	Open Gym 10:15a-4:45p
	10:00a-10:45a  Open Gym 10:50a-12:15p	Open Gym 10:50a-11:10p	Open Gym 10:50a-12:15p	Wee Movement 10:15a-11:00a	Open Gym 11:00a-12:15p	Facility Closes at 5 pm
	Men's Basketball 12:15p-2:00p	Preschool 11:15a-12:30p	Men's Basketball 12:15p-2:00p	Open Gym 11:00a-12:30p	Men's Basketball 12:15p-2:00p	
	Open Gym 2:00p-8:50p	Pickleball 12:30p-2:30p	Open Gym 2:00p-4:50p	Pickleball 12:30p-2:30p	Open Gym 2:00p-7:50p	
	Facility Closes at 9 pm	ROTC 2:45p-4:30p	Sporties 4 Shorties &	Open Gym 2:45p-8:50p	Facility Closes at 8 pm	
		B-BALL Clinic 5:00p-5:45p	Tiny Tumblers 5:00p-5:45p	Facility Closes at 9 pm		
		Open Gym 6:00p-8:50p	Taekwondo 6:00p-7:00p			
		Facility Closes at 9 pm	Open Gym 7:15p-8:50p			
			Facility Closes at 9 pm			

## **GREEN FAMILY YMCA**

3800 Massillon Rd, Uniontown, OH 44685 (330) 899-9622

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

