

RIVERFRONT YMCA AQUATICS SCHEDULE

NOVEMBER

EFFECTIVE 11/1-11/30



MONDAY

POOL OPENS
7:15am

LAP SWIM
7:15-7:35am

Safety Break - 10 Minutes

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN / LAP SWIM
8:40-9:30am

Swim Lessons
9:30-10:30am

POOL CLOSED
10:30-3:00pm

OPEN / LAP SWIM
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

**TIGERSHARK
SWIM TEAM**
6:00-7:30pm

POOL CLOSED
7:30pm

TUESDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

OPEN / LAP SWIM
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-9:30am

Swim Lessons
9:30-10:30am

OPEN / LAP SWIM
10:30-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

**TIGERSHARK
SWIM TEAM**
6:00-7:30pm

POOL CLOSED
7:30pm

WEDNESDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

7:10-7:45am

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN / LAP SWIM
8:40-9:30am

Swim Lessons
9:30-11:00am

Safety Break - 10 Minutes

Aqua Barre
11:10-12:00pm

POOL CLOSED
12:00-3:00pm

OPEN / LAP SWIM
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

**TIGERSHARK
SWIM TEAM**
6:00-7:30pm

POOL CLOSED
7:30pm

THURSDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

OPEN / LAP SWIM
7:10-8:00am

Safety Break - 10 Minutes

8:10-9:00am

Safety Break - 10 Minutes

9:10-9:30am

Swim Lessons
9:30-10:30am

OPEN / LAP SWIM
10:30-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

Safety Break - 10 Minutes

1:10-2:00pm

Safety Break - 10 Minutes

2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:45pm

POOL CLOSED
7:45pm

FRIDAY

LAP SWIM
6:00-7:00am

Safety Break - 10 Minutes

7:10-7:45am

Aqua Aerobics
7:45-8:30am

Safety Break - 10 Minutes

OPEN / LAP SWIM
8:40-9:30am

Swim Lessons
9:30-10:30am

POOL CLOSED
10:30-3:00pm

OPEN / LAP SWIM
3:00-4:00pm

Safety Break - 10 Minutes

4:10-5:00pm

Safety Break - 10 Minutes

5:10-6:00pm

Safety Break - 10 Minutes

6:10-7:00pm

Safety Break - 10 Minutes

7:10-7:30pm

POOL CLOSED
7:30pm

SATURDAY

OPEN / LAP SWIM
9:00-10:00am

Safety Break - 10 Minutes

10:10-11:00am

Safety Break - 10 Minutes

11:10-12:00pm

Safety Break - 10 Minutes

12:10-1:00pm

POOL CLOSED
1:00pm

SUNDAY

Swim Lessons
12:15-2:00pm

Safety Break - 10 Minutes

OPEN / LAP SWIM
2:10-3:00pm

Safety Break - 10 Minutes

3:10-4:00pm

Safety Break - 10 Minutes

4:10-4:45pm

POOL CLOSED
4:45pm

NOTES:

No Open / Lap Swim
during any programs:

Swim Team

Day Camp / Fun Days

Swim Lessons

Aqua Aerobics / Barre

SAW (Safety Around Water)

Pool Parties / Rentals

POOL CLOSED ON THE
FOLLOWING DAYS:

Thursday 11/27 ALL DAY

10 minute safety
break at the top of each hour
during open / lap swimming
when there is only 1 lifeguard
on duty. This does NOT apply
to program times.
The lifeguard on duty reserves
the right to forego safety breaks
under special circumstances.

Thank you for helping us
keep our pool, swimmers,
and staff safe!

RIVERFRONT FAMILY
YMCA

(330) 923-9622

akronymca.org

The YMCA strives to make
programs and membership
available to all. Financial
assistance may be
available to those
who qualify.